

## COUGAR AQUATIC TEAM

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### Individual Meet Results

2023 BB Go For the Gold 21-Oct-23 to 22-Oct-23 Yards

Location: Raritan Vallev Community Center

Cougar Aquatic Team [CAT-NJ] Coach: Eric Harse

Time	F/P/S	Event	Place	Points	Improv
<b>Bilal Afifi (13) M</b>					
53.03Y	F # 40A	Men 13-14 100 Free	3	---	-6.38
1:03.89Y	F # 42A	Men 13-14 100 Back	7	---	0.44
1:22.84Y	F # 44A	Men 13-14 100 Breast	24	---	---
5:26.99Y	F # 46A	Men 14 & Under 500 Free	4	---	---
1:58.83Y	F # 78A	Men 13-14 200 Free	6	---	-0.65
1:03.89Y	F # 80A	Men 13-14 100 Fly	10	---	-2.96
25.00Y	F # 84A	Men 13-14 50 Free	6	---	0.57
2:17.79Y	F # 86A	Men 13-14 200 Back	4	---	---
<b>Thea Baldevarona (14) W</b>					
2:20.69Y	F # 35A	Women 13-14 200 IM	2	---	-1.14
1:13.65Y	F # 43A	Women 13-14 100 Breast	1	---	1.20
2:05.24Y	F # 77A	Women 13-14 200 Free	2	---	0.32
2:22.02Y	F # 85A	Women 13-14 200 Back	2	---	-2.67
<b>Sasha Black (14) W</b>					
1:00.03Y	F # 39A	Women 13-14 100 Free	8	---	2.82
1:07.22Y	F # 41A	Women 13-14 100 Back	4	---	3.24
2:08.28Y	F # 77A	Women 13-14 200 Free	4	---	-2.46
1:14.36Y	F # 79A	Women 13-14 100 Fly	12	---	2.05
27.65Y	F # 83A	Women 13-14 50 Free	6	---	0.27
<b>Alexander Buftea Jimenez (15) M</b>					
2:07.92Y	F # 36B	Men 15-19 200 IM	7	---	2.26
56.32Y	F # 42B	Men 15-19 100 Back	5	---	---
1:08.34Y	F # 44B	Men 15-19 100 Breast	15	---	1.94
57.02Y	F # 80B	Men 15-19 100 Fly	12	---	0.14
23.28Y	F # 84B	Men 15-19 50 Free	7	---	0.72
4:35.42Y	F # 88B	Men 15-19 400 IM	2	---	5.72
<b>Tori Burgess (15) W</b>					
1:03.64Y	F # 39B	Women 15-19 100 Free	---	---	-4.80
1:14.37Y	F # 41B	Women 15-19 100 Back	22	---	-4.49
6:07.42Y	F # 45B	Women 15-19 500 Free	6	---	---
2:17.48Y	F # 77B	Women 15-19 200 Free	22	---	---
1:13.30Y	F # 79B	Women 15-19 100 Fly	28	---	---
30.32Y	F # 83B	Women 15-19 50 Free	41	---	-1.43
<b>Karl Burghardt (16) M</b>					
2:08.54Y	F # 36B	Men 15-19 200 IM	8	---	5.64
50.98Y	F # 40B	Men 15-19 100 Free	9	---	0.13
1:52.83Y	F # 78B	Men 15-19 200 Free	8	---	-2.59
56.38Y	F # 80B	Men 15-19 100 Fly	9	---	1.76
23.16Y	F # 84B	Men 15-19 50 Free	5	---	0.61

