

COUGAR AQUATIC TEAM

RECORDS AGE GROUP RECORDS

LC Meters-Women

8 & U	50 Free	37.97	12-Jul-13	CAT- NJ	Lorelai K. Page at 2013 12 & Under LC Silver/Bronze Champs
	100 Free	1:23.73	12-Jul-13	CAT- NJ	Lorelai K. Page at 2013 12 & Under LC Silver/Bronze Champs
	200 Free	3:25.03	15-Jun-13	CAT- NJ	Lorelai K. Page at 2013 Meet of XCelence
	50 Back	42.93	15-Jun-13	CAT- NJ	Lorelai K. Page at 2013 Meet of XCelence
	100 Back	1:30.43	29-Jun-13	CAT- NJ	Lorelai K. Page at 2013 Summer Solstice
	50 Breast	53.43	19-Jul-03	CAT- NJ	Katrina M. Kunnapas at 2003 Long Course Silver Championships
	100 Breast	1:57.85	30-Jun-07	CAT- NJ	Kelly Shi at Summer Solstice
	50 Fly	43.63	18-May-13	CAT- NJ	Sophia R. Gervino at 2013 Marlins' Summer Qualifier
	100 Fly	1:52.43	7-Jul-07	CAT- NJ	Kelly L. Shi at July Jubilee 2007
	9-10	50 Free	31.88	26-Jun-15	CAT- NJ
100 Free		1:08.08	26-Jun-15	CAT- NJ	Lorelai K. Page at Jeffrey S Mace Memorial Summer Sizzle XXV
200 Free		2:27.04	23-Jul-15	CAT- NJ	Lorelai K. Page at 2015 NJ LC Junior Olympics
400 Free		5:09.83	23-Jul-15	CAT- NJ	Lorelai K. Page at 2015 NJ LC Junior Olympics
50 Back		35.03	25-May-13	CAT- NJ	Madison L. Borowinski at Memorial Day
100 Back		1:16.08	26-Jun-15	CAT- NJ	Lorelai K. Page at Jeffrey S Mace Memorial Summer Sizzle XXV
50 Breast		40.47	26-Jul-18	CAT- NJ	Gracie Masella at 2018 NJ LC Junior Olympics
100 Breast		1:31.89	9-Aug-06	CAT- NJ	Alexis M. Proasuk at Eastern Zone Age Group Long Co
50 Fly		34.23	25-May-13	CAT- NJ	Madison L. Borowinski at Memorial Day
100 Fly		1:19.67	23-Jul-15	CAT- NJ	Lorelai K. Page at 2015 NJ LC Junior Olympics
200 IM		2:48.32	23-Jul-15	CAT- NJ	Lorelai K. Page at 2015 NJ LC Junior Olympics
200 Free Relay		2:16.24	25-Jul-13	CAT- NJ	Cougar Aquatic Team A. Page, S. Ross, S. Gervino, B. Williams
200 Medley Relay		2:37.12	27-Jun-14	CAT- NJ	Cougar Aquatic Team L. Page, C. Lepis, D. Welch, S. Ross
11-12		50 Free	28.10	6-Aug-03	CAT- NJ
	400 Free	4:37.02	30-Mar-17	CAT- NJ	Lorelai K. Page at Eastern Zone Long Course Sectionals 2017
	50 Back	20.23	26-Jun-15	CAT- NJ	Devon P. Muldoon at Jeffrey S Mace Memorial Summer Sizzle XXV
	50 Breast	36.45	26-Jul-12	CAT- NJ	Lindsay R. Criqui at NJS/SAC LC JO's 2012
	100 Breast	1:19.83	21-Mar-13	CAT- NJ	Lindsay R. Criqui at 2013 EZ North Region Speedo Champions Series
	200 Breast	2:50.14	21-Mar-13	CAT- NJ	Lindsay R. Criqui at 2013 EZ North Region Speedo Champions Series
	50 Fly	30.52	26-Jul-12	CAT- NJ	Lindsay R. Criqui at NJS/SAC LC JO's 2012
	100 Fly	1:08.08	25-Jul-13	CAT- NJ	Carlee S. Sanchez-Hegarty at 2013 NJ LC Junior Olympics
