

## COUGAR AQUATIC TEAM

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### Individual Meet Results

Heart of Gold 2020 09-Feb-20 Yards

Location: Lyndhurst High School

Cougar Aquatic Team [CAT-NJ] Coach: Eric Harse

Time	F/P/S	Event	Place	Points	Improv
<b>Hayden Abfier (13) M</b>					
2:47.85Y	F # 24	Men 14 & Under 200 IM	24	---	-1.47
	35.94	1:18.40 2:10.36 2:47.85			
	(35.94)	(42.46) (51.96) (37.49)			
2:45.07Y	F # 30	Men 14 & Under 200 Back	19	---	-14.46
	---	--- --- 2:45.07			
	---	--- (2:45.07)			
2:26.51Y	F # 32	Men 14 & Under 200 Free	23	---	0.79
	33.60	1:11.30 1:49.64 2:26.51			
	(33.60)	(37.70) (38.34) (36.87)			
<b>Thea Baldevarona (10) W</b>					
32.12Y	F # 7	Women 10 & Under 50 Free	3	---	1.13
34.45Y	F # 19	Women 10 & Under 50 Fly	3	---	-0.41
1:16.91Y	F # 21	Women 10 & Under 100 IM	1	---	0.52
	36.01	1:16.91			
	(36.01)	(40.90)			
<b>Maria Basinger (13) W</b>					
2:43.75Y	F # 23	Women 14 & Under 200 IM	18	---	1.61
	36.27	1:22.08 2:06.14 2:43.75			
	(36.27)	(45.81) (44.06) (37.61)			
2:59.56Y	F # 25	Women 14 & Under 200 Breast	12	---	4.66
	40.50	1:25.93 2:13.47 2:59.56			
	(40.50)	(45.43) (47.54) (46.09)			
DQ	F # 29	Women 14 & Under 200 Back	---	---	---
<b>Ethan Bogle (10) M</b>					
34.55Y	F # 8	Men 10 & Under 50 Free	8	---	-1.64
44.59Y	F # 12	Men 10 & Under 50 Back	20	---	-4.48
46.32Y	F # 20	Men 10 & Under 50 Fly	13	---	0.49
<b>Liam Casey (11) M</b>					
3:22.49Y	F # 24	Men 14 & Under 200 IM	35	---	---
	1:39.02	2:37.38 3:22.61 3:22.49			
	(1:39.02)	(58.36) (45.23) (.12)			
3:10.06Y	F # 32	Men 14 & Under 200 Free	43	---	---
	41.84	1:32.81 2:24.91 3:10.06			
	(41.84)	(50.97) (52.10) (45.15)			
<b>Cole Desiderio (10) M</b>					
38.53Y	F # 12	Men 10 & Under 50 Back	4	---	-0.05
37.34Y	F # 20	Men 10 & Under 50 Fly	3	---	-1.61
1:20.73Y	F # 22	Men 10 & Under 100 IM	2	---	-1.33
	40.11	1:20.73			
	(40.11)	(40.62)			

