



Cougar Aquatic Team TRY-OUTS Spring/Summer 2024

When: Pick one try-out date per swimmer.

<u>Tuesday, April 2nd @ MSU</u> 10 & under – 5:30pm – 6:15pm 11 & over – 6:30pm – 7:15pm	<u>Sunday, April 7th, 2024 @ MKA</u> 10 & under – 10:00am – 10:45am 11 & over – 11:00am – 11:45am
<u>Wednesday, April 10th @ MSU</u> 10 & under – 5:30pm – 6:15pm 11 & over – 6:30pm – 7:15pm	

Where: MSU - Montclair State University, Panzer Pool
MKA - Montclair Kimberley Academy, Upper School Pool
Specific parking instructions will be provided on registration.

How: Registration required!

Visit our website for details & registration link: www.cougaraquatic.com

Swimmers must be at least 5 years old and comfortable swimming across the pool unassisted to be considered for the team (basic knowledge of freestyle and backstroke is required).

For 13 and over swimmers, they should be able to perform all four competitive strokes (freestyle, backstroke, breaststroke and butterfly).

All swimmers must be registered to participate. Space is limited and available first come, first serve. You will receive confirmation of registration within 24-48 hours of signing up.

Important try-out as well as season details will be sent out to everyone ahead of the try-out. At the try-out, there will be an introduction followed by a question and answer before the in-water evaluation.

We look forward to seeing you there!