	200 Fly	2:35.89	29-Jul-10	CAT- NJ	Jasmine Spinelli at NJS/SAC LC JO's 2010
	200 IM	2:34.23	24-May-14	CAT- NJ	Victoria X. Li at 2014 Memorial Day Invitational
	400 IM	5:26.97	29-Jul-10	CAT- NJ	Jasmine Spinelli at NJS/SAC LC JO's 2010
	200 Free Relay	1:59.68	26-Jul-12	CAT- NJ	Cougar Aquatic Team L. Criqui, S. Valle, T. Cirillo, C. Fazio
	200 Medley Relay	2:15.18	24-Jun-16	CAT- NJ	Cougar Aquatic Team L. Page, C. Lepis, D. Welch, S. Ross
	13-14	50 Free	27.80	30-Jul-09	CAT- NJ
100 Free		59.95	30-Jul-09	CAT- NJ	Rebecca Fleming at NJS/SAC LC JO's 2009
200 Free		2:06.87	30-Jul-09	CAT- NJ	Rebecca Fleming at NJS/SAC LC JO's 2009
400 Free		4:27.59	30-Jul-09	CAT- NJ	Rebecca Fleming at NJS/SAC LC JO's 2009
800 Free		9:10.76	29-Jul-10	CAT- NJ	Cailley Silbert at NJS/SAC LC JO's 2010
1500 Free		17:26.75	5-Aug-10	CAT- NJ	Regan S. Kology at 2010 Speedo Champions Series
50 Back		31.32	21-Mar-13	CAT- NJ	Andrea A. Galea at 2013 EZ North Region Speedo Champions Series
100 Back		1:07.04	21-Mar-13	CAT- NJ	Andrea A. Galea at 2013 EZ North Region Speedo Champions Series
200 Back		2:22.69	15-Feb-08	CAT- NJ	Danielle M. Romain at The Missouri Grand Prix 2008
50 Breast		37.09	24-Jun-22	CAT- NJ	Sonia I. Jagen at Sizzle XXX - Age Group Events
100 Breast		1:18.35	22-Jul-16	CAT- NJ	Liz Fenton at 2016 BAC SUMMER CHAMPS
200 Breast		2:48.98	23-Jul-15	CAT- NJ	Carlee S. Sanchez-Hegarty at 2015 NJ LC Junior Olympics

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13-14	50 Fly	32.17	28-Jun-08	CAT- NJ	Rebecca D. Butler at SUMMER SOLSTICE 2008	
	100 Fly	1:05.45	17-Jul-08	CAT- NJ	Lauren C. Buckworth at SPEEDO Champions Series - SZSS	
	200 Fly	2:24.15	13-Feb-09	CAT- NJ	Jade A. Hursch at The Missouri Grand Prix	
	200 IM	2:25.74	6-Aug-15	CAT- NJ	Victoria X. Li at LC Senior Zones Championship Meet	
	400 IM	5:08.73	2-Aug-12	CAT- NJ	Jordan F. Silbert at Super Sectional - Speedo Champs	
	200 Free Relay	1:57.10	24-Jun-16	CAT- NJ	Cougar Aquatic Team M. Smith, E. Fenton, M. Borowinski, B. Williams	
	400 Free Relay	4:09.79	26-Jul-12	CAT- NJ	Cougar Aquatic Team J. Silbert, J. Spinelli, A. Galea, K. Stearns	
	200 Medley Relay	2:09.13	24-Jun-16	CAT- NJ	Cougar Aquatic Team B. Williams, E. Fenton, I. Chen, M. Smith	
	400 Medley Relay	4:40.00	28-Jul-11	CAT- NJ	Cougar Aquatic Team A. Galea, J. Antiles, M. Heffernan, M. Smith	
15 & O	50 Free	26.30	12-Jul-07	CAT- NJ	Lauren A. English at 2007 Janet Evens Invitational	
	100 Free	57.92	5-Aug-13	CAT- NJ	Jessica R. Antiles at 2013 Speedo Junior National Swimming Champion	
	200 Free	2:03.84	5-Aug-13	CAT- NJ	Jessica R. Antiles at 2013 Speedo Junior National Swimming Champion	