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Time	F/P/S	Event	Place	Points	Improv
<b>Kasey Desiderio (12) W</b>					
2:37.23Y	F # 23	Women 14 & Under 200 IM	10	---	3.40
	34.93	1:13.88 2:01.87 2:37.23			
	(34.93)	(38.95) (47.99) (35.36)			
2:46.36Y	F # 27	Women 14 & Under 200 Fly	12	---	---
	36.58	1:19.51 2:02.81 2:46.36			
	(36.58)	(42.93) (43.30) (43.55)			
<b>Mia Dungo (12) W</b>					
2:50.99Y	F # 25	Women 14 & Under 200 Breast	5	---	-2.53
	38.92	1:23.24 2:06.74 2:50.99			
	(38.92)	(44.32) (43.50) (44.25)			
2:37.50Y	F # 29	Women 14 & Under 200 Back	18	---	-0.62
	37.78	1:17.85 1:58.36 2:37.50			
	(37.78)	(40.07) (40.51) (39.14)			
2:24.32Y	F # 31	Women 14 & Under 200 Free	20	---	---
	32.03	1:08.64 1:46.62 2:24.32			
	(32.03)	(36.61) (37.98) (37.70)			
<b>Riley Espailat (9) W</b>					
38.22Y	F # 7	Women 10 & Under 50 Free	21	---	1.18
44.06Y	F # 11	Women 10 & Under 50 Back	14	---	1.78
45.19Y	F # 19	Women 10 & Under 50 Fly	15	---	1.04
<b>Hannah Ewing (13) W</b>					
2:28.26Y	F # 23	Women 14 & Under 200 IM	3	---	-5.68
	33.13	1:10.69 1:55.22 2:28.26			
	(33.13)	(37.56) (44.53) (33.04)			
2:26.08Y	F # 29	Women 14 & Under 200 Back	8	---	-4.61
	34.48	1:11.23 1:48.88 2:26.08			
	(34.48)	(36.75) (37.65) (37.20)			
2:10.39Y	F # 31	Women 14 & Under 200 Free	7	---	-1.98
	30.07	1:03.66 1:37.60 2:10.39			
	(30.07)	(33.59) (33.94) (32.79)			
<b>Aidan Fong (12) M</b>					
2:32.09Y	F # 24	Men 14 & Under 200 IM	9	---	-4.07
	33.10	1:12.99 1:58.82 2:32.09			
	(33.10)	(39.89) (45.83) (33.27)			
2:37.77Y	F # 28	Men 14 & Under 200 Fly	12	---	-12.56
	34.23	1:14.35 1:56.84 2:37.77			
	(34.23)	(40.12) (42.49) (40.93)			
2:12.78Y	F # 32	Men 14 & Under 200 Free	9	---	0.99
	29.59	1:03.32 1:38.51 2:12.78			
	(29.59)	(33.73) (35.19) (34.27)			

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Cougar Aquatic Team [CAT-NJ] Coach: Eric Harse

Time	F/P/S	Event	Place	Points	Improv
<b>Adelaide Fuller (11) W</b>					
3:35.22Y	F # 23	Women 14 & Under 200 IM	49	---	-4.70
	53.92	1:47.11 2:46.04 3:35.22			
	(53.92)	(53.19) (58.93) (49.18)			
3:43.29Y	F # 25	Women 14 & Under 200 Breast	25	---	---
	51.15	1:49.48 2:47.09 3:43.29			
	(51.15)	(58.33) (57.61) (56.20)			
3:15.65Y	F # 31	Women 14 & Under 200 Free	59	---	-2.31
	42.70	1:33.75 2:26.15 3:15.65			
	(42.70)	(51.05) (52.40) (49.50)			
<b>Emily Furman (9) W</b>					
45.80Y	F # 11	Women 10 & Under 50 Back	17	---	-0.34
51.38Y	F # 15	Women 10 & Under 50 Breast	14	---	1.19
1:45.79Y	F # 21	Women 10 & Under 100 IM	13	---	1.30
	52.50	1:45.79			
	(52.50)	(53.29)			
<b>Luke Gardner (12) M</b>					
2:50.12Y	F # 24	Men 14 & Under 200 IM	26	---	-1.17
	40.16	1:23.66 2:13.22 2:50.12			
	(40.16)	(43.50) (49.56) (36.90)			
3:18.55Y	F # 26	Men 14 & Under 200 Breast	27	---	---
	44.69	1:36.55 2:30.01 3:18.55			
	(44.69)	(51.86) (53.46) (48.54)			
2:28.03Y	F # 32	Men 14 & Under 200 Free	26	---	2.32
	33.75	1:12.27 1:50.77 2:28.03			
	(33.75)	(38.52) (38.50) (37.26)			
<b>Julia Gargiulo (10) W</b>					
44.93Y	F # 11	Women 10 & Under 50 Back	15	---	-0.74
54.28Y	F # 15	Women 10 & Under 50 Breast	17	---	1.74
1:44.93Y	F # 21	Women 10 & Under 100 IM	12	---	3.87
	50.86	1:44.93			
	(50.86)	(54.07)			
<b>Keira Gilligan (12) W</b>					
2:34.37Y	F # 23	Women 14 & Under 200 IM	8	---	-8.03
	34.74	1:14.46 1:58.75 2:34.37			
	(34.74)	(39.72) (44.29) (35.62)			
2:28.33Y	F # 29	Women 14 & Under 200 Back	10	---	-2.14
	34.65	1:12.32 1:50.89 2:28.33			
	(34.65)	(37.67) (38.57) (37.44)			
2:21.78Y	F # 31	Women 14 & Under 200 Free	15	---	-1.79
	31.80	1:08.01 1:45.84 2:21.78			
	(31.80)	(36.21) (37.83) (35.94)			

