

COUGAR AQUATIC TEAM

Individual Meet Results

2023 NJS & SCAR 11 & Over Gold Championship 17-Mar-23 to 19-Mar-23 Yards

Location: Werblin Recreation Center

Cougar Aquatic Team [CAT-NJ] Coach: Eric Harse

Time	F/P/S	Event	Place	Points	Improv
Thea Baldevarona (13) W					
57.36Y	P # 21A	Women 13-14 100 Free	24	---	-1.19
1:02.95Y	P # 25A	Women 13-14 100 Fly	12	---	-2.19
2:35.57Y	P # 27A	Women 13-14 200 Breast	11	---	-8.79
5:28.72Y	F # 47A	Women 13-14 500 Free	4	15	-9.83
5:30.96Y	P # 47A	Women 13-14 500 Free	9	---	-7.59
1:12.45Y	P # 51A	Women 13-14 100 Breast	20	---	-1.23
26.99Y	F # 79	200 Free Relay Lead Off	---	---	-0.09
2:07.43Y	P # 83A	Women 13-14 200 Free	31	---	2.51
1:05.49Y	P # 85A	Women 13-14 100 Back	34	---	-0.05
26.98Y	P # 89A	Women 13-14 50 Free	48	---	-0.10
Sasha Black (14) W					
1:01.31Y	P # 21A	Women 13-14 100 Free	60	---	2.43
31.30Y	F # 43	200 Medley Relay Lead Off	---	---	-0.05
5:52.39Y	P # 47A	Women 13-14 500 Free	44	---	3.31
2:21.63Y	P # 49A	Women 13-14 200 Back	28	---	-1.70
1:06.87Y	P # 85A	Women 13-14 100 Back	48	---	0.60
1:06.65Y	F # 91	400 Medley Relay Lead Off	---	---	0.38
Alexander Buftea Jimenez (15) M					
48.94Y	P # 22B	Men 15 & Over 100 Free	18	---	-1.63
2:05.66Y	P # 24B	Men 15 & Over 200 IM	41	---	-1.99
4:57.47Y	P # 48B	Men 15 & Over 500 Free	29	---	0.49
2:01.27Y	P # 50B	Men 15 & Over 200 Back	26	---	-5.06
22.56Y	F # 82	200 Free Relay Lead Off	---	---	-0.13
1:48.64Y	P # 84B	Men 15 & Over 200 Free	20	---	-1.66
56.32Y	P # 86B	Men 15 & Over 100 Back	32	---	-1.94
22.63Y	P # 90B	Men 15 & Over 50 Free	29	---	-0.06
Karl Burghardt (16) M					
2:02.96Y	P # 24B	Men 15 & Over 200 IM	22	---	0.06
54.62Y	P # 26B	Men 15 & Over 100 Fly	38	---	-3.02
24.87Y	F # 46	200 Medley Relay Lead Off	---	---	-0.43
2:00.06Y	P # 50B	Men 15 & Over 200 Back	23	---	-1.27
53.75Y	P # 86B	Men 15 & Over 100 Back	7	---	-0.11
54.25Y	F # 86B	Men 15 & Over 100 Back	6	13	0.39
22.55Y	P # 90B	Men 15 & Over 50 Free	24	---	-0.81
54.68Y	F # 94	400 Medley Relay Lead Off	---	---	0.82

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Time	F/P/S	Event	Place	Points	Improv
Max Carter (14) M					
50.01Y	P # 22A	Men 13-14 100 Free	3	---	-1.62
50.09Y	F # 22A	Men 13-14 100 Free	4	15	-1.54
54.25Y	P # 26A	Men 13-14 100 Fly	1	---	-1.46
54.77Y	F # 26A	Men 13-14 100 Fly	3	16	-0.94
X 2:21.89Y	P # 28A	Men 13-14 200 Breast	---	---	1.39
26.42Y	F # 44	200 Medley Relay Lead Off	---	---	---
2:01.97Y	P # 50A	Men 13-14 200 Back	7	---	-2.62
2:03.57Y	F # 50A	Men 13-14 200 Back	6	13	-1.02
2:04.56Y	P # 54A	Men 13-14 200 Fly	5	---	-13.31
22.74Y	F # 80	200 Free Relay Lead Off	---	---	-0.20
55.45Y	P # 86A	Men 13-14 100 Back	2	---	-0.87
55.61Y	F # 86A	Men 13-14 100 Back	2	17	-0.71
22.59Y	F # 90A	Men 13-14 50 Free	2	17	-0.35
22.92Y	P # 90A	Men 13-14 50 Free	3	---	-0.02
Cole Desiderio (13) M					
54.25Y	F # 56	400 Free Relay Lead Off	---	---	-6.01
Kasey Desiderio (15) W					
2:22.99Y	P # 23B	Women 15 & Over 200 IM	62	---	0.54
5:31.16Y	P # 47B	Women 15 & Over 500 Free	35	---	-5.21
2:17.21Y	P # 49B	Women 15 & Over 200 Back	43	---	0.89
1:05.05Y	P # 85B	Women 15 & Over 100 Back	57	---	0.36
27.50Y	P # 89B	Women 15 & Over 50 Free	91	---	0.46
Troy Dibble (16) M					
50.15Y	P # 22B	Men 15 & Over 100 Free	39	---	-0.36
1:51.27Y	F # 30	800 Free Relay Lead Off	---	---	-0.53
23.45Y	P # 90B	Men 15 & Over 50 Free	68	---	0.10
Avery Dollard (16) W					
54.89Y	F # 21B	Women 15 & Over 100 Free	10	7	-0.63
54.99Y	P # 21B	Women 15 & Over 100 Free	10	---	-0.53
58.74Y	F # 25B	Women 15 & Over 100 Fly	4	15	0.01
59.39Y	P # 25B	Women 15 & Over 100 Fly	7	---	0.66
2:15.89Y	P # 49B	Women 15 & Over 200 Back	32	---	1.52
2:09.14Y	P # 53B	Women 15 & Over 200 Fly	4	---	2.03
2:10.41Y	F # 53B	Women 15 & Over 200 Fly	5	14	3.30
1:03.65Y	P # 85B	Women 15 & Over 100 Back	41	---	0.70
4:46.66Y	F # 87B	Women 15 & Over 400 IM	11	6	-11.65
4:51.47Y	P # 87B	Women 15 & Over 400 IM	16	---	-6.84
25.93Y	P # 89B	Women 15 & Over 50 Free	42	---	0.20

