2021 Cougar Highlander Invitational Saturday-Sunday December 18th-19th

Meet Schedule

Session	Age Group	Warm-Up	Check-In	Start
1	13 & Over	8:00am	8:30am	9:05am
2	500 Freestyle/400 IM	1:00pm	1:00pm	1:30pm
3	12 & Under	3:25pm	3:45pm	4:20pm
4	13 & Over	8:00am	8:30am	9:05am
5	1000 Freestyle	1:00pm	1:00pm	1:30pm
6	12 & Under	3:00pm	3:20pm	3:55pm

No spectators will be allowed in the building



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Warm-up Schedule

Saturday 13 & Over

	L1	L2	L3	L4	L5	L6	L7	L8
8:00am	CAT	CAT	CAT	CAT	LIFE	LIFE	LIFE	EAG
8:30am	RY	RY	RY/APEX	MB	MB	WY	WY/WEY	JCB

Saturday 13 & Over 400 IM/500 Freestyle

	L1	L2	L3	L4	L5	L6	L7	L8
1:00pm	CAT	CAT	CAT	RY	RY	LIFE	LIFE/EAG	MB/WY

Saturday 12 & Under

	L1	L2	L3	L4	L5	L6	L7	L8
3:25pm	CAT	CAT	CAT	CAT	CAT	CAT	LIFE	LIFE
3:50pm	WY	WY	WY	RY	RY/JCB	JCB	APEX	EAG

Sunday 13 & Over

	L1	L2	L3	L4	L5	L6	L7	L8
8:00am	CAT	CAT	CAT	CAT	LIFE	LIFE	LIFE	EAG
8:30am	RY	RY	RY/APEX	MB	MB	WY	WY/WEY	JCB

Sunday 13 & Over 1000 Freestyle

	L1	L2	L3	L4	L5	L6	L7	L8
1:00pm	CAT	CAT	CAT	CAT	RY	RY	LIFE	MB/WY

Sunday 12 & Under

	L1	L2	L3	L4	L5	L6	L7	L8
3:00pm	CAT	CAT	CAT	CAT	CAT	CAT/APEX	WY	WY
3:25pm	LIFE	LIFE	RY	RY	WEY	WEY	JCB	EAG