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Time	F/P/S	Event	Place	Points	Improv
<b>Reagan Gilligan (12) W</b>					
2:38.42Y	F # 27	Women 14 & Under 200 Fly	9	---	---
	33.35	1:12.81 1:55.68 2:38.42			
	(33.35)	(39.46) (42.87) (42.74)			
2:11.42Y	F # 31	Women 14 & Under 200 Free	9	---	-5.60
	29.75	1:03.15 1:38.01 2:11.42			
	(29.75)	(33.40) (34.86) (33.41)			
<b>Henry Goodwin (12) M</b>					
2:45.80Y	F # 24	Men 14 & Under 200 IM	19	---	0.84
	35.72	1:21.85 2:12.02 2:45.80			
	(35.72)	(46.13) (50.17) (33.78)			
2:45.64Y	F # 30	Men 14 & Under 200 Back	20	---	---
	38.87	1:21.75 2:05.53 2:45.64			
	(38.87)	(42.88) (43.78) (40.11)			
2:19.41Y	F # 32	Men 14 & Under 200 Free	15	---	0.21
	32.35	1:08.28 1:44.91 2:19.41			
	(32.35)	(35.93) (36.63) (34.50)			
<b>Maya Gutierrez (13) W</b>					
2:36.55Y	F # 23	Women 14 & Under 200 IM	9	---	-0.31
	34.69	1:13.14 2:00.91 2:36.55			
	(34.69)	(38.45) (47.77) (35.64)			
2:31.06Y	F # 29	Women 14 & Under 200 Back	11	---	-2.52
	36.13	1:14.33 1:53.25 2:31.06			
	(36.13)	(38.20) (38.92) (37.81)			
2:20.79Y	F # 31	Women 14 & Under 200 Free	14	---	0.13
	32.01	1:08.69 1:46.47 2:20.79			
	(32.01)	(36.68) (37.78) (34.32)			
<b>Jordan Hall (10) W</b>					
36.26Y	F # 7	Women 10 & Under 50 Free	14	---	0.71
43.01Y	F # 11	Women 10 & Under 50 Back	9	---	-0.98
44.18Y	F # 19	Women 10 & Under 50 Fly	14	---	-0.72
<b>Julia Hames (11) W</b>					
3:06.09Y	F # 23	Women 14 & Under 200 IM	39	---	-1.18
	40.02	1:25.34 2:24.98 3:06.09			
	(40.02)	(45.32) (59.64) (41.11)			
2:55.59Y	F # 29	Women 14 & Under 200 Back	30	---	---
	41.70	1:26.62 2:11.76 2:55.59			
	(41.70)	(44.92) (45.14) (43.83)			
2:44.71Y	F # 31	Women 14 & Under 200 Free	49	---	-2.37
	35.10	1:16.23 1:57.57 2:44.71			
	(35.10)	(41.13) (41.34) (47.14)			

