

2021 BAC Holiday Splash

Hosted by Berkeley Aquatic Club
Held under the sanction of USA Swimming

<u>Meet Approval:</u>	<p>NJ Swimming Approval # - NJSAP121121SCY</p> <p>Any changes of the meet information without the approval of the administrative chairman, age group chairman or senior chairman are a violation of the sanction.</p> <p>It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.</p>		
<u>Date of Meet:</u>	Saturday, December 11 and Sunday, December 12, 2021		
<u>Location:</u>	Berkeley Aquatic Club Center of Excellence 629 Central Ave. New Providence, NJ 07974		
<u>Facility Info:</u>	<p>The pool is Olympic-sized: 25 Yards by 50 meters and utilizes 10 lanes in Short Course or Long Course competition layout. The pool uses pedestal-style blocks with non-turbulent lane lines and an Omega Timing System. Under Long Course layout, the depth of the pool at the starting end is 6'9" and at the turning end is 5 feet. Under Short Course layout, the depth of the 10 competition lanes is 6'9". There are an additional 12 Short Course lanes for use during the general warm-up period that vary in depth from 5' to 6'9". During Short Course competition, there shall be a two lane buffer and 10 lanes available for warm-up and warm-down. There is also one 3 lane by 25 yard auxiliary pool for warm-up and warm-down. (This pool is only open during Long Course meet). The depth of the auxiliary pool ranges from 6'3" to 4'. There is bleacher seating on deck for up to 250 athletes. Parking is available in the facility lot ONLY. Parking in the lots of any surrounding businesses is strictly prohibited unless otherwise directed.</p>		
<u>Pool Certification Statement:</u>	The competition course has been certified in accordance with 104.2.2C(4).		
<u>Host Team Contact:</u>	Allison Nash	Phone: 973-615-0023	Email: allison@berkeleyaquaticclub.com
<u>Meet Director:</u>	Allison Nash	Phone: 973-615-0023	Email: allison@berkeleyaquaticclub.com
<u>Meet Referee:</u>	Aleksandar Kolarov	Phone: 609-851-7958	Email: kolarov@yahoo.com
<u>Administration Official:</u>	Allison Nash	Phone: 973-615-0023	Email: allison@berkeleyaquaticclub.com
<u>Safety Marshall:</u>	Allison Nash	Phone: 973-615-0023	Email: allison@berkeleyaquaticclub.com
<u>Entry Coordinator:</u>	Allison Nash	Phone: 973-615-0023	Email: bacmeetentries@berkeleyaquaticclub.com
<u>Entries Open:</u>	November 18, 2021		
<u>Entry Deadline:</u>	December 1, 2021		
<u>Swimmer Age:</u>	December 11, 2021		
<u>Entry Fees:</u>	Individual Timed Final Events: \$5.00 Distance Timed Final Events: \$12.00 Athlete Surcharge: \$10 per day		
<u>Meet Course:</u>	Short Course Yards (SCY)		
<u>Team Invited</u>	LIFETIME, LIAC. Other interested teams should contact the Meet Director		
<u>Meet Format:</u>	<ul style="list-style-type: none"> • This meet will be run as a timed final meet. • Description of the ages and other info. • Meet will be Pre-Seeded. No Deck entries will be accepted. • Scratches will be accepted until 72 hours prior to the meet start. Please send your scratches to the entry coordinator to avoid empty lanes. 		
<u>Entry Limits:</u>	Daily: 3 Individual events 1 Relay	Meet: 6 Individual Events 2 Relays	
<u>Checks Payable To:</u>	BAC		
<u>Email Entry Files To:</u>	bacmeetentries@berkeleyaquaticclub.com		
<u>Mail Checks/Reports</u>	Berkeley Aquatic Club – BAC Holiday Splash 629 Central Ave. New Providence, NJ 07974		

2021 BAC Holiday Splash

Order of Events

DAY 1: Saturday, December 11, 2021

Session 1: Saturday Morning Session 10 and Under
Warm-Up: 9:00am (Tentative)
Start: 9:30am