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Time	F/P/S	Event	Place	Points	Improv
<b>Mason Carter (13) M</b>					
55.81Y	F # 40A	Men 13-14 100 Free	10	---	---
1:02.01Y	F # 42A	Men 13-14 100 Back	5	---	-1.95
NS	F # 44A	Men 13-14 100 Breast	---	---	---
1:01.90Y	F # 80A	Men 13-14 100 Fly	6	---	---
25.39Y	F # 84A	Men 13-14 50 Free	11	---	---
<b>Max Carter (15) M</b>					
2:03.12Y	F # 36B	Men 15-19 200 IM	5	---	-4.18
56.22Y	F # 42B	Men 15-19 100 Back	4	---	0.77
1:04.33Y	F # 44B	Men 15-19 100 Breast	7	---	0.28
53.93Y	F # 80B	Men 15-19 100 Fly	3	---	-0.32
2:25.27Y	F # 82B	Men 15-19 200 Breast	4	---	4.77
23.59Y	F # 84B	Men 15-19 50 Free	13	---	1.00
<b>Zophia Cook (12) W</b>					
2:31.02Y	F # 3	Women 11-12 200 Free	4	---	6.41
1:21.70Y	F # 9	Women 11-12 100 Fly	1	---	3.00
30.32Y	F # 11	Women 11-12 50 Free	6	---	0.45
2:45.61Y DQ	F # 13	Women 11-12 200 Back	---	---	---
34.45Y	F # 53	Women 11-12 50 Fly	6	---	0.35
1:15.33Y	F # 55	Women 11-12 100 Back	5	---	-0.91
<b>Matthew Czerwinski (15) M</b>					
2:11.57Y DQ	F # 36B	Men 15-19 200 IM	---	---	---
52.47Y	F # 40B	Men 15-19 100 Free	17	---	0.01
5:20.73Y	F # 46B	Men 15-19 500 Free	5	---	-3.95
1:56.27Y	F # 78B	Men 15-19 200 Free	14	---	1.44
57.39Y	F # 80B	Men 15-19 100 Fly	13	---	-0.30
24.18Y	F # 84B	Men 15-19 50 Free	21	---	0.10
<b>Cole Desiderio (13) M</b>					
1:00.17Y	F # 40A	Men 13-14 100 Free	24	---	5.92
1:10.30Y	F # 42A	Men 13-14 100 Back	19	---	1.50
1:16.70Y	F # 44A	Men 13-14 100 Breast	13	---	-1.66
1:11.37Y	F # 80A	Men 13-14 100 Fly	21	---	-1.74
2:31.94Y	F # 86A	Men 13-14 200 Back	16	---	5.33
<b>Kasey Desiderio (16) W</b>					
NS	F # 35B	Women 15-19 200 IM	---	---	---
NS	F # 39B	Women 15-19 100 Free	---	---	---
NS	F # 41B	Women 15-19 100 Back	---	---	---
<b>Troy Dibble (17) M</b>					
2:21.49Y	F # 36B	Men 15-19 200 IM	22	---	5.16
NS	F # 44B	Men 15-19 100 Breast	---	---	---
1:54.85Y	F # 78B	Men 15-19 200 Free	11	---	3.58
2:37.44Y	F # 82B	Men 15-19 200 Breast	12	---	-3.89
23.46Y	F # 84B	Men 15-19 50 Free	11	---	0.11

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Time	F/P/S	Event	Place	Points	Improv
<b>Avery Dollard (16) W</b>					
NS	F # 39B	Women 15-19 100 Free	---	---	---
NS	F # 41B	Women 15-19 100 Back	---	---	---
NS	F # 43B	Women 15-19 100 Breast	---	---	---
<b>Bryan Dos Santos (13) M</b>					
NS	F # 36A	Men 13-14 200 IM	---	---	---
DQ	F # 40A	Men 13-14 100 Free	---	---	---
1:01.09Y	F # 42A	Men 13-14 100 Back	3	---	0.07
1:12.11Y	F # 44A	Men 13-14 100 Breast	6	---	0.92
55.97Y	F # 80A	Men 13-14 100 Fly	1	---	---
22.96Y	F # 84A	Men 13-14 50 Free	1	---	-1.11
<b>Natasha Duran-Gonzalez (14) W</b>					
1:00.73Y	F # 39A	Women 13-14 100 Free	12	---	-0.74
1:10.26Y	F # 41A	Women 13-14 100 Back	6	---	0.94
1:20.76Y	F # 43A	Women 13-14 100 Breast	9	---	0.04
2:13.90Y	F # 77A	Women 13-14 200 Free	6	---	-3.79
1:11.92Y	F # 79A	Women 13-14 100 Fly	7	---	1.69
27.90Y	F # 83A	Women 13-14 50 Free	8	---	0.15
<b>Annie Enslin (17) W</b>					
1:10.43Y	F # 39B	Women 15-19 100 Free	43	---	4.96
1:24.64Y	F # 41B	Women 15-19 100 Back	34	---	5.57
1:30.86Y	F # 43B	Women 15-19 100 Breast	24	---	7.45
1:27.44Y	F # 79B	Women 15-19 100 Fly	36	---	-8.90
30.70Y	F # 83B	Women 15-19 50 Free	42	---	1.04
3:05.02Y	F # 85B	Women 15-19 200 Back	13	---	11.79
<b>Hannah Ewing (17) W</b>					
56.97Y	F # 39B	Women 15-19 100 Free	3	---	-0.92
1:08.49Y	F # 41B	Women 15-19 100 Back	12	---	0.44
5:17.69Y	F # 45B	Women 15-19 500 Free	1	---	3.24
2:02.34Y	F # 77B	Women 15-19 200 Free	1	---	0.84
1:08.78Y	F # 79B	Women 15-19 100 Fly	19	---	1.31
26.85Y	F # 83B	Women 15-19 50 Free	8	---	0.59
<b>Ron Feldman (15) M</b>					
2:23.62Y	DQ F # 36B	Men 15-19 200 IM	---	---	---
58.50Y	F # 40B	Men 15-19 100 Free	39	---	-0.20
1:09.27Y	F # 42B	Men 15-19 100 Back	27	---	0.63
2:05.67Y	F # 78B	Men 15-19 200 Free	29	---	-0.32
1:05.77Y	F # 80B	Men 15-19 100 Fly	29	---	1.46
2:27.08Y	F # 86B	Men 15-19 200 Back	12	---	0.67