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<b>Annette Hickey (11) W</b>					
3:06.34Y	F # 23	Women 14 & Under 200 IM	40	---	-8.04
	38.72	1:26.15 2:22.49 3:06.34			
	(38.72)	(47.43) (56.34) (43.85)			
3:08.35Y	F # 29	Women 14 & Under 200 Back	34	---	---
	44.99	1:33.05 2:21.00 3:08.35			
	(44.99)	(48.06) (47.95) (47.35)			
NS	F # 31	Women 14 & Under 200 Free	---	---	---
<b>Katelyn Imbesi (11) W</b>					
3:07.45Y	F # 23	Women 14 & Under 200 IM	41	---	-2.76
	44.91	1:30.67 2:26.61 3:07.45			
	(44.91)	(45.76) (55.94) (40.84)			
3:34.39Y	F # 25	Women 14 & Under 200 Breast	23	---	---
	50.47	1:45.85 2:42.05 3:34.39			
	(50.47)	(55.38) (56.20) (52.34)			
3:00.53Y	F # 31	Women 14 & Under 200 Free	55	---	-1.31
	40.60	1:28.72 2:18.24 3:00.53			
	(40.60)	(48.12) (49.52) (42.29)			
<b>Sonia Jagen (11) W</b>					
2:59.00Y	F # 23	Women 14 & Under 200 IM	36	---	-1.97
	41.00	1:24.53 2:19.00 2:59.00			
	(41.00)	(43.53) (54.47) (40.00)			
3:17.99Y	F # 25	Women 14 & Under 200 Breast	21	---	---
	42.98	1:34.57 2:27.49 3:17.99			
	(42.98)	(51.59) (52.92) (50.50)			
2:37.39Y	F # 31	Women 14 & Under 200 Free	39	---	-6.32
	33.21	1:12.33 1:55.53 2:37.39			
	(33.21)	(39.12) (43.20) (41.86)			
<b>Svea Knagge (9) W</b>					
38.87Y	F # 7	Women 10 & Under 50 Free	22	---	1.89
41.63Y	F # 11	Women 10 & Under 50 Back	8	---	0.83
50.18Y	F # 15	Women 10 & Under 50 Breast	11	---	0.39
<b>Lucas Kopp (14) M</b>					
3:01.07Y	F # 26	Men 14 & Under 200 Breast	16	---	0.39
	39.48	1:26.92 2:16.32 3:01.07			
	(39.48)	(47.44) (49.40) (44.75)			
2:49.45Y	F # 28	Men 14 & Under 200 Fly	16	---	-14.83
	34.00	1:17.32 2:04.86 2:49.45			
	(34.00)	(43.32) (47.54) (44.59)			
NS	F # 30	Men 14 & Under 200 Back	---	---	---

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Time	F/P/S	Event	Place	Points	Improv
<b>Riley Kopp (12) W</b>					
2:53.55Y	F # 23	Women 14 & Under 200 IM	30	---	1.78
	42.09	1:25.57 2:15.69 2:53.55			
	(42.09)	(43.48) (50.12) (37.86)			
3:12.74Y	F # 25	Women 14 & Under 200 Breast	20	---	---
	43.98	1:35.04 2:24.43 3:12.74			
	(43.98)	(51.06) (49.39) (48.31)			
NS	F # 31	Women 14 & Under 200 Free	---	---	---
<b>Tessa Kunkel (13) W</b>					
2:50.81Y	F # 23	Women 14 & Under 200 IM	27	---	5.08
	37.33	1:21.21 2:13.52 2:50.81			
	(37.33)	(43.88) (52.31) (37.29)			
2:44.83Y	F # 29	Women 14 & Under 200 Back	22	---	-6.01
	39.29	1:22.11 2:04.74 2:44.83			
	(39.29)	(42.82) (42.63) (40.09)			
2:28.40Y	F # 31	Women 14 & Under 200 Free	26	---	5.24
	34.26	1:12.54 1:51.36 2:28.40			
	(34.26)	(38.28) (38.82) (37.04)			
<b>Leticia Laynez (12) W</b>					
2:36.49Y	F # 25	Women 14 & Under 200 Breast	2	---	5.04
	35.08	1:13.92 1:54.29 2:36.49			
	(35.08)	(38.84) (40.37) (42.20)			
2:23.95Y	F # 27	Women 14 & Under 200 Fly	4	---	1.90
	32.18	1:07.91 1:46.54 2:23.95			
	(32.18)	(35.73) (38.63) (37.41)			
2:19.29Y	F # 29	Women 14 & Under 200 Back	5	---	-2.84
	32.91	1:07.60 1:42.96 2:19.29			
	(32.91)	(34.69) (35.36) (36.33)			
<b>George Leas (9) M</b>					
36.35Y	F # 8	Men 10 & Under 50 Free	20	---	0.22
43.13Y	F # 12	Men 10 & Under 50 Back	18	---	-0.60
51.12Y	F # 16	Men 10 & Under 50 Breast	11	---	0.83
<b>Jamie Leas (13) W</b>					
2:43.24Y	F # 23	Women 14 & Under 200 IM	16	---	7.13
	32.94	1:14.05 2:05.08 2:43.24			
	(32.94)	(41.11) (51.03) (38.16)			
2:36.35Y	F # 29	Women 14 & Under 200 Back	16	---	0.23
	36.31	1:15.77 1:56.65 2:36.35			
	(36.31)	(39.46) (40.88) (39.70)			
2:26.55Y	F # 31	Women 14 & Under 200 Free	24	---	6.90
	31.81	1:09.24 1:48.03 2:26.55			
	(31.81)	(37.43) (38.79) (38.52)			

