

<h1>2022 NJS 13 & Over Junior Olympics</h1> <p>Hosted by Berkeley Aquatic Club at the Berkeley Aquatic Club Center of Excellence <i>Held under the sanction of USA Swimming</i></p>	
Meet Sanction Info:	<p>NJ swimming Sanction # – NJS031122SCYA Any changes of the meet information without the approval of the administrative chairman, age group chairman or senior chairman are a violation of the sanction. It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.</p>
Date of Meet:	Friday March 11th- Sunday March 13th, 2022
Location:	Berkeley Aquatic Club Center of Excellence 629 Central Ave. New Providence, NJ 07974
Eligible Teams:	BB, BAC, CBGC, CAT, FSPY, HCY, HQH, JG, LIFE, MCSC, NJB, NJBL, PAA, RSA, RVY, WAVE
Facility Info:	The pool is Olympic-sized: 25 Yards by 50 meters and utilizes 10 lanes in Short Course or Long Course competition layout. The pool uses pedestal-style blocks with non-turbulent lane lines and an Omega Timing System. Under Long Course layout, the depth of the pool at the starting end is 6'9" and at the turning end is 5 feet. Under Short Course layout, the depth of the 10 competition lanes is 6'9". There are an additional 12 Short Course lanes for use during the general warm-up period that vary in depth from 5' to 6'9". During Short Course competition, there shall be a two lane buffer and 10 lanes available for warm-up and warm-down. There is also one 3 lane by 25 yard auxiliary pool for warm-up and warm-down. (This pool is only open during a Long Course meet). The depth of the auxiliary pool ranges from 6'3" to 4'. There is bleacher seating on deck for up to 250 athletes. Parking is available in the facility lot ONLY. Parking in the lots of any surrounding businesses is strictly prohibited unless otherwise directed.
NJ Swimming Championship Attendance Policy:	<p>All people attending the meet (swimmers, coaches, officials, helpers) must be vaccinated against COVID-19, or show negative results from a PCR test from no more than 72 hours prior to the meet. Anyone not able to show vaccination or test status will not be permitted into the building. There will be no refunds for swimmers not admitted.</p>
Pool Certification Statement:	The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.
Host Team Contact:	Allison Nash allison@berkeleyaquatic.com
Meet Director:	Allison Nash allison@berkeleyaquatic.com
Meet Referee:	Aleksandar Kolarov kolarov@yahoo.com
Admin Official:	Allison Nash allison@berkeleyaquatic.com
Safety Marshall:	Allison Nash allison@berkeleyaquatic.com
Entry Coordinator:	Allison Nash 973-615-0023 bacmeetentries@berkeleyaquatic.com
Entries Open:	Immediately (Note: Teams cannot be closed out of this Championship meet provided entries are received by the deadline)
Entry Deadline:	Tuesday March 8th, 2022, at 12:00pm
Swimmer Age	Swimmer ages for this meet are as of: Friday March 11th, 2022
Entry Fees:	Individual Prelims/Finals Entry: \$7.00 Distance Freestyle Entry: \$12.00
	Relay Entry: \$9.00
	There will be a \$15 per swimmer per day surcharge for prelims/finals swimmers. There will be a \$10 per day swimmer surcharge for swimmers participating in timed finals events.
Meet Course:	Short Course Yards (SCY)

Meet Format:	<ul style="list-style-type: none"> ● This meet will be run as prelims/finals for 13 & over swimmers, except for the 1000 & 1650 freestyle events. There will be two heats of finals for 15 & over swimmers, and one heat for 13-14 swimmers. ● There are minimum (“faster than”) time standards for this meet. As a New Jersey Swimming Championship Meet, proof of time will be required for all individual entries. (See <i>Entry Times</i> section for details). This meet will be deck seeded with coaches checking in/scratching all swimmers and relays. When a session has been seeded, swimmers will be responsible for reporting to the blocks on their own. ● <i>Deck entries will not be accepted.</i> ● Swimmers will wear masks at all times except when in the water. ● All other participants will wear masks and maintain safe social distance at all times. 	
Entry Limits:	Daily: 3 Individual Events 2 Relay Events	Meet: 7 Individual Events 5 Relay Events
Checks Payable To:	BAC	
Email Entry Files To:	bacmeetentries@berkeleyaquatic.com	
Checks/Waivers:	Bring to the first session of the meet where the team is competing.	