<u>Event #</u>	<u>Event Description</u>	<u>Time Standards</u> (Slower than)
#1	Women 10 & Under 200 Freestyle	2:41.99
#2	Men 10 & Under 200 Freestyle	2:39.09
#3	Women 10 & Under 100 Backstroke	1:22.99
#4	Men 10 & Under 100 Backstroke	1:22.99
#5	Women 10 & Under 50 Freestyle	32.99
#6	Men 10 & Under 50 Freestyle	32.39
#7	Women 10 & Under 50 Breaststroke	43.99
#8	Men 10 & Under 50 Breaststroke	44.59
#9	Women 10 & Under 100 Butterfly	1:32.99
#10	Men 10 & Under 100 Butterfly	1:31.99
#11	Women 10 & Under 100 IM	1:21.59
#12	Men 10 & Under 100 IM	1:21.99

Session 2: Saturday Middle Session 11-12
Warm-Up: 12:00pm (Tentative)
Start: 12:30pm

<u>Event #</u>	<u>Event Description</u>	<u>Time Standards</u> (Slower than)
#13	Women 11-12 200 Freestyle	2:13.49
#14	Men 11-12 200 Freestyle	2:12.99
#15	Women 11-12 100 Backstroke	1:10.19
#16	Men 11-12 100 Backstroke	1:10.19
#17	Women 11-12 200 Breaststroke	2:52.09
#18	Men 11-12 200 Breaststroke	2:52.99
#19	Women 11-12 50 Freestyle	28.29
#20	Men 11-12 50 Freestyle	27.79
#21	Women 11-12 50 Breaststroke	37.19
#22	Men 11-12 50 Breaststroke	37.39
#23	Women 11-12 200 Backstroke	2:30.29
#24	Men 11-12 200 Backstroke	2:32.09
#25	Women 11-12 100 Butterfly	1:09.89
#26	Men 11-12 100 Butterfly	1:11.59
#27	Women 11-12 400 IM	5:28.99
#28	Men 11-12 400 IM	5:28.99
#29	Women 11-12 1000 Freestyle	12:45.99
#30	Men 11-12 1000 Freestyle	12:39.99

Session 3: Saturday Middle Session 13 & Over
Warm-Up: 3:00pm (Tentative)
Start: 3:30pm

<u>Event #</u>	<u>Event Description</u>	<u>Time Standards</u> (Slower than)
#31	Women 13 & Over 500 Freestyle	5:40.99
#32	Men 13 & Over 500 Freestyle	5:24.99
#33	Women 13 & Over 100 Backstroke	1:07.29
#34	Men 13 & Over 100 Backstroke	1:03.99
#35	Women 13 & Over 200 Breaststroke	2:46.59
#36	Men 13 & Over 200 Breaststroke	2:37.89
#37	Women 13 & Over 100 Butterfly	1:07.09
#38	Men 13 & Over 100 Butterfly	1:03.09
#39	Women 13 & Over 50 Freestyle	26.99
#40	Men 13 & Over 50 Freestyle	25.59
#41	Women 13 & Over 200 IM	2:24.99
#42	Men 13 & Over 200 IM	2:18.09
#43	Women 13 & Over 1650 Freestyle	19:30.69
#44	Men 13 & Over 1650 Freestyle	19:00.19

DAY 2: Sunday, December 12, 2021

Session 4: Sunday Morning Session 10 and Under
Warm-Up: 9:00am (Tentative)
Meet Starts: 9:30am

<u>Event #</u>	<u>Event Description</u>	<u>Time Standards</u> (Slower than)
#45	Women 10 & Under 200 IM	3:01.79
#46	Men 10 & Under 200 IM	3:00.79
#47	Women 10 & Under 100 Freestyle	1:14.29
#48	Men 10 & Under 100 Freestyle	1:12.99
#49	Women 10 & Under 50 Butterfly	37.89
#50	Men 10 & Under 50 Butterfly	37.29
#51	Women 10 & Under 50 Backstroke	38.59
#52	Men 10 & Under 50 Backstroke	38.09
#53	Women 10 & Under 100 Breaststroke	1:35.59
#54	Men 10 & Under 100 Breaststroke	1:35.59
#55	Women 10 & Under 500 Freestyle	7:10.99
#56	Men 10 & Under 500 Freestyle	7:10.09