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Time	F/P/S	Event	Place	Points	Improv
Lindsay Driever (18) W					
11:00.75Y	F # 1	Women 15 & Over 1000 Free	9	9	13.38
57.14Y	P # 21B	Women 15 & Over 100 Free	45	---	0.29
1:03.01Y	P # 25B	Women 15 & Over 100 Fly	43	---	-0.76
5:17.62Y	F # 47B	Women 15 & Over 500 Free	12	5	0.54
5:19.59Y	P # 47B	Women 15 & Over 500 Free	15	---	2.51
2:19.90Y	P # 53B	Women 15 & Over 200 Fly	25	---	2.15
57.04Y	F # 57	400 Free Relay Lead Off	---	---	0.19
2:03.57Y	P # 83B	Women 15 & Over 200 Free	42	---	4.53
26.80Y	P # 89B	Women 15 & Over 50 Free	75	---	0.46
Logan Driever (18) M					
10:29.22Y	F # 2	Men 15 & Over 1000 Free	20	---	6.97
1:52.93Y	F # 30	800 Free Relay Lead Off	---	---	-0.92
5:16.45Y	P # 48B	Men 15 & Over 500 Free	60	---	17.06
2:06.24Y	P # 54B	Men 15 & Over 200 Fly	33	---	2.14
17:49.77Y	F # 60	Men 15 & Over 1650 Free	12	5	15.45
Ivie Drogin (16) W					
2:23.98Y	P # 23B	Women 15 & Over 200 IM	69	---	5.37
2:36.59Y	P # 27B	Women 15 & Over 200 Breast	19	---	-0.27
5:30.99Y	P # 47B	Women 15 & Over 500 Free	34	---	-1.18
2:19.36Y	P # 49B	Women 15 & Over 200 Back	58	---	0.02
1:14.72Y	P # 51B	Women 15 & Over 100 Breast	63	---	0.65
2:06.30Y	P # 83B	Women 15 & Over 200 Free	58	---	1.69
1:05.39Y	P # 85B	Women 15 & Over 100 Back	60	---	0.58
Hannah Ewing (16) W					
10:42.53Y	F # 1	Women 15 & Over 1000 Free	3	16	-7.89
2:01.50Y	F # 29	800 Free Relay Lead Off	---	---	-0.18
5:14.45Y	P # 47B	Women 15 & Over 500 Free	7	---	-0.27
5:14.99Y	F # 47B	Women 15 & Over 500 Free	6	13	0.27
DNF	F # 59	Women 15 & Over 1650 Free	---	---	---
DQ	P # 83B	Women 15 & Over 200 Free	---	---	---
26.50Y	P # 89B	Women 15 & Over 50 Free	64	---	0.24
Caitlin Foug (17) W					
2:17.25Y	P # 23B	Women 15 & Over 200 IM	24	---	2.57
1:03.54Y	P # 25B	Women 15 & Over 100 Fly	53	---	2.45
NS	P # 83B	Women 15 & Over 200 Free	---	---	---
25.52Y	P # 89B	Women 15 & Over 50 Free	21	---	0.11
25.42Y	S # 189	Women 13 & Over 50 Free	2	---	0.01

