

Warm - up Schedule Fall Rally 2022

Friday Night 4:30-5:30 pm Session Starts at 5:35 pm (building opens @ 4:15)

Team	Lanes	Teams will have assigned lanes for this session. You have one hour so please do not warm up your entire team at one time.	Team	Lanes
PPST	1,2		CAT	5,6,7
WW	3		EEX	8
HACY	4		SWST	8

Saturday Morning Session 3-20 min warm-up sessions

Session starts at 8:15 am (building opens @ 6:45)

1st w-up 7:00 to 7:20 am		2nd w-up 7:25-7:45 am		3rd w-up 7:50-8:10 am	
Team	Lanes	Team	Lanes	Team	Lanes
PPST	1	CAT	1-8	APEX	1,2
WW	2,3,4			BAC	3,4
HACY	5,6,7,8			EEX	5
				SWST	6
				WWAT	7
				JG	8

Saturday Afternoon Session 3-20 min warm-up sessions

Session starts at 1:35 pm

1st w-up 12:20 to 12:40 pm		2nd w-up 12:45-1:05 pm		3rd w-up 1:10-1:30 pm	
Team	Lanes	Team	Lanes	Team	Lanes
PPST	1,2,3,4	PTAC	1,2,3,4,5	JG	1,2
CAT	5,6	WW	6,7,8	APEX	3,4
SWST	7,8			HACY	5,6
				WWAT	7
				BAC	8

Sunday Morning Session 3-20 min warm-up sessions

Session starts at 8:15 am (building opens @ 6:45)

1st w-up 7:00 to 7:20 am		2nd w-up 7:25-7:45 am		3rd w-up 7:50-8:10 am	
Team	Lanes	Team	Lanes	Team	Lanes
PPST	1,2	CAT	1-8	HACY	1-5
WW	3,4,5,6			JG	6
APEX	7,8			WWAT	7
				SWST	8

Sunday Afternoon Session 3-20 min warm-up sessions

Session starts at 12:35 pm

1st w-up 11:20 to 11:40 am		2nd w-up 11:45-12:05 pm		3rd w-up 12:10-12:30 pm	
Team	Lanes	Team	Lanes	Team	Lanes
PPST	1,2,3,4,5	PTAC	1,2,3,4,5	SWST	1,2,3
WW	6,7,8	WW	6,7,8	HACY	4,5
				JG	6,7
				WWAT	8

Due to the limited space behind the blocks, we have put in a 5 min buffer between warm ups to allow the team warming up to clear the pool before the next team is standing there. Please do not line up before the end of the warm up in front of you. Thank you for your cooperation.