Session 5: Sunday Middle Session 11 - 12

Warm-Up: 12:00pm (Tentative)

Meet Starts: 12:30pm

<u>Event #</u>	<u>Event Description</u>	<u>Time Standards</u> (Slower than)
#57	Women 11-12 500 Freestyle	5:55.19
#58	Men 11-12 500 Freestyle	5:52.49
#59	Women 11-12 200 IM	2:30.09
#60	Men 11-12 200 IM	2:30.29
#61	Women 11-12 100 Freestyle	1:01.19
#62	Men 11-12 100 Freestyle	1:01.19
#63	Women 11-12 50 Butterfly	30.59
#64	Men 11-12 50 Butterfly	30.69
#65	Women 11-12 50 Backstroke	32.49
#66	Men 11-12 50 Backstroke	33.49
#67	Women 11-12 200 Butterfly	2:43.99
#68	Men 11-12 200 Butterfly	2:46.99
#69	Women 11-12 100 Breaststroke	1:19.59
#70	Men 11-12 100 Breaststroke	1:19.29
#71	Women 11-12 100 IM	1:09.39
#72	Men 11-12 100 IM	1:10.09
#73	Women 11-12 1650 Freestyle	21:05.99
#74	Men 11-12 1650 Freestyle	21:05.99

Session 6: Sunday Afternoon Session 13 & Over

Warm-Up: 3:00pm (Tentative)

Meet Starts: 3:30pm

<u>Event #</u>	<u>Event Description</u>	<u>Time Standards</u> (Slower than)
#75	Women 13 & Over 400 IM	5:10.99
#76	Men 13 & Over 400 IM	5:00.09
#77	Women 13 & Over 200 Butterfly	2:39.99
#78	Men 13 & Over 200 Butterfly	2:30.99
#79	Women 13 & Over 100 Breaststroke	1:17.49
#80	Men 13 & Over 100 Breaststroke	1:11.59
#81	Women 13 & Over 200 Freestyle	2:08.99
#82	Men 13 & Over 200 Freestyle	2:01.79
#83	Women 13 & Over 200 Backstroke	2:24.69
#84	Men 13 & Over 200 Backstroke	2:18.19
#85	Women 13 & Over 100 Freestyle	58.09
#86	Men 13 & Over 100 Freestyle	55.09
#87	Women 13 & Over 1000 Freestyle	11:50.99
#88	Men 13 & Over 1000 Freestyle	11:25.99

TENTATIVE Meet Schedule and Session Times

Saturday, December 11 and Sunday, December 12, 2021		Warm-Up	Start
Session 1 and 4	10 and Under	10:00 AM	10:45 AM
Session 2 and 5	11 - 12	1:30 PM	1:45 PM
Session 3 and 6	13 and Over	5:00 PM	5:45 PM

FINALIZED MEET SCHEDULE with starting times for all sessions will be determined after entries are received.