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Time	F/P/S	Event	Place	Points	Improv
Lucas Foug (15) M					
2:02.24Y	F # 24B	Men 15 & Over 200 IM	15	2	-3.32
2:02.27Y	P # 24B	Men 15 & Over 200 IM	16	---	-3.29
2:23.91Y	P # 28B	Men 15 & Over 200 Breast	45	---	-0.28
26.28Y	F # 46	200 Medley Relay Lead Off	---	---	0.30
1:59.19Y	P # 50B	Men 15 & Over 200 Back	18	---	-0.63
2:00.05Y	F # 50B	Men 15 & Over 200 Back	14	3	0.23
54.98Y	P # 86B	Men 15 & Over 100 Back	11	---	0.72
58.06Y	F # 86B	Men 15 & Over 100 Back	15	2	3.80
4:20.82Y	P # 88B	Men 15 & Over 400 IM	10	---	0.80
4:23.75Y	F # 88B	Men 15 & Over 400 IM	8	11	3.73
56.40Y	F # 94	400 Medley Relay Lead Off	---	---	2.14
Alexander Frame (17) M					
11:06.35Y	F # 2	Men 15 & Over 1000 Free	32	---	34.74
23.50Y	P # 90B	Men 15 & Over 50 Free	70	---	0.12
Thomas Gaughan (17) M					
49.19Y	P # 22B	Men 15 & Over 100 Free	23	---	-0.50
53.40Y	P # 26B	Men 15 & Over 100 Fly	17	---	-2.39
5:09.08Y	P # 48B	Men 15 & Over 500 Free	49	---	9.25
2:03.54Y	P # 54B	Men 15 & Over 200 Fly	22	---	-3.56
1:50.49Y	P # 84B	Men 15 & Over 200 Free	30	---	0.52
22.47Y	P # 90B	Men 15 & Over 50 Free	22	---	-0.20
Keira Gilligan (15) W					
55.54Y	P # 21B	Women 15 & Over 100 Free	21	---	-0.85
NS	P # 23B	Women 15 & Over 200 IM	---	---	---
2:33.58Y	P # 27B	Women 15 & Over 200 Breast	11	---	-2.97
2:34.17Y	F # 27B	Women 15 & Over 200 Breast	12	5	-2.38
2:20.45Y	P # 49B	Women 15 & Over 200 Back	61	---	1.82
1:10.21Y	P # 51B	Women 15 & Over 100 Breast	18	---	-0.54
55.29Y	F # 57	400 Free Relay Lead Off	---	---	-1.10
26.09Y	F # 81	200 Free Relay Lead Off	---	---	-0.44
2:02.23Y	P # 83B	Women 15 & Over 200 Free	30	---	-1.39
DQ	P # 85B	Women 15 & Over 100 Back	---	---	---
26.09Y	P # 89B	Women 15 & Over 50 Free	47	---	-0.44

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Time	F/P/S	Event	Place	Points	Improv
Reagan Gilligan (15) W					
52.88Y	P # 21B	Women 15 & Over 100 Free	2	---	-0.46
52.88Y	F # 21B	Women 15 & Over 100 Free	2	17	-0.46
2:10.15Y	P # 23B	Women 15 & Over 200 IM	4	---	-1.58
2:10.77Y	F # 23B	Women 15 & Over 200 IM	5	14	-0.96
X 5:12.07Y	P # 47B	Women 15 & Over 500 Free	---	---	1.01
1:07.13Y	P # 51B	Women 15 & Over 100 Breast	7	---	-0.60
1:08.12Y	F # 51B	Women 15 & Over 100 Breast	8	11	0.39
53.17Y	F # 57	400 Free Relay Lead Off	---	---	-0.17
25.18Y	F # 81	200 Free Relay Lead Off	---	---	0.23
1:54.83Y	F # 83B	Women 15 & Over 200 Free	6	13	-1.22
1:54.84Y	P # 83B	Women 15 & Over 200 Free	6	---	-1.21
59.70Y	P # 85B	Women 15 & Over 100 Back	2	---	-0.84
59.80Y	F # 85B	Women 15 & Over 100 Back	2	17	-0.74
NS	P # 87B	Women 15 & Over 400 IM	---	---	---
Ari Glasman (15) M					
2:18.28Y	P # 28B	Men 15 & Over 200 Breast	17	---	-4.19
2:20.71Y	F # 28B	Men 15 & Over 200 Breast	15	2	-1.76
1:05.53Y	P # 52B	Men 15 & Over 100 Breast	60	---	0.93
Brendan Guiliano (18) M					
2:02.30Y	P # 24B	Men 15 & Over 200 IM	17	---	-0.81
25.86Y	F # 46	200 Medley Relay Lead Off	---	---	-0.12
1:58.63Y	P # 50B	Men 15 & Over 200 Back	11	---	0.87
1:58.69Y	F # 50B	Men 15 & Over 200 Back	7	12	0.93
2:05.99Y	P # 54B	Men 15 & Over 200 Fly	31	---	1.99
54.73Y	F # 86B	Men 15 & Over 100 Back	11	6	0.06
55.53Y	P # 86B	Men 15 & Over 100 Back	19	---	0.86
4:27.41Y	P # 88B	Men 15 & Over 400 IM	17	---	5.98
56.10Y	F # 94	400 Medley Relay Lead Off	---	---	1.43
Aidan Hong (14) M					
2:35.37Y	P # 28A	Men 13-14 200 Breast	43	---	-4.38
Stephen Husch (26) M					
X 56.25Y	P # 52B	Men 15 & Over 100 Breast	---	---	1.75
Sonia Jagen (14) W					
58.24Y	P # 21A	Women 13-14 100 Free	37	---	-0.29
2:50.38Y	P # 27A	Women 13-14 200 Breast	53	---	6.18
1:13.28Y	P # 51A	Women 13-14 100 Breast	26	---	-0.52
57.51Y	F # 55	400 Free Relay Lead Off	---	---	-1.02
26.51Y	P # 89A	Women 13-14 50 Free	24	---	-0.25