	400 Free	4:19.66	30-Jul-14	CAT- NJ	Cailley Silbert at 2014 Speedo Junior National Championships	
	800 Free	8:48.50	5-Aug-13	CAT- NJ	Cailley Silbert at 2013 Speedo Junior National Swimming Champion	
	1500 Free	16:43.58	30-Jul-14	CAT- NJ	Cailley Silbert at 2014 Speedo Junior National Championships	
	50 Back	28.90	16-Feb-07	CAT- NJ	Lauren A. English at Missouri Grand Prix	
	100 Back	1:01.68	26-Aug-06	CAT- NJ	Lauren A. English at Pan Pacific 2006	
	200 Back	2:14.19	1-Aug-06	CAT- NJ	Lauren A. English at 2006 ConocoPhillips National Champships	
	50 Breast	35.42	27-Jul-22	CAT- NJ	Reagan K. Gilligan at 2022 RAFC Last Splash Invitational	
	100 Breast	1:13.18	30-Jul-14	CAT- NJ	Meaghan K. O'Donnell at 2014 Speedo Junior National Championships	
	200 Breast	2:38.55	25-May-13	CAT- NJ	Meaghan K. O'Donnell at Memorial Day	
	50 Fly	29.37	25-Jul-24	CAT- NJ	Lola P. Somerstein at 2024 RAFC Last Splash Invitational	
	100 Fly	1:02.56	30-Jul-09	CAT- NJ	Lauren C. Buckworth at NJS/SAC LC JO's 2009	
	200 Fly	2:17.54	24-May-14	CAT- NJ	Cailley Silbert at 2014 Memorial Day Invitational	
	200 IM	2:19.06	31-Jul-14	CAT- NJ	Jessica R. Antiles at 2014 Israel Summer Championships	
	400 IM	4:53.61	31-Jul-14	CAT- NJ	Jessica R. Antiles at 2014 Israel Summer Championships	
	Senior	200 Free Relay	1:51.49	17-Jul-08	CAT- NJ	Cougar Aquatic Team B. RAVETTINE, L. Buckworth, D. Romain, L. Kunnapas
		400 Free Relay	3:57.67	9-Aug-10	CAT- NJ	Cougar Aquatic Team D. Romain, L. Buckworth, R. Fleming, L. Kunnapas
		800 Free Relay	8:31.01	5-Aug-13	CAT- NJ	Cougar Aquatic Team J. Antiles, M. Smith, C. Silbert, R. Fleming
200 Medley Relay		2:02.21	26-Mar-15	CAT- NJ	Cougar Aquatic Team A. Galea, M. O'Donnell, L. Criqui, K. Stearns	
400 Medley Relay		4:26.28	6-Aug-09	CAT- NJ	Cougar Aquatic Team L. English, E. Thomson, L. Kunnapas, R. Fleming	

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RECORDS AGE GROUP RECORs

LC Meters-Men

8 & U	50 Free	35.64		28-Jul-06	CAT- NJ	Justin T. Dunn at NJJO06
	100 Free	1:20.22		28-Jul-06	CAT- NJ	Justin T. Dunn at NJJO06
	50 Back	42.44		28-Jul-06	CAT- NJ	Justin T. Dunn at NJJO06
	100 Back	1:31.94		28-Jul-06	CAT- NJ	Justin T. Dunn at NJJO06
	50 Breast	53.34		11-Jul-09	CAT- NJ	Andy Antiles at July Jubilee 2009
	100 Breast	1:54.07		11-Jul-09	CAT- NJ	Andy Antiles at July Jubilee 2009
	50 Fly	42.10		28-Jul-06	CAT- NJ	Justin T. Dunn at NJJO06
9-10	50 Free	31.00	*	7-Aug-19	CAT	Koji T. Sawa at 2019 VA Eastern Zone LC Championship
	50 Free	31.00	*	7-Aug-19	CAT- NJ	Koji T. Sawa at 2019 VA Eastern Zone LC Championship
	50 Free	31.00	*	7-Aug-19	CAT- NJ	Koji T. Sawa at 2019 VA Eastern Zone LC Championship