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Time	F/P/S	Event	Place	Points	Improv
<b>Jonas Foung (14) M</b>					
2:23.38Y	F # 36A	Men 13-14 200 IM	11	---	-10.71
1:11.08Y	F # 44A	Men 13-14 100 Breast	5	---	-4.43
2:10.21Y	F # 78A	Men 13-14 200 Free	19	---	-7.61
2:37.59Y	F # 82A	Men 13-14 200 Breast	3	---	-5.49
28.50Y	F # 84A	Men 13-14 50 Free	32	---	-0.99
<b>Lucas Foung (16) M</b>					
1:56.73Y	F # 78B	Men 15-19 200 Free	15	---	1.61
58.28Y	F # 80B	Men 15-19 100 Fly	16	---	1.34
25.44Y	F # 84B	Men 15-19 50 Free	38	---	1.13
<b>Luke Gardner (16) M</b>					
2:14.79Y	F # 36B	Men 15-19 200 IM	17	---	-4.94
1:10.36Y	F # 44B	Men 15-19 100 Breast	20	---	-0.75
NS	F # 46B	Men 15-19 500 Free	---	---	---
1:58.55Y	F # 78B	Men 15-19 200 Free	20	---	-5.22
2:34.57Y	F # 82B	Men 15-19 200 Breast	11	---	-2.22
4:54.64Y	F # 88B	Men 15-19 400 IM	5	---	3.38
<b>Thomas Gaughan (17) M</b>					
50.45Y	F # 40B	Men 15-19 100 Free	5	---	1.26
55.12Y	F # 80B	Men 15-19 100 Fly	6	---	1.72
23.22Y	F # 84B	Men 15-19 50 Free	6	---	0.75
<b>Keira Gilligan (16) W</b>					
2:25.24Y	F # 35B	Women 15-19 200 IM	8	---	7.55
NS	F # 39B	Women 15-19 100 Free	---	---	---
1:14.01Y	F # 43B	Women 15-19 100 Breast	3	---	3.80
1:07.43Y	F # 79B	Women 15-19 100 Fly	16	---	-0.97
26.76Y	F # 83B	Women 15-19 50 Free	7	---	0.67
<b>Reagan Gilligan (16) W</b>					
1:01.41Y	F # 41B	Women 15-19 100 Back	1	---	1.71
1:10.96Y	F # 43B	Women 15-19 100 Breast	1	---	3.83
NS	F # 45B	Women 15-19 500 Free	---	---	---
1:01.45Y	F # 79B	Women 15-19 100 Fly	2	---	-0.48
25.97Y	F # 83B	Women 15-19 50 Free	2	---	1.02
2:14.60Y	F # 85B	Women 15-19 200 Back	1	---	1.83
<b>Jordan Hall (14) W</b>					
2:20.05Y	F # 77A	Women 13-14 200 Free	10	---	-5.12
2:47.68Y	F # 81A	Women 13-14 200 Breast	2	---	-0.72

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Location: Raritan Vallev Community Center