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<b>Ella Lepis (13) W</b>					
2:28.84Y	F # 23	Women 14 & Under 200 IM	5	---	-0.66
	33.36	1:11.60 1:55.22 2:28.84			
	(33.36)	(38.24) (43.62) (33.62)			
2:52.08Y	F # 25	Women 14 & Under 200 Breast	6	---	6.12
	39.15	1:23.24 2:08.35 2:52.08			
	(39.15)	(44.09) (45.11) (43.73)			
2:10.30Y	F # 31	Women 14 & Under 200 Free	6	---	-1.75
	30.25	1:03.23 1:37.42 2:10.30			
	(30.25)	(32.98) (34.19) (32.88)			
<b>Ashlyn Levy (10) W</b>					
3:02.88Y	F # 3	Women 10 & Under 200 IM	5	---	-1.21
	44.49	1:29.78 2:24.03 3:02.88			
	(44.49)	(45.29) (54.25) (38.85)			
38.92Y	F # 11	Women 10 & Under 50 Back	4	---	-0.21
40.29Y	F # 19	Women 10 & Under 50 Fly	10	---	-0.60
<b>Alex Makovsky (12) M</b>					
2:33.32Y	F # 30	Men 14 & Under 200 Back	9	---	---
	37.41	1:15.82 1:55.08 2:33.32			
	(37.41)	(38.41) (39.26) (38.24)			
2:15.85Y	F # 32	Men 14 & Under 200 Free	13	---	0.09
	30.78	1:05.44 1:40.69 2:15.85			
	(30.78)	(34.66) (35.25) (35.16)			
<b>Gracie Masella (12) W</b>					
2:30.48Y	F # 23	Women 14 & Under 200 IM	6	---	1.49
	32.49	1:12.16 1:54.51 2:30.48			
	(32.49)	(39.67) (42.35) (35.97)			
2:44.71Y	F # 27	Women 14 & Under 200 Fly	10	---	---
	33.84	1:15.67 2:00.21 2:44.71			
	(33.84)	(41.83) (44.54) (44.50)			
2:15.86Y	F # 31	Women 14 & Under 200 Free	10	---	-3.24
	30.86	1:05.31 1:41.46 2:15.86			
	(30.86)	(34.45) (36.15) (34.40)			
<b>Simon Maza (11) M</b>					
3:52.96Y DQ	F # 24	Men 14 & Under 200 IM	---	---	---
	52.07	1:52.36 3:07.64 3:52.96			
	(52.07)	(1:00.29) (1:15.28) (45.32)			
3:17.54Y	F # 32	Men 14 & Under 200 Free	44	---	-3.49
	45.64	1:38.33 2:29.76 3:17.54			
	(45.64)	(52.69) (51.43) (47.78)			