2022 NJS Junior Olympics

Friday March 11th

Facility Opens at 4:45pm

Friday Evening Session #1—Distance & Relays

Warm-up: 5:00pm

Meet Start: TBA

Women	Equal/ Faster	Event	Equal/ Faster	Men
#1	12:06.59	13-14 1000 Freestyle	11:42.79	#2
#3	11:55.00	15 & Over 1000 Freestyle	11:20.59	#4
#5		800 Freestyle Relay		#6

Saturday March 12th

Facility Opens at 7:00am

Saturday Morning Session #2—13 & Over Preliminaries

Warm-up: 7:15am

Meet Start: TBA

Women	Equal/ Faster	13 & Over Event	Equal/ Faster	Men
#13	5:50.59 5:34.59	13-14 500 Freestyle 15 & Over 500 Freestyle	5:44.49 5:15.19	#14
#15	2:29.89 2:22.99	13-14 200 Backstroke 15 & Over 200 Backstroke	2:23.59 2:14.19	#16
#17	1:18.39 1:16.69	13-14 100 Breaststroke 15 & Over 100 Breaststroke	1:14.49 1:10.49	#18
#19	2:35.19 2:32.19	13-14 200 Butterfly 15 & Over 200 Butterfly	2:29.89 2:16.39	#20
#21	59.99 58.49	13-14 100 Freestyle 15 & Over 100 Freestyle	56.99 53.19	#22
#23	2:29.89 2:18.39	13-14 200 IM 15 & Over 200 IM	2:23.09 2:11.19	#24

Saturday Afternoon Session #3—Distance

Warm-up: TBA

Meet Start: TBA

Women	Equal/ Faster	13 & Over Event	Equal/ Faster	Men
#11	19:52.19	13-14 1650 Freestyle	19:25.19	#12

Saturday Evening Session #4—Finals

Warm-up: TBA

Meet Start: TBA

Women	Equal/ Faster	Event	Equal/ Faster	Men
#7		13-14 200 Medley Relay		#8
#9		15 & Over 200 Medley Relay		#10
#11		13-14 1650 Freestyle <i>Fastest Heat</i>		#12
<i>Finals of Events #13-24</i>				
#25		13-14 400 Freestyle Relay		#26
#27		15 & Over 400 Freestyle Relay		#28

Sunday March 13th

Facility Opens at 7:00am

Sunday Morning Session #5—13 & Over Preliminaries

Warm-up: 7:15am

Meet Start: TBA

Women	Equal/ Faster	13 & Over Event	Equal/ Faster	Men
#35	2:09.89 2:06.79	13-14 200 Freestyle 15 & Over 200 Freestyle	2:06.29 1:56.89	#36
#37	1:08.39 1:06.29	13-14 100 Backstroke 15 & Over 100 Backstroke	1:05.39 1:01.59	#38
#39	5:25.39 5:13.99	13-14 400 IM 15 & Over 400 IM	5:15.49 4:56.99	#40
#41	1:08.69 1:05.79	13-14 100 Butterfly 15 & Over 100 Butterfly	1:05.99 1:01.79	#42
#43	27.79 27.09	13-14 50 Freestyle 15 & Over 50 Freestyle	26.09 24.29	#44
#45	2:51.49 2:46.39	13-14 200 Breaststroke 15 & Over 200 Breaststroke	2:45.39 2:33.79	#46

Sunday Afternoon Session #6—Distance

Warm-up: TBA

Meet Start: TBA

Women	Equal/ Faster	13 & Over Event	Equal/ Faster	Men
#33	19:47.19	15 & Over 1650 Freestyle	18:40.99	#34