	100 Free	1:09.48	*	7-Aug-19	CAT- NJ	Koji T. Sawa at 2019 VA Eastern Zone LC Championship
	100 Free	1:09.48	*	7-Aug-19	CAT- NJ	Koji T. Sawa at 2019 VA Eastern Zone LC Championship
	100 Free	1:09.48	*	7-Aug-19	CAT- NJ	Koji T. Sawa at 2019 VA Eastern Zone LC Championship
	200 Free	2:40.24		28-Jul-11	CAT- NJ	Patrick J. Flint at NJS/SAC LC JO's 2011
	400 Free	5:29.07		10-Jul-11	CAT- NJ	Patrick J. Flint at SUNDAY MEET OF XCELLENCE
	50 Back	35.89		13-Jun-15	UNCAT- NJ	Roman P. Jones at 2015 Summer Solstice
	100 Back	1:20.15		26-Jun-15	UNCAT- NJ	Roman P. Jones at Jeffrey S Mace Memorial Summer Sizzle XXV
	50 Breast	40.47	*	7-Aug-19	CAT- NJ	Koji T. Sawa at 2019 VA Eastern Zone LC Championship
	50 Breast	40.47	*	7-Aug-19	CAT- NJ	Koji T. Sawa at 2019 VA Eastern Zone LC Championship
	100 Breast	1:28.97	*	7-Aug-19	CAT- NJ	Koji T. Sawa at 2019 VA Eastern Zone LC Championship
	100 Breast	1:28.97	*	7-Aug-19	CAT- NJ	Koji T. Sawa at 2019 VA Eastern Zone LC Championship
	50 Fly	33.76		23-Jul-15	CAT- NJ	Roman P. Jones at 2015 NJ LC Junior Olympics
	100 Fly	1:14.16		13-Jun-15	UNCAT- NJ	Roman P. Jones at 2015 Summer Solstice
	200 IM	2:53.81	*	25-Jul-19	CAT- NJ	Koji T. Sawa at 2019 NJ LC Junior Olympics
	200 IM	2:53.81	*	25-Jul-19	CAT- NJ	Koji T. Sawa at 2019 NJ LC Junior Olympics
	200 Free Relay	2:13.66		24-Jul-14	CAT- NJ	Cougar Aquatic Team A. Petroff, M. Gutierrez, K. Miklaszewski, J. Ybur
	200 Medley Relay	2:36.09		24-Jul-14	CAT- NJ	Cougar Aquatic Team A. Petroff, M. Gutierrez, J. Yburan, K. Miklaszewski
11-12	50 Free	27.31	*	7-Aug-19	CAT- NJ	Karl A. Burghardt at 2019 VA Eastern Zone LC Championship
	50 Free	27.31	*	7-Aug-19	CAT- NJ	Karl A. Burghardt at 2019 VA Eastern Zone LC Championship
	50 Free	27.31	*	7-Aug-19	CAT- NJ	Karl A. Burghardt at 2019 VA Eastern Zone LC Championship
	100 Free	59.72		26-Jul-12	CAT- NJ	Nicholas R. Lehman at NJS/SAC LC JO's 2012
	200 Free	2:11.41		26-Jul-12	CAT- NJ	Nicholas R. Lehman at NJS/SAC LC JO's 2012
	400 Free	4:39.90		27-May-17	CAT- NJ	Thomas L. Blair at 2017 BAC Memorial Day Invitational
	800 Free	9:49.06		26-Jul-12	CAT- NJ	Nicholas R. Lehman at NJS/SAC LC JO's 2012
	1500 Free	18:47.42		26-Jul-12	CAT- NJ	Nicholas R Lehman at NJS/SAC LC JO's 2012
	50 Back	30.04	*	7-Aug-19	CAT- NJ	Karl A. Burghardt at 2019 VA Eastern Zone LC Championship
	50 Back	30.04	*	7-Aug-19	CAT- NJ	Karl A. Burghardt at 2019 VA Eastern Zone LC Championship
	100 Back	1:06.04	*	7-Aug-19	CAT- NJ	Karl A. Burghardt at 2019 VA Eastern Zone LC Championship
	100 Back	1:06.04	*	7-Aug-19	CAT- NJ	Karl A. Burghardt at 2019 VA Eastern Zone LC Championship