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Time	F/P/S	Event	Place	Points	Improv
Zoe Joss (17) W					
2:13.58Y	F # 23B	Women 15 & Over 200 IM	11	6	-4.99
2:14.34Y	P # 23B	Women 15 & Over 200 IM	14	---	-4.23
1:02.62Y	P # 25B	Women 15 & Over 100 Fly	33	---	-1.50
29.57Y	F # 45	200 Medley Relay Lead Off	---	---	---
2:12.41Y	F # 49B	Women 15 & Over 200 Back	13	4	-1.75
2:13.90Y	P # 49B	Women 15 & Over 200 Back	23	---	-0.26
2:01.78Y	P # 83B	Women 15 & Over 200 Free	26	---	-2.54
1:02.35Y	P # 85B	Women 15 & Over 100 Back	22	---	0.24
27.01Y	P # 89B	Women 15 & Over 50 Free	85	---	0.73
Madison Klak (17) W					
2:11.46Y	F # 23B	Women 15 & Over 200 IM	7	12	-3.89
2:12.21Y	P # 23B	Women 15 & Over 200 IM	7	---	-3.14
1:01.62Y	P # 25B	Women 15 & Over 100 Fly	25	---	0.36
28.94Y	F # 45	200 Medley Relay Lead Off	---	---	0.19
2:08.14Y	P # 49B	Women 15 & Over 200 Back	5	---	-1.72
2:12.17Y	F # 49B	Women 15 & Over 200 Back	7	12	2.31
2:15.14Y	F # 53B	Women 15 & Over 200 Fly	12	5	-6.72
2:16.49Y	P # 53B	Women 15 & Over 200 Fly	18	---	-5.37
1:01.14Y	P # 85B	Women 15 & Over 100 Back	9	---	0.26
1:02.92Y	F # 85B	Women 15 & Over 100 Back	16	1	2.04
4:43.19Y	P # 87B	Women 15 & Over 400 IM	9	---	-0.66
4:44.03Y	F # 87B	Women 15 & Over 400 IM	6	13	0.18
26.05Y	P # 89B	Women 15 & Over 50 Free	46	---	-0.05
1:00.98Y	F # 93	400 Medley Relay Lead Off	---	---	0.10
Sasha Kolbe (13) W					
27.61Y	P # 89A	Women 13-14 50 Free	79	---	0.37
Riley Kopp (15) W					
10:51.96Y	F # 1	Women 15 & Over 1000 Free	7	12	-7.08
2:16.67Y	P # 23B	Women 15 & Over 200 IM	23	---	-1.67
5:15.32Y	F # 47B	Women 15 & Over 500 Free	10	7	-8.05
5:22.03Y	P # 47B	Women 15 & Over 500 Free	18	---	-1.34
18:15.71Y	F # 59	Women 15 & Over 1650 Free	4	15	-17.52
2:03.35Y	P # 83B	Women 15 & Over 200 Free	39	---	2.42
1:05.77Y	P # 85B	Women 15 & Over 100 Back	67	---	1.62

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Alejandra Laynez (17) W					
10:56.56Y	F # 1	Women 15 & Over 1000 Free	8	11	12.66
1:01.23Y	P # 25B	Women 15 & Over 100 Fly	21	---	0.46
2:17.20Y	P # 49B	Women 15 & Over 200 Back	41	---	-2.07
2:13.20Y	P # 53B	Women 15 & Over 200 Fly	11	---	2.20
2:14.29Y	F # 53B	Women 15 & Over 200 Fly	8	11	3.29
1:03.90Y	P # 85B	Women 15 & Over 100 Back	44	---	-0.13
4:51.71Y	F # 87B	Women 15 & Over 400 IM	12	5	7.87
4:54.98Y	P # 87B	Women 15 & Over 400 IM	20	---	11.14
Angel Laynez (18) M					
4:58.11Y	P # 48B	Men 15 & Over 500 Free	32	---	-0.38
2:09.13Y	P # 50B	Men 15 & Over 200 Back	51	---	4.61
1:54.23Y	P # 84B	Men 15 & Over 200 Free	39	---	4.61
1:00.39Y	P # 86B	Men 15 & Over 100 Back	63	---	3.85
23.21Y	P # 90B	Men 15 & Over 50 Free	54	---	0.29
Leticia Laynez (16) W					
2:13.10Y	F # 23B	Women 15 & Over 200 IM	10	7	0.31
2:13.71Y	P # 23B	Women 15 & Over 200 IM	10	---	0.92
1:01.76Y	P # 25B	Women 15 & Over 100 Fly	27	---	0.88
2:16.86Y	P # 49B	Women 15 & Over 200 Back	38	---	4.84
2:18.66Y	P # 53B	Women 15 & Over 200 Fly	21	---	5.46
2:18.92Y	F # 53B	Women 15 & Over 200 Fly	16	1	5.72
26.15Y	F # 81	200 Free Relay Lead Off	---	---	-0.40
1:02.14Y	P # 85B	Women 15 & Over 100 Back	19	---	-0.37
4:49.42Y	P # 87B	Women 15 & Over 400 IM	14	---	7.26
4:52.25Y	F # 87B	Women 15 & Over 400 IM	14	3	10.09
Ella Lepis (16) W					
10:29.63Y	F # 1	Women 15 & Over 1000 Free	1	20	-4.50
2:16.22Y	P # 23B	Women 15 & Over 200 IM	20	---	-1.27
5:10.72Y	P # 47B	Women 15 & Over 500 Free	5	---	0.49
5:13.63Y	F # 47B	Women 15 & Over 500 Free	5	14	3.40
Sam Lorenc (17) M					
47.43Y	P # 22B	Men 15 & Over 100 Free	5	---	-0.88
48.49Y	F # 22B	Men 15 & Over 100 Free	7	12	0.18
52.63Y	P # 26B	Men 15 & Over 100 Fly	6	---	-1.06
53.73Y	F # 26B	Men 15 & Over 100 Fly	7	12	0.04
4:55.00Y	P # 48B	Men 15 & Over 500 Free	22	---	-10.62
1:01.95Y	P # 52B	Men 15 & Over 100 Breast	26	---	0.25
1:46.41Y	F # 84B	Men 15 & Over 200 Free	10	7	-3.57
1:47.09Y	P # 84B	Men 15 & Over 200 Free	12	---	-2.89
21.87Y	P # 90B	Men 15 & Over 50 Free	3	---	-1.31
22.02Y	F # 90B	Men 15 & Over 50 Free	4	15	-1.16