Sunday Evening Session #7—Finals

Warm-up: TBA

Meet Start: TBA

Women	Equal/ Faster	Event	Equal/ Faster	Men
#29		13-14 200 Freestyle Relay		#30
#31		15 & Over 200 Freestyle Relay		#32
#33		15 & Over 1650 Freestyle <i>Fastest Heat</i>		#34
<i>Finals of Events #35-46</i>				
#47		13-14 400 Medley Relay		#48
#49		15 & Over 400 Medley Relay		#50

Meet Schedule

Friday March 11 th		Warm-up	Start
Facility Opens at 4:45pm			
Session #1	13 & Over Distance & Relays	5:00pm	TBA**
Saturday March 12 th		Warm-up	Start
Facility Opens at 8:00am			
Session #2	13 & Over Preliminaries	8:15am	TBA**
Session #3	Distance	TBA**	TBA**
Session #4	Finals	TBA**	TBA**
Sunday March 13 th		Warm-up	Start
Facility Opens at 8:00am			
Session #5	13 & Over Preliminaries	8:15am	TBA**
Session #6	Distance	TBA**	TBA**
Session #7	Finals	TBA**	TBA**
<i>Session Order & Schedule to be determined depending on entries.</i>			

**** Meet schedule will be determined once entries are received.**

Scoring:	<ul style="list-style-type: none"> ● Team scoring will be 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1 and double for relays. ● Swimmers 20 years and older will swim “exhibition” – they will swim in prelims only.
Awards:	<ul style="list-style-type: none"> ● Medals will be awarded to the fastest 8 swimmers in each individual event. ● Medals will be awarded to the fastest 3 teams in relay events. ● There will be awards for the top three scoring teams.
Starts:	<ul style="list-style-type: none"> ● “Fly-Over” or “Over the Top” starts will not be used.
Admissions and Programs:	<ul style="list-style-type: none"> ● There will be a \$15.00 per day swimmer surcharge for swimmers participating in prelims/finals events. There will be a \$10 per day swimmer surcharge for swimmers participating in timed finals events. ● Heat sheets will be available online at Meet Mobile
Spectator Considerations	<ul style="list-style-type: none"> ● As per USA Swimming Safe Sport Protocols, Parents or legal guardians will have access to their child and an opportunity to observe their child if the facility protocols allow for spectators. ● In accordance with BACCOE policy, spectators will not be allowed. ● The event will be live streamed.
Concessions:	<ul style="list-style-type: none"> ● None.
Vendor:	<ul style="list-style-type: none"> ● None.
Locker Rooms:	<ul style="list-style-type: none"> ● Locker room use will be restricted to emergency use only. In accordance with NJ Department of Health protocols, they will not be available for changing or showering.
Entry Info:	<ul style="list-style-type: none"> ● There will be no refunds after the entry deadline except for events that may be scratched from meet by the Entry Coordinator or Meet Director, or as otherwise directed by NJ Swimming. Entries will be acknowledged within 48 hours of receipt. ● All entries will be accepted prior to the entry deadline from teams assigned to the meet. ● Entry forms, verification forms, waiver release, and fees must be received no later than the first session of the meet where the team competes. ● Team entries will be considered accepted when the host club accepts the entries.