	200 Back	2:27.41	*	7-Aug-19	CAT- NJ	Karl A. Burghardt at 2019 VA Eastern Zone LC Championship
	200 Back	2:27.41	*	7-Aug-19	CAT- NJ	Karl A. Burghardt at 2019 VA Eastern Zone LC Championship
	50 Breast	35.46		24-Jun-16	CAT- NJ	Jaeden M. Yburan at Jeffrey S Mace Memorial Summer Sizzle XXVI
	100 Breast	1:18.22		4-Aug-21	CAT- NJ	Koji T. Sawa at 2021 VA Eastern Zone LC Championship Play
	200 Breast	2:57.49		11-Jul-21	CAT- NJ	Koji T. Sawa at 12 & Under Hustle
	50 Fly	29.33		28-Jul-16	CAT- NJ	Jaeden M. Yburan at 2016 NJ LC Junior Olympics
	100 Fly	1:04.39		28-Jul-16	CAT- NJ	Jaeden M. Yburan at 2016 NJ LC Junior Olympics
	200 Fly	2:29.10		25-Jul-13	CAT- NJ	Roo Fenton at 2013 NJ LC Junior Olympics
	200 IM	2:26.06		28-Jul-16	CAT- NJ	Jaeden M. Yburan at 2016 NJ LC Junior Olympics

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RECORDS AGE GROUP RECORS

11-12	400 IM	5:12.86	28-Jul-16	CAT- NJ	Jaeden M. Yburan at 2016 NJ LC Junior Olympics	
	200 Free Relay	1:53.57	28-Jul-16	CAT- NJ	Cougar Aquatic Team T. Blair, K. Whitworth, A. Petroff, J. Yburan	
	200 Medley Relay	2:12.91	24-Jun-16	CAT- NJ	Cougar Aquatic Team K. Whitworth, J. Yburan, A. Petroff, M. Gutierrez	
13-14	50 Free	24.86	25-Jul-24	CAT- NJ	Bryan Dos Santos at 2024 RAFC Last Splash Invitational	
	100 Free	55.34	24-Jul-14	CAT- NJ	Zachary D. Valenzuela at 2014 NJ LC Junior Olympics	
	200 Free	2:00.80	24-Jul-14	CAT- NJ	Nicholas R. Lehman at 2014 NJ LC Junior Olympics	
	400 Free	4:13.01	24-Jul-14	CAT- NJ	Nicholas R. Lehman at 2014 NJ LC Junior Olympics	
	800 Free	8:54.41	24-Jul-14	CAT- NJ	Nicholas R. Lehman at 2014 NJ LC Junior Olympics	
	1500 Free	17:17.66	21-Jun-14	CAT- NJ	Nicholas R. Lehman at 2014 LIAC Summer Fun Invitational	
	50 Back	29.29	29-Jun-18	CAT- NJ	Jaeden Yburan at Jeffrey S Mace Memorial Summer Sizzle XXVIII	
	100 Back	1:00.47	2-Aug-18	CAT- NJ	Jaeden Yburan at 2018 LC Senior Zone Championships	
	200 Back	2:14.98	2-Aug-18	CAT- NJ	Jaeden Yburan at 2018 LC Senior Zone Championships	
	50 Breast	32.83	25-Jul-24	CAT- NJ	Bryan Dos Santos at 2024 RAFC Last Splash Invitational	
	100 Breast	1:12.73	27-Jun-14	CAT- NJ	Joseph T. Scerbo at Jeffrey S Mace Memorial Summer Sizzle 2014	
	200 Breast	2:35.05	27-Jun-14	CAT- NJ	Joseph T. Scerbo at Jeffrey S Mace Memorial Summer Sizzle 2014	
	50 Fly	26.65	25-Jul-24	CAT- NJ	Bryan Dos Santos at 2024 RAFC Last Splash Invitational	
	100 Fly	1:00.89	2-Aug-18	CAT- NJ	Jaeden Yburan at 2018 LC Senior Zone Championships	
	200 Fly	2:17.99	24-Jul-14	CAT- NJ	Nicholas R. Lehman at 2014 NJ LC Junior Olympics	