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Leonardo McCormick (14) M					
2:35.52Y	P # 28A	Men 13-14 200 Breast	45	---	-4.37
5:22.21Y	P # 48A	Men 13-14 500 Free	30	---	-3.62
1:11.45Y	P # 52A	Men 13-14 100 Breast	61	---	-2.05
26.52Y	F # 80	200 Free Relay Lead Off	---	---	0.58
Hiroshi McIntosh (17) M					
2:03.91Y	P # 24B	Men 15 & Over 200 IM	30	---	-3.30
56.03Y	P # 26B	Men 15 & Over 100 Fly	58	---	-0.67
2:20.04Y	P # 28B	Men 15 & Over 200 Breast	24	---	-4.38
2:09.32Y	P # 50B	Men 15 & Over 200 Back	53	---	1.13
4:26.80Y	F # 88B	Men 15 & Over 400 IM	10	7	-5.05
4:30.50Y	P # 88B	Men 15 & Over 400 IM	22	---	-1.35
Sefina Morrison (14) W					
59.73Y	P # 21A	Women 13-14 100 Free	56	---	1.17
2:30.74Y	P # 23A	Women 13-14 200 IM	50	---	2.37
1:21.36Y	P # 51A	Women 13-14 100 Breast	94	---	3.56
1:07.39Y	P # 85A	Women 13-14 100 Back	56	---	0.83
27.67Y	P # 89A	Women 13-14 50 Free	80	---	0.57
Eli Muldoon (17) M					
53.00Y	P # 26B	Men 15 & Over 100 Fly	13	---	-0.65
53.24Y	F # 26B	Men 15 & Over 100 Fly	11	6	-0.41
2:26.36Y	P # 28B	Men 15 & Over 200 Breast	53	---	0.44
1:01.77Y	P # 52B	Men 15 & Over 100 Breast	21	---	-0.54
1:02.47Y	F # 52B	Men 15 & Over 100 Breast	14	3	0.16
51.07Y	F # 58	400 Free Relay Lead Off	---	---	0.51
Caroline Murray (17) W					
55.97Y	P # 21B	Women 15 & Over 100 Free	30	---	0.08
59.71Y	F # 25B	Women 15 & Over 100 Fly	10	7	-0.74
1:00.09Y	P # 25B	Women 15 & Over 100 Fly	10	---	-0.36
1:56.83Y	F # 29	800 Free Relay Lead Off	---	---	-0.08
2:09.10Y	F # 49B	Women 15 & Over 200 Back	3	16	-1.93
2:10.36Y	P # 49B	Women 15 & Over 200 Back	9	---	-0.67
2:11.34Y	P # 53B	Women 15 & Over 200 Fly	9	---	0.02
2:13.52Y	F # 53B	Women 15 & Over 200 Fly	7	12	2.20
4:41.53Y	F # 87B	Women 15 & Over 400 IM	5	14	-3.30
4:43.23Y	P # 87B	Women 15 & Over 400 IM	10	---	-1.60
26.00Y	P # 89B	Women 15 & Over 50 Free	44	---	-0.45
1:00.47Y	F # 93	400 Medley Relay Lead Off	---	---	-0.42
Ella Nigito (14) W					
NS	P # 89A	Women 13-14 50 Free	---	---	---