Scoring:	This meet will not be scored.
Awards:	There are no awards.
Starts:	“Fly-Over” or “Over the Top” starts will not be used.
Admissions and Programs:	There will be no admission (or programs) available. Heat Sheets and Results will be available for free on Meet Mobile.
Spectators consideration:	Parents or legal guardians have access to and an opportunity to observe their child, as per USA Swimming Safe Sport Protocols. This meet may be live-streamed. In accordance with BAC Covid-19 protocol, there will be no spectators allowed in the BAC facility. Please Review the attached Covid-19 Protocol for the Berkeley Aquatic Club Center of Excellence.
Concessions:	No concessions. No food is allowed in the facility.
Vendor:	No vendors.
Locker Rooms:	<ul style="list-style-type: none"> • <i>LOCKER ROOM USE WILL BE RESTRICTED TO EMERGENCY USE ONLY; THEY WILL NOT BE AVAILABLE FOR CHANGING, OR FOR SHOWERING IN ACCORDANCE WITH CDC AND LOCAL DEPARTMENT OF HEALTH PROTOCOLS.</i>
Entry Information:	<p>In accordance with NJS policy, team entries may be submitted by e-mail to bacmeetentries@berkeleyaquaticclub.com. The entry coordinator will respond within 48 hours. If you do not receive a response, assume that your email has not been received. It is the emailers responsibility to contact the entry coordinator if no response is received within 48 hours.</p> <p>All entries must be Hy-Tek or Team Unify program entries as an attached file to an e-mail.</p> <ul style="list-style-type: none"> ▪ Accuracy of seed times is essential. Deck entries and incomplete entries will not be accepted. ▪ Meet will be Pre-Seeded. ▪ An Entry Summary with a signed NJ Swimming waiver and a check must accompany or follow each entry and must be submitted before the start of the meet. The host club reserves the right to scratch swimmers/teams that have not paid their entry fees and turned in their waiver forms by this time.
Entry Times:	<ul style="list-style-type: none"> • New Jersey Swimming does not allow ‘NT’ or ‘No Time’ to be used as an entry time. • All entry times must be in short course yards.
Relays:	There are no relays.
Distance Events:	<p>Swimmers in the 1000 and/or 1650 Freestyle are responsible to provide one timer and a counter, if desired.</p> <p>Heats will alternate between Women and Men.</p> <p><i>If needed, the events or heats may be combined in order to improve the meet timeline.</i></p>
Heat Limited Events:	<p>The 1000 and 1650 Freestyle may be limited to 3 heats of 10 swimmers each in each of the sessions regardless of gender. Entries will be accepted in the order they are received.</p> <p><i>These events will be seeded 4 days (96 hours) prior to the meet start. We ask for all scratches prior to this time. Athletes who are below the heat limit number will be able to enter a different event.</i></p>
Swimmer Eligibility:	<ul style="list-style-type: none"> • No swimmer will be permitted to compete unless the swimmer is a member of USA Swimming as provided in Article 302. • All transfer swimmer(s) must swim unattached for 120 days from their last attached competition. Swimmers must use an UN- (New Team Alpha Code) as their team affiliation. • All Unattached swimmers must be listed on the team’s official waiver entry form. • All swimmers 18 & Over at the meet start date must have met the USA Swimming Athlete Protection Training requirement. Failure to complete it will result in an athlete’s inability to swim in this meet.
Adaptive Provisions:	<p>USA Swimming rules and regulations provides "guidelines for officiating swimmers with disabilities" and any athlete who needs any of these adaptations should provide the Referee with a note stating their name, their specific need, and a list of events in which they need assistance prior to the start of each session's competition. If necessary, this information may be provided by the swimmer's coach or guardians. NJ swimming will provide all swimmers with disabilities a chance to swim in events for which they have qualified (met the time standards of the meet).</p>
Host Club Responsibilities:	<ul style="list-style-type: none"> • The host club will provide at least 50% of the volunteers throughout the meet. • The host club will have stopwatches available for volunteers helping to time. • The host club will e-mail all club entries back to the participating clubs. • The host club will create a Warm-Up Schedule that will be fair and equitable to all teams. This Warm-Up Schedule will be e-mailed to all participating clubs and posted on the team website no later than 72 hours before the meet. • The host club will create Timing Assignments that are fair and equitable with as many teams