	200 IM	2:15.94	24-Jul-14	CAT- NJ	Zachary D. Valenzuela at 2014 NJ LC Junior Olympics	
	400 IM	4:54.25	24-Jul-14	CAT- NJ	Zachary D. Valenzuela at 2014 NJ LC Junior Olympics	
	200 Free Relay	1:47.09	24-Jun-22	CAT- NJ	Cougar Aquatic Team M. Czerwinski, L. Fount, M. Suarez, O. Oshodi	
	400 Free Relay	3:57.77	24-Jul-14	CAT- NJ	Cougar Aquatic Team N. Lehman, A. Wang, A. Fenton, Z. Valenzuela	
	200 Medley Relay	2:00.22	24-Jun-22	CAT- NJ	Cougar Aquatic Team L. Fount, A. Glasman, O. Oshodi, M. Suarez	
	400 Medley Relay	4:23.18	24-Jul-14	CAT- NJ	Cougar Aquatic Team A. Wang, Z. Valenzuela, A. Fenton, N. Lehman	
	15 & O	50 Free	23.52	27-Jul-22	CAT- NJ	Jack DeVilbiss at 2022 RAFC Last Splash Invitational
		100 Free	52.63	28-Jul-11	CAT- NJ	Derek J. Hursch at NJS/SAC LC JO's 2011
200 Free		1:53.91	9-Aug-10	CAT- NJ	Derek J. Hursch at 2010 Speedo Junior National Championships	
400 Free		4:05.65	30-Jul-09	CAT- NJ	Derek J. Hursch at NJS/SAC LC JO's 2009	
800 Free		8:23.00	30-Jul-09	CAT- NJ	Derek J. Hursch at NJS/SAC LC JO's 2009	
1500 Free		16:22.93	24-Jun-16	CAT- NJ	Chris M. Balbo at Jeffrey S Mace Memorial Summer Sizzle XXVI	
50 Back		27.80	27-Jul-22	CAT- NJ	Kevin D. Whitworth at 2022 RAFC Last Splash Invitational	
100 Back		57.60	28-Jul-11	CAT- NJ	Michael N. Strand at NJS/SAC LC JO's 2011	
200 Back		2:05.35	2-Aug-11	CAT- NJ	Jeffrey F. Gomez at 2011 ConocoPhillips National Championships	
50 Breast		29.86	10-May-12	CAT- NJ	Nicolas K. Fink at 2012 NC Charlotte UltraSwim	
100 Breast		59.93	3-Jun-16	CAT- NJ	Nicolas K. Fink at 2016 ArenaPro Swim Series Indianapolis-CAP RE	
200 Breast		2:09.89	3-Jun-16	CAT- NJ	Nicolas K. Fink at 2016 ArenaPro Swim Series Indianapolis-CAP RE	
50 Fly		26.31	16-Feb-07	CAT- NJ	Charley Wang at Missouri Grand Prix	
100 Fly		56.77	26-Jul-12	CAT- NJ	Michael N. Strand at NJS/SAC LC JO's 2012	
200 Fly		2:05.60	4-Aug-16	CAT- NJ	Chris M. Balbo at 2016 USA Swimming Futures Championships UMD	
200 IM		2:03.69	25-Jun-12	CAT- NJ	Nicolas K. Fink at Olympic Trials	
400 IM		4:29.38	4-Aug-16	CAT- NJ	Chris M. Balbo at 2016 USA Swimming Futures Championships UMD	
Senior		200 Free Relay	1:35.98	25-Jul-24	CAT- NJ	Cougar Aquatic Team M. Piacentini, A. Buftea Jimenez, B. Dos Santos, K
		400 Free Relay	3:35.37	29-Jul-10	CAT- NJ	Cougar Aquatic Team N. Fink, C. Fleming, J. Gomez, D. Hursch
		800 Free Relay	7:43.35	13-Aug-12	CAT- NJ	Cougar Aquatic Team
	200 Medley Relay	1:49.00	27-Jul-22	CAT- NJ	Cougar Aquatic Team K. Whitworth, E. Muldoon, B. White, J. DeVilbiss	
	400 Medley Relay	3:58.48	1-Aug-19	CAT- NJ	Cougar Aquatic Team J. Yburan, E. Wang, B. White, P. Flint	