COUGAR AQUATIC TEAM

Individual Meet Results

2023 NJS & SCAR 11 & Over Gold Championship 17-Mar-23 to 19-Mar-23 Yards

Location: Werblin Recreation Center

Cougar Aquatic Team [CAT-NJ] Coach: Eric Harse

Time	F/P/S	Event	Place	Points	Improv
Coco Okawa-O'Connell (15) W					
2:20.73Y	P # 23B	Women 15 & Over 200 IM	44	---	-1.29
2:38.12Y	P # 27B	Women 15 & Over 200 Breast	26	---	-1.28
1:12.61Y	P # 51B	Women 15 & Over 100 Breast	41	---	0.10
1:06.80Y	P # 85B	Women 15 & Over 100 Back	78	---	1.95
27.15Y	P # 89B	Women 15 & Over 50 Free	87	---	0.88
Hailey Oosterwyk (18) W					
56.32Y	P # 21B	Women 15 & Over 100 Free	37	---	0.71
2:21.52Y	P # 23B	Women 15 & Over 200 IM	50	---	0.38
1:02.75Y	P # 25B	Women 15 & Over 100 Fly	36	---	-0.44
5:40.96Y	P # 47B	Women 15 & Over 500 Free	50	---	3.26
26.29Y	P # 89B	Women 15 & Over 50 Free	55	---	-0.17
Femi Oshodi (15) M					
DQ	P # 22B	Men 15 & Over 100 Free	---	---	---
2:02.93Y	P # 24B	Men 15 & Over 200 IM	20	---	-2.71
53.76Y	P # 26B	Men 15 & Over 100 Fly	26	---	-0.42
1:49.95Y	P # 84B	Men 15 & Over 200 Free	26	---	-0.42
22.67Y	P # 90B	Men 15 & Over 50 Free	30	---	-0.18
Max Pearson (15) M					
2:10.52Y	P # 50B	Men 15 & Over 200 Back	55	---	1.92
Kyle Phillips (15) M					
10:09.68Y	F # 2	Men 15 & Over 1000 Free	16	1	-0.81
2:05.14Y	P # 24B	Men 15 & Over 200 IM	38	---	-1.19
2:22.05Y	P # 28B	Men 15 & Over 200 Breast	33	---	-3.04
4:56.50Y	P # 48B	Men 15 & Over 500 Free	26	---	-1.33
1:04.29Y	P # 52B	Men 15 & Over 100 Breast	48	---	-0.40
17:02.65Y	F # 60	Men 15 & Over 1650 Free	6	13	3.54
22.78Y	P # 90B	Men 15 & Over 50 Free	33	---	0.09
Matthew Piacentini (17) M					
DQ	P # 22B	Men 15 & Over 100 Free	---	---	---
1:57.65Y	F # 24B	Men 15 & Over 200 IM	3	16	-2.45
1:59.04Y	P # 24B	Men 15 & Over 200 IM	5	---	-1.06
53.10Y	P # 26B	Men 15 & Over 100 Fly	14	---	-1.03
58.36Y	F # 26B	Men 15 & Over 100 Fly	16	1	4.23
1:59.92Y	P # 54B	Men 15 & Over 200 Fly	12	---	-4.59
2:13.46Y	F # 54B	Men 15 & Over 200 Fly	16	1	8.95
47.78Y	F # 58	400 Free Relay Lead Off	---	---	-1.05
1:47.13Y	P # 84B	Men 15 & Over 200 Free	13	---	-0.25
1:47.87Y	F # 84B	Men 15 & Over 200 Free	12	5	0.49
22.16Y	F # 90B	Men 15 & Over 50 Free	9	9	-0.41
22.24Y	P # 90B	Men 15 & Over 50 Free	13	---	-0.33

COUGAR AQUATIC TEAM

Individual Meet Results

2023 NJS & SCAR 11 & Over Gold Championship 17-Mar-23 to 19-Mar-23 Yards

Location: Werblin Recreation Center

Cougar Aquatic Team [CAT-NJ] Coach: Eric Harse

Time	F/P/S	Event	Place	Points	Improv
Mario Pontidis (16) M					
23.14Y	F # 82	200 Free Relay Lead Off	---	---	-0.63
57.50Y	P # 86B	Men 15 & Over 100 Back	50	---	-0.77
Vivianna Ramos (14) W					
1:17.51Y	P # 51A	Women 13-14 100 Breast	70	---	0.33
Amanda Rohde (18) W					
55.98Y	P # 21B	Women 15 & Over 100 Free	31	---	-0.05
5:18.17Y	F # 47B	Women 15 & Over 500 Free	13	4	-4.58
5:19.35Y	P # 47B	Women 15 & Over 500 Free	13	---	-3.40
2:14.74Y	P # 49B	Women 15 & Over 200 Back	28	---	-1.45
2:01.92Y	P # 83B	Women 15 & Over 200 Free	28	---	2.67
NS	P # 87B	Women 15 & Over 400 IM	---	---	---
26.27Y	P # 89B	Women 15 & Over 50 Free	53	---	-0.11
Kailey Ross (17) W					
11:12.42Y	F # 1	Women 15 & Over 1000 Free	12	5	16.50
2:19.56Y	P # 23B	Women 15 & Over 200 IM	37	---	-1.92
5:26.83Y	P # 47B	Women 15 & Over 500 Free	23	---	-5.06
2:17.00Y	P # 49B	Women 15 & Over 200 Back	40	---	0.76
2:05.25Y	P # 83B	Women 15 & Over 200 Free	54	---	2.99
4:59.25Y	P # 87B	Women 15 & Over 400 IM	25	---	8.89
Koji Sawa (14) M					
51.77Y	P # 22A	Men 13-14 100 Free	16	---	-0.01
2:02.71Y	F # 24A	Men 13-14 200 IM	5	14	-3.22
2:04.60Y	P # 24A	Men 13-14 200 IM	5	---	-1.33
2:04.66Y	P # 50A	Men 13-14 200 Back	12	---	-5.73
1:04.14Y	P # 52A	Men 13-14 100 Breast	10	---	-0.60
58.13Y	P # 86A	Men 13-14 100 Back	15	---	0.06
4:23.78Y	P # 88A	Men 13-14 400 IM	6	---	-14.47
4:25.10Y	F # 88A	Men 13-14 400 IM	7	12	-13.15
Margaret Sawa (16) W					
54.91Y	F # 21B	Women 15 & Over 100 Free	11	6	-0.67
55.42Y	P # 21B	Women 15 & Over 100 Free	16	---	-0.16
NS	P # 23B	Women 15 & Over 200 IM	---	---	---
1:03.52Y	P # 25B	Women 15 & Over 100 Fly	51	---	-0.72
5:19.79Y	P # 47B	Women 15 & Over 500 Free	16	---	5.66
5:23.11Y	F # 47B	Women 15 & Over 500 Free	15	2	8.98
1:58.24Y	F # 83B	Women 15 & Over 200 Free	12	5	-0.88
1:58.93Y	P # 83B	Women 15 & Over 200 Free	11	---	-0.19
25.32Y	P # 89B	Women 15 & Over 50 Free	12	---	-0.47
25.32Y	F # 89B	Women 15 & Over 50 Free	14	3	-0.47