Entry Times:	<ul style="list-style-type: none"> • New Jersey Swimming does not allow ‘NT’ or ‘No Time’ to be used as an entry time. • All entry times must be in short course yards. Converted times are permitted. All entry times must meet the time standards for this meet as approved by NJ Swimming. All entries must be accompanied by e-mailed proof of time (see below). Entries without proof of time will not be accepted. • Where the TM proof of time option is not available, separate report(s), detailing where times were achieved must be sent with the entry e-mail. Mailed paper reports are not acceptable. References to published times in SWIMS are acceptable. • All entry times must be achieved during the meet qualifying period of January 1st, 2021 through the entry date of the meet.
Entry Amendment Procedures:	<p>Coaches will be permitted to amend inaccuracies in their meet entries for this meet. The process shall be as follows:</p> <ol style="list-style-type: none"> 1. The meet coordinator will enter each team as the entries are received. 2. An entry report for each team will be e-mailed to that team. 3. Upon receipt of the entry report for their team, the coach will be expected to proof the entries for their team. The coach must respond to the email, either indicating that the entries are accepted as is or amending as explained below. 4. After the entry deadline has passed, should a swimmer be missing from the entry list or missing from an event, then the coach can enter the swimmer through the following process: <ul style="list-style-type: none"> • The coach needs to make a list of the missing entry information: swimmer's name, USA-S number, event number(s), and entry time(s). • The list of the missing swimmers and their events are then to be e-mailed to the Entry Coordinator no later than 9:00pm on the Wednesday before the start of the meet. Please do not email a Hy-Tek file. • The entry fee for all events entered in this manner will be the regular entry fee for the event, plus an additional \$5.00 late fee per entry. This money is payable before the start of the meet. If this fee not be paid, then the swimmer(s) will not be permitted to swim in the amended events in the meet.
Age-Up Exception Policy:	<ul style="list-style-type: none"> • 12 and 14-year old swimmers who have one or more Upper Silver times <i>prior</i> to the Silver/Bronze meets and then age up between the Silver/Bronze meets and JOs are eligible to swim those events from their prior age group at JOs. Such entries should be made using the qualifying time for their age group as their entry time as follows: <ul style="list-style-type: none"> • Enter the swimmer at the qualifying time for the event. • Provide proof of the original qualifying time as a separate PDF or reference to SWIMS and note in the entry e-mail that this swim is an age-up exception.
Distance Events (1650 & 1000)	<ul style="list-style-type: none"> • The 1000 and 1650 freestyle events are timed finals. • They will run fastest to slowest. • Depending on the entries, these events may alternate age groups or genders to balance out the timeline for the two pools. • Heats may be combined to save time, without there necessarily being an empty lane. • Swimmers must provide their own timers and counters.
Relays:	<ul style="list-style-type: none"> • All relays will be deck seeded. Coaches must turn in relay cards with scratches at swimmer check-in. • Coaches must turn in relay cards listing correct swimmers’ names and correct order prior to the start of the event. • A 15 & Over relay with a 20 year or older swimmer will not score. • Unattached swimmers may not swim in any relay.
Swimmer Eligibility:	<ul style="list-style-type: none"> • <i>This is a New Jersey Swimming Championship Meet. As such, only New Jersey Swimming athletes may enter and compete in this meet.</i> • No swimmer will be permitted to compete unless the swimmer is a member of USA Swimming as provided in Article 302. • All transfer swimmer(s) must swim unattached for 120 days from their last attached competition. Swimmers must use an UN- (New Team Alpha Code) as their team affiliation. All Unattached swimmers must be listed on the team’s official waiver entry form. • <i>All swimmers 18 & Over at the meet start date must have met the USA Swimming Athlete Protection Training requirement. Failure to complete it will result in an athlete’s inability to swim in this meet.</i>