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Time	F/P/S	Event	Place	Points	Improv
<b>Shannon McGowan (11) W</b>					
2:32.91Y	F # 23	Women 14 & Under 200 IM	7	---	-8.40
	33.84	1:11.66 1:58.85 2:32.91			
	(33.84)	(37.82) (47.19) (34.06)			
2:33.21Y	F # 29	Women 14 & Under 200 Back	13	---	-4.12
	34.82	1:13.21 1:53.42 2:33.21			
	(34.82)	(38.39) (40.21) (39.79)			
2:16.36Y	F # 31	Women 14 & Under 200 Free	11	---	-2.13
	30.59	1:04.82 1:41.12 2:16.36			
	(30.59)	(34.23) (36.30) (35.24)			
<b>Daniel Murray (11) M</b>					
3:33.05Y	F # 24	Men 14 & Under 200 IM	36	---	---
	59.52	1:46.73 2:50.50 3:33.05			
	(59.52)	(47.21) (1:03.77) (42.55)			
3:13.30Y	F # 30	Men 14 & Under 200 Back	31	---	---
	46.91	1:35.77 2:26.66 3:13.30			
	(46.91)	(48.86) (50.89) (46.64)			
NS	F # 32	Men 14 & Under 200 Free	---	---	---
<b>Nicola Murungi (13) W</b>					
DQ	F # 23	Women 14 & Under 200 IM	---	---	---
NS	F # 25	Women 14 & Under 200 Breast	---	---	---
NS	F # 31	Women 14 & Under 200 Free	---	---	---
<b>Max Pearson (12) M</b>					
3:06.99Y	F # 26	Men 14 & Under 200 Breast	24	---	---
	42.03	1:29.73 2:18.27 3:06.99			
	(42.03)	(47.70) (48.54) (48.72)			
2:33.79Y	F # 32	Men 14 & Under 200 Free	34	---	-9.27
	34.68	1:13.65 1:53.74 2:33.79			
	(34.68)	(38.97) (40.09) (40.05)			
<b>Ashley Peng (12) W</b>					
2:33.96Y	F # 29	Women 14 & Under 200 Back	14	---	---
	34.91	1:14.11 1:54.95 2:33.96			
	(34.91)	(39.20) (40.84) (39.01)			
2:31.68Y	F # 31	Women 14 & Under 200 Free	32	---	-8.17
	33.75	1:12.80 1:53.66 2:31.68			
	(33.75)	(39.05) (40.86) (38.02)			



## COUGAR AQUATIC TEAM

### Individual Meet Results

Heart of Gold 2020 09-Feb-20 Yards

Location: Lyndhurst High School

Cougar Aquatic Team [CAT-NJ] Coach: Eric Harse

Time	F/P/S	Event	Place	Points	Improv
<b>Kyle Phillips (12) M</b>					
2:55.31Y	F # 26	Men 14 & Under 200 Breast	13	---	-17.79
	36.93	1:20.92 2:09.94 2:55.31			
	(36.93)	(43.99) (49.02) (45.37)			
2:35.80Y	F # 30	Men 14 & Under 200 Back	12	---	-9.01
	36.98	1:17.07 1:57.28 2:35.80			
	(36.98)	(40.09) (40.21) (38.52)			
2:15.17Y	F # 32	Men 14 & Under 200 Free	12	---	-0.88
	29.67	1:03.32 1:38.70 2:15.17			
	(29.67)	(33.65) (35.38) (36.47)			
<b>Lily Phillips (11) W</b>					
3:13.27Y	F # 23	Women 14 & Under 200 IM	46	---	-11.44
	47.53	1:36.60 2:31.98 3:13.27			
	(47.53)	(49.07) (55.38) (41.29)			
3:39.64Y	F # 25	Women 14 & Under 200 Breast	24	---	---
	49.65	1:47.21 2:43.98 3:39.64			
	(49.65)	(57.56) (56.77) (55.66)			
2:51.14Y	F # 31	Women 14 & Under 200 Free	53	---	-4.70
	38.84	1:23.34 2:09.38 2:51.14			
	(38.84)	(44.50) (46.04) (41.76)			
<b>Ahalya Raghavan (12) W</b>					
2:54.95Y	F # 23	Women 14 & Under 200 IM	31	---	-5.57
	41.18	1:25.83 2:15.53 2:54.95			
	(41.18)	(44.65) (49.70) (39.42)			
3:11.49Y	F # 25	Women 14 & Under 200 Breast	19	---	---
	43.70	1:32.50 2:22.53 3:11.49			
	(43.70)	(48.80) (50.03) (48.96)			
2:37.49Y	F # 31	Women 14 & Under 200 Free	40	---	-7.94
	35.13	1:15.84 1:57.86 2:37.49			
	(35.13)	(40.71) (42.02) (39.63)			
<b>Natalia Ramos (13) W</b>					
2:49.87Y	F # 23	Women 14 & Under 200 IM	25	---	-0.68
	37.96	1:21.88 2:12.09 2:49.87			
	(37.96)	(43.92) (50.21) (37.78)			
3:09.71Y	F # 25	Women 14 & Under 200 Breast	17	---	-7.42
	43.39	1:32.88 2:22.13 3:09.71			
	(43.39)	(49.49) (49.25) (47.58)			
2:55.37Y	F # 29	Women 14 & Under 200 Back	29	---	-11.80
	42.07	1:27.14 2:12.90 2:55.37			
	(42.07)	(45.07) (45.76) (42.47)			
2:38.98Y	F # 31	Women 14 & Under 200 Free	43	---	-0.46
	35.65	1:17.00 1:59.19 2:38.98			
	(35.65)	(41.35) (42.19) (39.79)			