COUGAR AQUATIC TEAM

Individual Meet Results

2023 NJS & SCAR 11 & Over Gold Championship 17-Mar-23 to 19-Mar-23 Yards

Location: Werblin Recreation Center

Cougar Aquatic Team [CAT-NJ] Coach: Eric Harse

Time	F/P/S	Event	Place	Points	Improv
Jasper Schnieders-Smith (16) M					
51.04Y	P # 22B	Men 15 & Over 100 Free	55	---	1.47
1:59.11Y	P # 50B	Men 15 & Over 200 Back	17	---	-1.77
2:04.98Y	F # 50B	Men 15 & Over 200 Back	16	1	4.10
55.31Y	P # 86B	Men 15 & Over 100 Back	15	---	-2.06
59.44Y	F # 86B	Men 15 & Over 100 Back	16	1	2.07
23.33Y	P # 90B	Men 15 & Over 50 Free	61	---	0.42
David Slowinski (17) M					
48.17Y	F # 22B	Men 15 & Over 100 Free	10	7	0.41
48.40Y	P # 22B	Men 15 & Over 100 Free	12	---	0.64
52.19Y	P # 26B	Men 15 & Over 100 Fly	3	---	-0.59
52.68Y	F # 26B	Men 15 & Over 100 Fly	5	14	-0.10
58.37Y	F # 52B	Men 15 & Over 100 Breast	3	16	-4.56
59.10Y	P # 52B	Men 15 & Over 100 Breast	8	---	-3.83
2:04.20Y	P # 54B	Men 15 & Over 200 Fly	24	---	6.91
48.33Y	F # 58	400 Free Relay Lead Off	---	---	0.57
21.89Y	F # 82	200 Free Relay Lead Off	---	---	0.03
DQ	P # 84B	Men 15 & Over 200 Free	---	---	---
21.98Y	P # 90B	Men 15 & Over 50 Free	5	---	0.12
22.24Y	F # 90B	Men 15 & Over 50 Free	6	13	0.38
Lola Somerstein (13) W					
58.01Y	P # 21A	Women 13-14 100 Free	31	---	0.15
59.89Y	F # 25A	Women 13-14 100 Fly	3	16	-2.41
1:00.83Y	P # 25A	Women 13-14 100 Fly	3	---	-1.47
5:31.80Y	P # 47A	Women 13-14 500 Free	10	---	0.56
1:17.46Y	P # 51A	Women 13-14 100 Breast	69	---	-0.03
2:16.21Y	F # 53A	Women 13-14 200 Fly	3	16	-4.23
2:20.24Y	P # 53A	Women 13-14 200 Fly	5	---	-0.20
2:04.96Y	P # 83A	Women 13-14 200 Free	16	---	0.83
1:06.04Y	P # 85A	Women 13-14 100 Back	39	---	0.90
26.87Y	P # 89A	Women 13-14 50 Free	43	---	0.35
Sasha Steele (14) W					
56.49Y	P # 21A	Women 13-14 100 Free	12	---	-0.22
NS	P # 23A	Women 13-14 200 IM	---	---	---
1:03.54Y	P # 25A	Women 13-14 100 Fly	15	---	-0.91
1:16.89Y	P # 51A	Women 13-14 100 Breast	62	---	1.76
2:30.93Y	P # 53A	Women 13-14 200 Fly	22	---	-0.39
56.91Y	F # 55	400 Free Relay Lead Off	---	---	0.20
2:07.75Y	P # 83A	Women 13-14 200 Free	35	---	3.38
25.99Y	P # 89A	Women 13-14 50 Free	13	---	-0.08