State Championships Restriction:	<ul style="list-style-type: none"> ● <i>Swimmers may not compete in a given event at both a Silver/Bronze Championship meet and the SC JO meet, unless they achieve the SC JO qualifying time in that event at the Silver/Bronze meet, or at another Sanctioned or Approved meet attended in between the Silver/Bronze meet and JOs.</i>
Adaptive Provisions:	<p>USA Swimming rules and regulations provides “guidelines for officiating swimmers with disabilities” and any athlete who needs any of these adaptations should provide the Referee with a note stating their name, their specific need, and a list of events in which they need assistance prior to the start of each session's competition. If necessary, this information may be provided by the swimmer's coach or guardians. NJ Swimming will provide all swimmers with disabilities a chance to swim in events for which they have qualified (met the time standards of the meet).</p>
Host Club Responsibilities:	<ul style="list-style-type: none"> ● The host club will provide all timers in each lane throughout the meet.
Coaches Conduct & Eligibility:	<ul style="list-style-type: none"> ● This meet is conducted according to current USA Swimming Rules, and in adherence to the USA-S Minor Athlete Abuse Prevention Policy (MAAPP 2.0). ● Make sure all interactions with athletes are observable and interruptible, including any meetings you have in between races or sessions. ● As a reminder, coaches are not allowed to massage any athlete, even if you are a licensed massage therapist. This includes all massages, rubdowns, stretching, physical manipulation, injury rehabilitation, and the use of electronic or instrument assisted modalities such as stim treatment, dry needling, and cupping. ● All coaches “on the deck” must be currently registered coach members of USA Swimming. Verification can be in the form of a current USA Swimming membership card or Coaches Pass available thru the USA swimming Deck Pass App. ● Coaches must show their USA swimming coaching card or Coaches Pass for entrance to the facility. ● All Coaches must have some form of USA coaching credential verification with them at all times.
Officials Conduct & Eligibility:	<ul style="list-style-type: none"> ● This meet is conducted according to current USA Swimming Rules, and in adherence to the USA-S Minor Athlete Abuse Prevention Policy (MAAPP 2.0). ● Make sure all interactions with athletes are observable and interruptible. ● Current USA Swimming and NJS Swimming certification is required for all officials and the Meet Referee will check your cards. ● Swimming officials from participating teams should contact the meet referee (see page 1) with the sessions when they are able to help. ● All officials must wear the standard white and blue uniform. ● Officials will be required to work the entire session and will receive free admission.
Meet Format Waiver:	<ul style="list-style-type: none"> ● This meet will be run in accordance with current USA Swimming Rules. ● The host club has the right to change the format of the meet with the approval of the Administrative vice chair and either the Age Group or Senior vice chair. These changes would be made for a more efficient swim meet for the swimmers and the host club. Reasons for these changes include: <ul style="list-style-type: none"> ● To allow more swimmers to swim. ● To conform to facility capacity limits or for facility safety concerns. ● To condense the meet into a smaller time frame. ● Some of the changes that may be made: 1) add a session, 2) heat limit distance events 3) condense sessions, and 4) eliminate relays.
Warm-up Procedures:	<ul style="list-style-type: none"> ● Warm-ups will be run under New Jersey Swimming Warm-up and Safety Guidelines. ● Swimming Equipment is <i>not allowed</i> in the competition pool during all warm-up sessions. This includes kick boards, hand paddles, and pull buoys. ● All swimmers must enter the pool feet first from the starting end of the pool. ● New Jersey Swimming officials will monitor warm-ups. ● All general warm-up lanes will swim in a counterclockwise direction.

Check-In:	<ul style="list-style-type: none"> All check-in sheets must be turned into the scoring table 35 minutes before the start of each session. Swimmers that are swimming will have a line through their name. Swimmers that are being scratched will have their names circled with a “SCR” next to the circle. Swimmers scratching a single event will have a line through their name and the event number circled with “SCR” next to the circle. Failure to follow this procedure may result in the swimmer(s) being scratched from the session.
No Show Procedure:	No penalty will be incurred for an unscratched swimmer who fails to report to the starting blocks for his/her scheduled event. However, the event will be counted toward the swimmer’s maximum allowable swims for that day. The swimmer may be allowed to swim the event in a later heat or a subsequent event if the swimmer is at the starting end of the pool, ready to swim, and an open lane is available. However, the host club will not schedule an additional heat to accommodate the swimmer.
Scratch Rule:	<ul style="list-style-type: none"> The meet will follow USA Swimming rule 207.11.6.D and rule 207.11.6.E for scratches from finals. A swimmer who fails to scratch from finals within the deadlines outlined in rule 207.11.6.E and then fails to swim the event at finals will be barred from further competition for the remainder of the meet. <p>In addition, the club of a swimmer who qualifies for finals or consolation finals and fails to compete in that final during the last session of the meet without properly scratching from the event in accordance to the above procedures may be fined \$50 for each occurrence.</p>
Internet Website Posting:	<p>Internet location for all meet information: http://www.besmarttinc.com.</p> <ul style="list-style-type: none"> Heat Sheets and real-time results will be available during the meet. Downloadable Results (Zipped .CL2 & .HY3 files) for TM will be provided post meet. Printable meet results (.PDF files) will be provided post meet.
Results:	<ul style="list-style-type: none"> Meet result files for TM will be emailed to all participating teams. Meet results will be posted on the meet website and on the New Jersey Swimming Website: www.njswim.org
USA-S Racing Start Certification Statement:	Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.
Audio/Visual Recording Statement:	Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
USA-S Deck Change Policy Statement:	Deck changes are prohibited.
USA-S Drone Policy Statement:	Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
Minor Athlete Abuse Prevention Policy (MAAPP 2.0)	All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with the MAAPP 2.0 policy is a condition of participation in the conduct of this competition.
Tech Suit/Swimwear Policy:	<p>Swimwear must conform to USA Swimming Rules:</p> <ul style="list-style-type: none"> Rule 102.8. Only swimsuits complying with FINA swimsuit specification may be worn in any USA Swimming sanctioned or approved competition. “Tech Suits” are defined, as suits that have bonded seams, kinetic tape, or meshed seams. A list of restricted suits can be found on the NJ Swimming Website; www.njswim.org. Rule 102.8.1E explicitly bans the use of therapeutic elastic tape (eg: kinesio tape) on any part of the body Pursuant to USA Swimming Rule 205.10.1, it is permissible for the swimmer to wear a single set of garments underneath his or her competition swimsuit for modesty and/or other privacy reasons.