	participating as possible. These timing assignments will be e-mailed to all participating clubs and posted on the team website no later than 72 hours before the meet.
Participating Club Responsibilities:	Participating clubs must help with timing assignments. We will be utilizing one timer per lane, so each timer must be able to operate a stopwatch, a button, and then write the time on the clipboard. Participating clubs should help with officiating whenever possible. Please notify the Meet Referee, in advance, if possible.
Coaches Conduct & Eligibility:	<ul style="list-style-type: none"> • This meet is conducted according to current USA Swimming Rules, and in adherence to the USA-S Minor Athlete Abuse Prevention Policy (MAAPP 2.0). • Make sure all interactions with athletes are observable and interruptible, including any meetings you have in between races or sessions. • As a reminder, coaches are not allowed to massage any athlete, even if you are a licensed massage therapist. This includes all massages, rubdowns, stretching, physical manipulation, injury rehabilitation, and the use of electronic or instrument assisted modalities such as stim treatment, dry needling, and cupping. • All coaches “on the deck” must be currently registered coach members of USA Swimming. Verification can be in the form of a current USA Swimming membership card or Coaches Pass available thru the USA swimming Deck Pass App. • Coaches must show their USA swimming coaching card or Coaches Pass for entrance to facility. • All Coaches must have some form of USA coaching credential verification with them at all times.
Officials Conduct & Eligibility:	<ul style="list-style-type: none"> • This meet is conducted according to current USA Swimming Rules, and in adherence to the USA-S Minor Athlete Abuse Prevention Policy (MAAPP 2.0). • Make sure all interactions with athletes are observable and interruptible. • Current USA Swimming and NJS Swimming certification is required for all officials and the Meet Referee will check your cards. • Swimming officials from participating teams should contact the meet referee (see page 1) with the sessions when they are able to help. • All officials must wear the standard white and blue uniform. Officials will be required to work the entire session and will receive free admission.
Meet Format Waiver:	<ul style="list-style-type: none"> • This meet will be run in accordance with current USA Swimming Rules. • The host club has the right to change the format of the meet with the approval of the sanctioning Chairman and either the Age Group or Senior Chairman. • These changes would be made for a more efficient swim meet for the swimmers and the host club. • Reasons for these changes include: 1) To allow more swimmers to swim, 2) To conform to facility capacity limits, 3) To condense the meet into smaller time frame. • Some of the changes that can be made: 1) change estimated start times, 2) combine sessions and 3) limit the number of swimmers.
Meet Requirement Statement:	In order to be eligible for the NJ Swimming Zone Championship Team or for NJ Swimming Athlete Travel Grants for Sectional and National level meets, NJ Swimming policy stipulates certain participation requirements. As a NJ Swimming sanctioned meet, this meet counts toward those participation requirements.
Warm-up Procedures:	<p>New Jersey Swimming Warm-up and Safety Guidelines:</p> <ul style="list-style-type: none"> • Warm-ups will be run under New Jersey Swimming Warm-up and Safety Guidelines. Warm-ups will include general warm-up lanes, sprint lanes, and pace lanes. • All swimmers are entitled to a fair and comparable warm-up. When all teams are assigned their own warm-up lanes, (without any team sharing a lane with another team) teams can run their own warm-ups without Sprints or Pace. • All swimmers must enter the pool from the starting end of the pool, entering the pool feet first. Swimmers must exit the pool at the start/turn ends, not on the side of the pool. • Please Note: Swimmers are prohibited from using any “gear” or “equipment” or swimming aids during warm-up or warm-down without formal approval from the Meet Referee in either the competition pool or the warm-up/warm-down pool, • Uniformed and designated meet marshals will monitor warm-ups. • All general warm-up lanes will swim in a counterclockwise direction. • The warm-up sessions will be one 25 minute warm-ups divided by teams. There will be designated sprint lanes the last 5 minutes of each warm-up session. • Warm-up schedules will be e-mailed and posted on the website 1 week prior to the start of the meet. • Use of the auxiliary pool (for Long Course meets) will be limited to periods of active competition and will not be available during the general warm-up periods. The auxiliary pool will be closed during short course meets.