## COUGAR AQUATIC TEAM

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Time	F/P/S	Event	Place	Points	Improv
<b>Vivianna Ramos (11) W</b>					
2:45.21Y	F # 23	Women 14 & Under 200 IM	19	---	-6.59
	38.53	1:21.06 2:06.70 2:45.21			
	(38.53)	(42.53) (45.64) (38.51)			
3:05.54Y	F # 25	Women 14 & Under 200 Breast	14	---	---
	41.87	1:30.17 2:16.44 3:05.54			
	(41.87)	(48.30) (46.27) (49.10)			
2:36.47Y	F # 31	Women 14 & Under 200 Free	36	---	---
	36.30	1:17.57 1:59.09 2:36.47			
	(36.30)	(41.27) (41.52) (37.38)			
<b>Maximo Rivera (9) M</b>					
34.68Y	F # 8	Men 10 & Under 50 Free	10	---	0.53
40.97Y	F # 12	Men 10 & Under 50 Back	10	---	0.20
39.61Y	F # 20	Men 10 & Under 50 Fly	6	---	0.10
<b>John Sagui (12) M</b>					
2:55.71Y	F # 26	Men 14 & Under 200 Breast	14	---	---
	39.24	1:24.36 2:10.24 2:55.71			
	(39.24)	(45.12) (45.88) (45.47)			
2:31.24Y	F # 32	Men 14 & Under 200 Free	33	---	-9.51
	34.74	1:13.96 1:53.24 2:31.24			
	(34.74)	(39.22) (39.28) (38.00)			
<b>Koji Sawa (11) M</b>					
2:45.38Y	F # 26	Men 14 & Under 200 Breast	9	---	---
	37.55	1:21.04 2:03.40 2:45.38			
	(37.55)	(43.49) (42.36) (41.98)			
2:26.30Y	F # 30	Men 14 & Under 200 Back	5	---	---
	35.16	1:12.94 1:50.22 2:26.30			
	(35.16)	(37.78) (37.28) (36.08)			
2:14.37Y DQ	F # 32	Men 14 & Under 200 Free	---	---	---
	30.67	1:05.25 1:40.43 2:14.37			
	(30.67)	(34.58) (35.18) (33.94)			
<b>Mark Suarez (11) M</b>					
2:48.04Y	F # 24	Men 14 & Under 200 IM	25	---	1.42
	36.36	1:18.97 2:11.83 2:48.04			
	(36.36)	(42.61) (52.86) (36.21)			
2:50.99Y	F # 30	Men 14 & Under 200 Back	24	---	---
	39.81	1:22.10 2:04.31 2:50.99			
	(39.81)	(42.29) (42.21) (46.68)			
2:26.57Y	F # 32	Men 14 & Under 200 Free	24	---	-0.97
	32.88	1:11.10 1:49.88 2:26.57			
	(32.88)	(38.22) (38.78) (36.69)			
<b>Elaura Thorngren (10) W</b>					
36.15Y	F # 7	Women 10 & Under 50 Free	12	---	1.09
45.91Y	F # 11	Women 10 & Under 50 Back	18	---	0.87
48.52Y	F # 19	Women 10 & Under 50 Fly	16	---	6.06

