

# 2023 MAY Spring Into Summer Saturday-Sunday May 20<sup>th</sup> -21<sup>st</sup>

## Meet Schedule

Session	Age Group	Warm-Up	Check-In	Start
<b>Saturday</b>	Doors Open:	<b>12:15pm</b>		
<b>1</b>	12 & Under	12:30pm	<b>12:35pm</b>	1:10pm
<b>2</b>	13 & Over	4:00pm	<b>4:30pm</b>	5:05pm
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<b>Sunday</b>	Doors Open:	<b>12:15pm</b>		
<b>3</b>	12 & Under	12:30pm	<b>12:35pm</b>	1:10pm
<b>4</b>	13 & Over	4:00pm	<b>4:30pm</b>	5:05pm

## Warm-up Schedule

### Session 1 – Saturday 12 & Under

	L1	L2	L3	L4	L5	L6	L7	L8
<b>12:30pm</b>	SAY	SAY	SAY/RANY	RANY	LHY	LHY/CAT	MAY	HCY/WWAT MDY

### Session 2 – Saturday 13 & Over

	L1	L2	L3	L4	L5	L6	L7	L8
<b>4:00pm</b>	CAT	CAT	CAT	CAT	MAY	MAY	MAY	MAY/WWAT
<b>4:30pm</b>	LHY	LHY	LHY	RANY	RANY	RANY/HCY	SAY	SAY

### Session 3 – Sunday 12 & Under

	L1	L2	L3	L4	L5	L6	L7	L8
<b>12:30pm</b>	SAY	SAY	RANY	RANY/LHY	LHY	MAY	CAT	HCY/MDY

### Session 4 – Sunday 13 & Over

	L1	L2	L3	L4	L5	L6	L7	L8
<b>4:00pm</b>	CAT	CAT	CAT	CAT	MAY	MAY	MAY	HCY
<b>4:30pm</b>	RANY	RANY	RANY	LHY	LHY	LHY	SAY	SAY



## 2023 MAY Spring Into Summer Saturday-Sunday May 20<sup>th</sup>-21<sup>st</sup>

### Timing Assignments

#### Session 1 – Saturday 12 & Under

L1	L2	L3	L4	L5	L6	L7	L8
SAY	SAY	LHY	LHY	CAT	CAT	HCY	MDY
RANY	RANY	MAY	MAY	MAY	MAY	HCY	SAY
<i>Alternates: MAY</i>							

#### Session 2 – Saturday 13 & Over

L1	L2	L3	L4	L5	L6	L7	L8
CAT	CAT	MAY	MAY	LHY	LHY	RANY	RANY
SAY	SAY	HCY	HCY	MAY	RANY	SAY	LHY
<i>Alternates: MAY</i>							

**Teams are also expected to provide marshals for their 12 & Under Swimmers:**  
**Up to 5 swimmers: 2, Up to 10 swimmers: 3, up to 20 swimmers: 4,**  
**30 or more swimmers: 5**  
**marshalls will make sure their swimmers are ready behind the blocks**  
**or at the bulkhead for 50s.**



**2023 MAY Spring Into Summer Saturday-Sunday May 20<sup>th</sup>-21<sup>st</sup>**

**Timing Assignments**

**Session 3 – Sunday 12 & Under**

L1	L2	L3	L4	L5	L6	L7	L8
SAY	SAY	RANY	RANY	LHY	LHY	MAY	MAY
RANY	LHY	MAY	SAY	MDY	HCY	CAT	CAT
<i>Alternates: MAY</i>							

**Session 4 – Sunday 13 & Over**

L1	L2	L3	L4	L5	L6	L7	L8
CAT	CAT	LHY	LHY	LHY	RANY	RANY	CAT
MAY	SAY	SAY	HCY	SAY	MAY	MAY	RANY
<i>Alternates: MAY</i>							

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 30 or more swimmers: 5  
 marshalls will make sure their swimmers are ready behind the blocks  
 or at the bulkhead for 50s.**