Check-In:	Meet will be Pre-Seeded.
No Show Procedure:	No penalty will be incurred for an unscratched swimmer who fails to report to the starting blocks for his/her scheduled event. However, the event will be counted toward the swimmer's maximum allowable swims for that day. The swimmer may be allowed to swim the event in a later heat or a subsequent event if the swimmer is at the starting end of the pool, ready to swim, and an open lane is available. However, the host club will not schedule an additional heat to accommodate the swimmer.
Internet Website Posting:	Meet information, Hy-Tek .HYV Event file and results will be posted on the New Jersey Swimming website. www.njswim.org The following will be posted to the BAC website: www.berkeleyaquaticclub.com : <ul style="list-style-type: none"> • Meet Announcement • Downloadable Hy-Tek Events List (.HYV file) • Psych Sheets • Meet Schedule • Warm-Up Schedule and Team Warm-Up Assignments All attempts will be made to post results on Meet Mobile throughout the Meet.
Results:	<ul style="list-style-type: none"> • Results will be emailed to all participating teams. • Result will be posted on the New Jersey website: www.njswim.org • After the meet, we will post (www.berkeleyaquaticclub.com): <ul style="list-style-type: none"> • Downloadable Results (.CL2 file) • Printable Results (.PDF file)
USA-S Racing Start Certification Statement:	Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
Audio/Visual Recording Statement:	Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms, or behind the blocks.
USA-S Deck Change Policy Statement:	Deck Changes are prohibited.
Minor Athlete Abuse Prevention Policy (MAAPP 2.0)	All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP 2.0 policy is a condition of participation in the conduct of this competition.
USA-S Drone Policy Statement:	Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
Tech Suit/Swimwear Policy:	<p>Swimwear must conform to USA Swimming Rules:</p> <ul style="list-style-type: none"> • Rule 102.8. Only swimsuits complying with FINA swimsuit specification may be worn in any USA Swimming sanctioned or Approved competition. "Tech suits" are not permitted at this meet for 12 & under swimmers. "Tech Suits" are defined, as a suit that has Bonded Seams, Kinetic Tape, or Meshed Seams. A list of restricted suit can be found on the NJ Swimming Website; www.njswim.org • Rule 102.8.1E explicitly bans the use of therapeutic elastic tape (e.g., kinesio tape) on any part of the body. • Pursuant to USA Swimming Rule 205.10.1, it is permissible for the swimmer to wear a single set of garments underneath his or her competition swimsuit for modesty and/or other privacy reasons.
COVID-19 Assumption of Risk Disclaimer	We have taken enhanced health and safety measures for all participants. You must follow all posted instructions while at the Berkeley Aquatic Club Center of Excellence. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By visiting Berkeley Aquatic Club Center of Excellence, you voluntarily assume all risks related to exposure to COVID-19.
Hotel:	Best Western Plus Murray Hill Hotel and Suites 535 Central Avenue New Providence, NJ 07974

Directions:	<p>Address: 629 Central Avenue New Providence, NJ 07974</p> <p>Directions:</p> <p>From 78 East Take Exit 44 toward New Providence/County Highway 527. At the end of the exit ramp turn left onto County Road 527/Glenside Avenue. After ½ mile, turn Left onto Glenside Road. Glenside Road will become South Street/County Highway 647. Turn Left onto Central Avenue. Berkeley Aquatic Club will be 0.3 miles after this turn on the right-hand side of the road.</p> <p>From 78 West Take Exit 43 and merge onto Diamond Hill Road/County Highway 655. In a little less than a mile, turn right not Mountain Avenue/County Highway 622. Again, in a little less than a mile, turn left onto South Street/County Highway 647. In 0.8 miles, turn left onto Central Avenue. Berkeley Aquatic Club will be 0.3 miles after this turn on the right-hand side of the road.</p> <p>From Interstate 287 Take Exit 21A (Route 78/New York City). Follow “From 78 West” directions above.</p>
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**NEW JERSEY
SWIMMING**

2021 BAC Holiday Splash

Saturday, December 11 and Sunday, December 12, 2021

Waiver

In consideration of the acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators and assigns, waive and release any and all claims against USA Swimming, NJ Swimming, Berkeley Aquatic Club, and their staffs for any injuries and/or expenses incurred by me/us at the swim meet, or while on the road to and from the meet. I/we are USA Swimming registered athletes and am/are eligible to compete in all the events I/we have entered.

Covid-19 Waiver

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [THE LSC] AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

Meet Verification

I hereby certify that all entered swimmers and coaches listed on the waiver form for the **2021 BAC Holiday Splash** meet on December 4 and December 5 are registered members of USA Swimming. All USA Swimming members are correctly entered according to; Article 302.4 of the USA Swimming Rules and Regulations. False Registration: An LSC may impose a fine of up to \$100 per event against a member coach or a member club's representative signing a document which indicates a swimmer is registered with USA Swimming for a meet when that swimmer is not properly registered or eligible to compete for that club. This will be enforced by the LSC and the LSC will be entitled to the fines imposed.

Also I acknowledge that deck access is limited to coaches and/or officials working the meet and displaying their credentials.

Information below must be submitted to the club hosting the meet before the start of the meet along with payment.