## COUGAR AQUATIC TEAM

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### Individual Meet Results

Heart of Gold 2020 09-Feb-20 Yards

Location: Lyndhurst High School

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Time	F/P/S	Event	Place	Points	Improv
<b>Lauren Wall (13) W</b>					
2:28.72Y	F # 23	Women 14 & Under 200 IM	4	---	0.50
	32.40	1:10.00 1:56.79 2:28.72			
	(32.40)	(37.60) (46.79) (31.93)			
2:27.51Y	F # 29	Women 14 & Under 200 Back	9	---	-3.43
	34.24	1:10.94 1:49.43 2:27.51			
	(34.24)	(36.70) (38.49) (38.08)			
2:11.15Y	F # 31	Women 14 & Under 200 Free	8	---	-1.15
	29.85	1:02.62 1:37.57 2:11.15			
	(29.85)	(32.77) (34.95) (33.58)			
<b>Ava Wheeler (11) W</b>					
2:43.56Y	F # 23	Women 14 & Under 200 IM	17	---	-6.28
	37.38	1:18.94 2:07.53 2:43.56			
	(37.38)	(41.56) (48.59) (36.03)			
2:28.27Y	F # 31	Women 14 & Under 200 Free	25	---	-6.03
	33.56	1:12.20 1:50.87 2:28.27			
	(33.56)	(38.64) (38.67) (37.40)			
<b>Maren Wheeler (11) W</b>					
2:53.75Y	F # 25	Women 14 & Under 200 Breast	8	---	---
	39.04	1:22.83 2:07.74 2:53.75			
	(39.04)	(43.79) (44.91) (46.01)			
2:31.12Y	F # 31	Women 14 & Under 200 Free	30	---	-5.76
	33.34	1:12.18 1:51.98 2:31.12			
	(33.34)	(38.84) (39.80) (39.14)			
<b>Lexi or Alexa Whitworth (11) W</b>					
2:47.24Y	F # 23	Women 14 & Under 200 IM	21	---	-6.89
	38.40	1:19.31 2:09.75 2:47.24			
	(38.40)	(40.91) (50.44) (37.49)			
2:36.72Y	F # 29	Women 14 & Under 200 Back	17	---	---
	37.73	1:18.04 1:58.30 2:36.72			
	(37.73)	(40.31) (40.26) (38.42)			
2:26.52Y	F # 31	Women 14 & Under 200 Free	23	---	-2.31
	33.89	1:11.80 1:49.93 2:26.52			
	(33.89)	(37.91) (38.13) (36.59)			
<b>Jake Zarah (10) M</b>					
35.50Y	F # 8	Men 10 & Under 50 Free	15	---	1.05
41.40Y	F # 12	Men 10 & Under 50 Back	11	---	0.63
38.33Y	F # 20	Men 10 & Under 50 Fly	5	---	-3.47

**COUGAR AQUATIC TEAM**

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**Individual Meet Results**

**Heart of Gold 2020 09-Feb-20 Yards**

**Location: Lyndhurst High School**

**Cougar Aquatic Team [CAT-NJ] Coach: Eric Harse**

<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
<b>Sophie Zuluaga</b>	<b>(12) W</b>				
2:55.93Y	F # 27	Women 14 & Under 200 Fly	13	---	---
	38.58	1:22.60 2:09.97 2:55.93			
	(38.58)	(44.02) (47.37) (45.96)			
2:40.78Y	F # 29	Women 14 & Under 200 Back	21	---	---
	38.05	1:18.90 2:00.48 2:40.78			
	(38.05)	(40.85) (41.58) (40.30)			
2:31.29Y	F # 31	Women 14 & Under 200 Free	31	---	-2.28
	34.53	1:13.17 1:53.35 2:31.29			
	(34.53)	(38.64) (40.18) (37.94)			