COUGAR AQUATIC TEAM

Individual Meet Results

2023 NJS & SCAR 11 & Over Gold Championship 17-Mar-23 to 19-Mar-23 Yards

Location: Werblin Recreation Center

Cougar Aquatic Team [CAT-NJ] Coach: Eric Harse

Time	F/P/S	Event	Place	Points	Improv
Mark Suarez (14) M					
50.90Y	F # 22A	Men 13-14 100 Free	5	14	-1.06
50.99Y	P # 22A	Men 13-14 100 Free	7	---	-0.97
2:09.10Y	P # 24A	Men 13-14 200 IM	16	---	-0.72
2:04.82Y	P # 50A	Men 13-14 200 Back	13	---	-3.72
1:06.80Y	P # 52A	Men 13-14 100 Breast	25	---	-1.47
50.58Y	F # 56	400 Free Relay Lead Off	---	---	-1.38
56.94Y	P # 86A	Men 13-14 100 Back	7	---	-0.35
23.38Y	P # 90A	Men 13-14 50 Free	9	---	0.11
Chase Thomas (16) M					
55.02Y DQ	P # 26B	Men 15 & Over 100 Fly	---	---	---
23.61Y	P # 90B	Men 15 & Over 50 Free	76	---	-0.76
Finn Tobin (14) M					
2:13.05Y	P # 24A	Men 13-14 200 IM	27	---	-4.84
32.63Y	F # 44	200 Medley Relay Lead Off	---	---	4.02
2:15.07Y	P # 50A	Men 13-14 200 Back	42	---	2.44
1:00.00Y	P # 86A	Men 13-14 100 Back	25	---	-1.22
24.95Y	P # 90A	Men 13-14 50 Free	52	---	0.25
1:00.96Y	F # 92	400 Medley Relay Lead Off	---	---	-0.26
Lexi Whitworth (14) W					
56.59Y	P # 21A	Women 13-14 100 Free	13	---	-0.62
2:26.16Y	P # 23A	Women 13-14 200 IM	37	---	2.85
30.48Y	F # 43	200 Medley Relay Lead Off	---	---	-2.04
5:51.27Y	P # 47A	Women 13-14 500 Free	43	---	4.38
2:20.66Y	P # 49A	Women 13-14 200 Back	24	---	-1.68
26.21Y	F # 79	200 Free Relay Lead Off	---	---	-0.01
2:06.52Y	P # 83A	Women 13-14 200 Free	26	---	-0.92
1:05.41Y	P # 85A	Women 13-14 100 Back	33	---	0.40
26.27Y	P # 89A	Women 13-14 50 Free	20	---	0.05
1:05.59Y	F # 91	400 Medley Relay Lead Off	---	---	0.58
Tristen Whitworth (17) M					
10:00.29Y	F # 2	Men 15 & Over 1000 Free	10	7	-3.94
4:52.33Y	P # 48B	Men 15 & Over 500 Free	16	---	1.03
4:55.93Y	F # 48B	Men 15 & Over 500 Free	15	2	4.63
2:02.75Y	P # 54B	Men 15 & Over 200 Fly	21	---	-0.52
16:58.37Y	F # 60	Men 15 & Over 1650 Free	5	14	-24.73
1:50.16Y	P # 84B	Men 15 & Over 200 Free	28	---	0.71
Fabio Yopez (17) M					
55.89Y	P # 26B	Men 15 & Over 100 Fly	55	---	-0.45
2:24.33Y	P # 28B	Men 15 & Over 200 Breast	48	---	-3.89
23.17Y	P # 90B	Men 15 & Over 50 Free	51	---	-0.56

COUGAR AQUATIC TEAM

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Location: Werblin Recreation Center

Cougar Aquatic Team [CAT-NJ] Coach: Eric Harse

Time	F/P/S	Event	Place	Points	Improv
Madeleine Young (16) W					
56.47Y	P # 21B	Women 15 & Over 100 Free	38	---	0.25
2:20.53Y	P # 23B	Women 15 & Over 200 IM	42	---	-1.09
1:02.88Y	P # 25B	Women 15 & Over 100 Fly	40	---	0.36
2:16.62Y	P # 53B	Women 15 & Over 200 Fly	19	---	-0.94
2:17.86Y	F # 53B	Women 15 & Over 200 Fly	14	3	0.30
2:02.94Y	P # 83B	Women 15 & Over 200 Free	37	---	1.44
5:00.14Y	P # 87B	Women 15 & Over 400 IM	27	---	5.90
DQ	P # 89B	Women 15 & Over 50 Free	---	---	---
David Zoltek (16) M					
48.30Y	P # 22B	Men 15 & Over 100 Free	10	---	-1.00
48.93Y	F # 22B	Men 15 & Over 100 Free	13	4	-0.37
1:03.53Y	P # 52B	Men 15 & Over 100 Breast	39	---	-0.31
1:47.70Y	P # 84B	Men 15 & Over 200 Free	17	---	-0.92
1:51.22Y	F # 84B	Men 15 & Over 200 Free	16	1	2.60
22.35Y	P # 90B	Men 15 & Over 50 Free	17	---	-0.03
22.43Y	F # 90B	Men 15 & Over 50 Free	13	4	0.05
Sophie Zuluaga (15) W					
2:22.40Y	P # 23B	Women 15 & Over 200 IM	57	---	-0.37
29.34Y	F # 45	200 Medley Relay Lead Off	---	---	-1.83
5:33.23Y	P # 47B	Women 15 & Over 500 Free	38	---	-2.54
2:16.40Y	P # 49B	Women 15 & Over 200 Back	35	---	1.91
1:03.24Y	P # 85B	Women 15 & Over 100 Back	32	---	-0.01
5:17.20Y	P # 87B	Women 15 & Over 400 IM	40	---	5.43
1:02.08Y	F # 93	400 Medley Relay Lead Off	---	---	-1.17