<p>COVID-19 Assumption of Risk Disclaimer</p>	<p>The host team has taken enhanced health and safety measures for all participants. All persons participating must follow all posted instructions while at the Berkeley Aquatic Club Center of Excellence. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable.</p> <p>All persons visiting the Berkeley Aquatic Club Center of Excellence are voluntarily assuming all risks related to exposure to COVID-19.</p>
<p>Meet Requirement Statement:</p>	<p>In order to be eligible for the NJ Swimming Zone Championship Team or for NJ Swimming Athlete Travel Grants for sectional and national level meets, NJ Swimming policy stipulates certain participation requirements. As a NJ Swimming sanctioned meet, this meet counts toward those participation requirements.</p>
<p>Hotel:</p>	<p>Best Western Plus Murray Hill Hotel and Suites 535 Central Avenue New Providence, NJ 07974</p>
<p>Directions:</p>	<p>Address: 629 Central Avenue New Providence, NJ 07974</p> <p>Directions:</p> <p>From 78 East Take Exit 44 toward New Providence/County Highway 527. At the end of the exit ramp turn left onto County Road 527/Glenside Avenue. After ½ mile, turn Left onto Glenside Road. Glenside Road will become South Street/County Highway 647. Turn Left onto Central Avenue. Berkeley Aquatic Club will be 0.3 miles after this turn on the right-hand side of the road.</p> <p>From 78 West Take Exit 43 and merge onto Diamond Hill Road/County Highway 655. In a little less than a mile, turn right not Mountain Avenue/County Highway 622. Again, in a little less than a mile, turn left onto South Street/County Highway 647. In 0.8 miles, turn left onto Central Avenue. Berkeley Aquatic Club will be 0.3 miles after this turn on the right-hand side of the road.</p> <p>From Interstate 287 Take Exit 21A (Route 78/New York City). Follow “From 78 West” directions above.</p>



**NEW JERSEY
SWIMMING**

2022 NJS Junior Olympics *Hosted by Berkeley Aquatic Club* **Friday-Sunday March 11th- 13th, 2022**

Waiver

In consideration of the acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators and assigns, waive and release any and all claims against USA Swimming, NJ Swimming, Berkeley Aquatic Club Center of Excellence, Berkeley Aquatic Club and their staffs for any injuries and/or expenses incurred by me/us at the swim meet, or while on the road to and from the meet. I/we are USA Swimming registered athletes and am/are eligible to compete in all the events I/we have entered.

COVID-19 Waiver

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [THE LSC] AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

Meet Verification

I hereby certify that all entered swimmers and coaches listed on the waiver form, for the **Berkeley Aquatic Club NJS Junior Olympics Swim Meet on March 11th- 13th, 2022** are registered members of USA Swimming. All USA Swimming members are correctly entered according to; Article 302.4 of the USA Swimming Rules and Regulations. False Registration: An LSC may impose a fine of up to \$100 per event against a member coach or a member club's representative signing a document which indicates a swimmer is registered with USA Swimming for a meet when that swimmer is not properly registered or eligible to compete for that club. This will be enforced by the LSC and the LSC will be entitled to the fines imposed.