Club Name/Club Code _____

Signature of Coach and/or Parent/Guardian _____

Telephone _____ E-Mail Address _____

Name(s) of Coach(es): _____

Name/E-Mail/Phone Number of person to contact regarding this entry:

NAME/E-Mail/Phone Number of person to contact regarding timers/officials:

Entry Fee Summary:	_____	Individual event entries @ \$5.00 =	\$_____
	_____	Distance event entries @ \$12.00 =	\$_____
	_____	Swimmer surcharge @ \$20.00 =	\$_____
		Total:	\$_____

(Please subtract \$10.00 if an athlete is only swimming one day.)

MAKE CHECKS PAYABLE TO: BAC

Berkeley Aquatic Club – COVID 19 PROTOCOLS – Berkeley Aquatic Club Center of Excellence

- In applying for this sanctioned event, the Host, Berkeley Aquatic Club agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, NJ Swimming (LSC), the State of New Jersey and the Union County Department of Health.
- **COVID Contact Person-** The Manager/ Deck Supervisor on duty will serve as the immediate COVID contact person.
 - **Main Covid Contact Person:** Peter Barry (908) 797-8167 peter@berkeleyaquaticclub.com
 - **Covid Ambassador:** Allison Nash (973) 615-0023 allison@berkeleyaquaticclub.com

Personal Protective Equipment (PPE)

- All staff will be required to wear masks when not on stand and where social distancing may not be possible.
- The first aid room and COVID tent will hold extra PPE for emergencies.
- Staff will be required to wear masks and gloves when helping patrons or providing aid.

COVID- 19 Awareness Training

- All staff members will be trained on the New Jersey Department of Health guidelines to keep themselves and the patrons safe. COVID- 19 awareness training will continue throughout the season as more information and courses are provided.

Police Notification Policy

- In the event of non-compliance to social distancing guidelines, management will be trained to give a warning. If the patron is still non-compliant the police will be called. There will be no tolerance for non-compliance.
- **New Providence Police Dept Number: (908) 665-1111**

Screening and Documenting Staff

- Temperatures will be taken of all staff members prior to entering the facility. No staff member will be allowed to work with a temperature reading of 100.4 degrees or higher.
- Any staff with symptoms of COVID- 19 will be encouraged to stay home and will require a note from a physician to return to work. Symptoms related to COVID-19 include:
 - Fever or chills
 - Cough
 - Shortness of breath or difficulty breathing
 - Fatigue
 - Muscle or body aches
 - Headache
 - New loss of taste or smell
 - Congestion or runny nose
 - Nausea or vomiting
 - Diarrhea

Admittance and Access to the Facility

- There will be a separate entrance (Rear Double Doors) and separate exit (Side Doors) so that there is no cross path between entering and exiting patrons.
- Face masks will be required upon entering and exiting of the facility and patrons will be reminded to remain a minimum of 6 feet apart. Patrons will be encouraged to maintain social distancing as they enter the facility.
- Face masks will not be required in the water.
- The Berkeley Aquatic Club Center of Excellence will be operating at less than 50% capacity.
- Each patron will receive a temperature check with a digital thermometer upon entry and any patron with a temperature of 100.4 or higher will not be permitted into the facility.
- Parents will be allowed to observe from outside the facility through the poolside windows while wearing masks and maintaining 6 feet social distancing protocol.

- Swimmers will sit on deck around the pool and must wear a mask while not swimming and maintain 6 feet social distancing protocol.
- Only the minimum number of required officials will be allowed on deck in addition to the swimmers.

Infection Control Strategies

Communication with Local Health Authority

- Berkeley Aquatic Club Staff will contact the local health department IMMEDIATELY by phone (201-634-2600) if we suspect a confirmed case of COVID-19. When reporting the staff will give pool location and where the patient resides.
- If the local health department cannot be reached, the New Jersey Department of Health will be contacted (1-800-367-6543). If after hours, then an emergency after hour's phone number will be called (609) 392-2020.
- If the Berkeley Aquatic Club Center of Excellence experiences a confirmed case of COVID-19, management will work with the Local Health Authority to determine if the facility should be shut down temporarily.

Restrooms and Shower Access

- The health and safety of our swimmers and staff remains our highest priority.
 - Bathroom/Locker Room use will only be for emergency use of the restroom.