Also, I acknowledge that deck access is limited to coaches and/or officials working the meet and displaying their credentials.

Information below must be submitted to the club hosting the meet before the start of the meet along with payment.

Club Name/Club Code

Signature of Coach and/or Parent/Guardian

Telephone _____ E-Mail Address

Name(s) of Coach(es):

Name/E-Mail/Phone Number of person to contact regarding this entry:

Entry Fee Summary:

_____ Prelims/finals individual event entries @ \$7.00 =	\$_____
_____ Timed final distance event entries @ \$12.00 =	\$_____
_____ Swimmer surcharge @ \$10.00/swimmer/day =	\$_____
_____ Swimmer surcharge @ \$15.00/swimmer/day =	\$_____
Total:	\$_____

Checks made payable to: **BAC**

Berkeley Aquatic Club – COVID 19 PROTOCOLS – Berkeley Aquatic Club Center of Excellence

- In applying for this sanctioned event, the Host, Berkeley Aquatic Club agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, NJ Swimming (LSC), the State of New Jersey and the Union County Department of Health.
- **COVID Contact Person-** The Manager/ Deck Supervisor on duty will serve as the immediate COVID contact person.
- **Main Covid Contact Person:** Peter Barry (908) 797-8167 peter@berkeleyaquatic.com
- **Covid Ambassador:** Allison Nash (973) 615-0023 allison@berkeleyaquatic.com
- **Personal Protective Equipment (PPE)**
- All staff will be required to wear masks when not on stand and where social distancing may not be possible.
- The first aid room and COVID tent will hold extra PPE for emergencies.
- Staff will be required to wear masks and gloves when helping patrons or providing aid.

COVID- 19 Awareness Training

- All staff members will be trained on the New Jersey Department of Health guidelines to keep themselves and the patrons safe. COVID- 19 awareness training will continue throughout the season as more information and courses are provided.

Police Notification Policy

- In the event of non-compliance to social distancing guidelines, management will be trained to give a warning. If the patron is still non-compliant the police will be called. There will be no tolerance for non-compliance.
- **New Providence Police Dept Number: (908) 665-1111**
- **Screening and Documenting Staff**
- Temperatures will be taken of all staff members prior to entering the facility. No staff member will be allowed to work with a temperature reading of 100.4 degrees or higher.
- Any staff with symptoms of COVID- 19 will be encouraged to stay home and will require a note from a physician to return to work. Symptoms related to COVID-19 include:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

Admittance and Access to the Facility

- Face masks will be required upon entering and exiting of the facility and patrons will be reminded to remain a minimum of 6 feet apart. Patrons will be encouraged to maintain social distancing as they enter the facility.
- Face masks will not be required in the water.
- The Berkeley Aquatic Club Center of Excellence will be operating a reduced capacity.
- Each patron will receive a temperature check with a digital thermometer upon entry and any patron with a temperature of 100.4 or higher will not be permitted into the facility.
- Parents will be allowed to observe from outside the facility through the poolside windows while wearing masks and maintaining 6 feet social distancing protocol.

- Swimmers will sit on deck around the pool and must wear a mask while not swimming and maintain 6 feet social distancing protocol.

Communication with Local Health Authority

- Berkeley Aquatic Club Staff will contact the local health department IMMEDIATELY by phone (201-634-2600) if we suspect a confirmed case of COVID-19. When reporting the staff will give pool location and where the patient resides.
- If the local health department cannot be reached, the New Jersey Department of Health will be contacted (1-800-367-6543). If after hours, then an emergency after hour's phone number will be called (609) 392-2020.
- If the Berkeley Aquatic Club Center of Excellence experiences a confirmed case of COVID-19, management will work with the Local Health Authority to determine if the facility should be shut down temporarily.

Infection Control Strategies

Restrooms and Shower Access

- The health and safety of our swimmers and staff remains our highest priority.
- Bathroom/Locker Room use will only be for emergency use of the restroom.