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Time	F/P/S	Event	Place	Points	Improv
<b>David Hanin (13) M</b>					
2:25.46Y	F # 36A	Men 13-14 200 IM	14	---	-3.40
2:27.78Y	F # 38A	Men 13-14 200 Fly	5	---	-1.37
1:16.11Y	F # 44A	Men 13-14 100 Breast	11	---	-2.32
2:09.01Y	F # 78A	Men 13-14 200 Free	17	---	-10.62
1:05.73Y	F # 80A	Men 13-14 100 Fly	14	---	-2.66
2:41.54Y	F # 82A	Men 13-14 200 Breast	7	---	-8.57
<b>Aidan Hong (15) M</b>					
54.64Y	F # 40B	Men 15-19 100 Free	27	---	-4.21
1:07.86Y	F # 44B	Men 15-19 100 Breast	14	---	-7.04
5:53.76Y	F # 46B	Men 15-19 500 Free	6	---	-41.54
1:03.40Y	F # 80B	Men 15-19 100 Fly	26	---	-10.57
2:33.92Y	F # 82B	Men 15-19 200 Breast	10	---	-1.45
25.24Y	F # 84B	Men 15-19 50 Free	33	---	-0.54
<b>Kingsley Hong (13) M</b>					
1:04.74Y	F # 40A	Men 13-14 100 Free	36	---	-6.74
1:13.36Y	F # 42A	Men 13-14 100 Back	26	---	-11.19
1:21.09Y	F # 44A	Men 13-14 100 Breast	19	---	-7.40
2:20.91Y	F # 78A	Men 13-14 200 Free	30	---	-18.41
2:56.33Y	F # 82A	Men 13-14 200 Breast	13	---	-18.36
29.08Y	F # 84A	Men 13-14 50 Free	36	---	-2.95
<b>Marin Ievers (16) W</b>					
59.65Y	F # 39B	Women 15-19 100 Free	13	---	-2.01
1:06.23Y	F # 41B	Women 15-19 100 Back	6	---	-2.80
5:50.80Y	F # 45B	Women 15-19 500 Free	4	---	---
2:09.65Y	F # 77B	Women 15-19 200 Free	10	---	-6.76
1:09.99Y	F # 79B	Women 15-19 100 Fly	22	---	---
27.27Y	F # 83B	Women 15-19 50 Free	13	---	---
<b>Sonia Jagen (14) W</b>					
58.56Y	F # 39A	Women 13-14 100 Free	4	---	1.05
1:08.33Y	F # 41A	Women 13-14 100 Back	5	---	-0.41
1:14.97Y	F # 43A	Women 13-14 100 Breast	2	---	1.69
<b>Zoe Joss (17) W</b>					
2:16.91Y	F # 35B	Women 15-19 200 IM	1	---	3.33
57.92Y	F # 39B	Women 15-19 100 Free	4	---	0.94
1:03.09Y	F # 41B	Women 15-19 100 Back	2	---	0.98
2:02.70Y	F # 77B	Women 15-19 200 Free	2	---	0.92
1:02.62Y	F # 79B	Women 15-19 100 Fly	4	---	---

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Time	F/P/S	Event	Place	Points	Improv
<b>Sasha Kolbe (13) W</b>					
1:00.15Y	F # 39A	Women 13-14 100 Free	10	---	-2.05
1:21.61Y	F # 43A	Women 13-14 100 Breast	10	---	-3.89
2:14.04Y	F # 77A	Women 13-14 200 Free	7	---	-6.09
1:12.84Y	F # 79A	Women 13-14 100 Fly	9	---	-4.56
26.96Y	F # 83A	Women 13-14 50 Free	3	---	-0.28
<b>Riley Kopp (16) W</b>					
2:18.65Y	F # 35B	Women 15-19 200 IM	2	---	1.98
58.96Y	F # 39B	Women 15-19 100 Free	10	---	0.98
5:25.29Y	F # 45B	Women 15-19 500 Free	2	---	9.97
2:03.29Y	F # 77B	Women 15-19 200 Free	4	---	2.36
1:08.03Y	F # 79B	Women 15-19 100 Fly	18	---	1.20
27.66Y	F # 83B	Women 15-19 50 Free	18	---	-0.59
<b>Nick Krukovsky (12) M</b>					
2:27.51Y	F # 4	Men 11-12 200 Free	3	---	-0.63
36.49Y	F # 8	Men 11-12 50 Back	6	---	0.22
31.55Y	F # 12	Men 11-12 50 Free	10	---	0.04
2:42.85Y	F # 14	Men 11-12 200 Back	3	---	1.86
34.97Y	F # 54	Men 11-12 50 Fly	6	---	-0.86
1:15.99Y	F # 56	Men 11-12 100 Back	5	---	-4.27
<b>Marco Leonardis (14) M</b>					
1:04.90Y	F # 40A	Men 13-14 100 Free	37	---	-1.21
NS	F # 42A	Men 13-14 100 Back	---	---	---
1:30.70Y	F # 44A	Men 13-14 100 Breast	32	---	---
<b>Ella Lepis (17) W</b>					
2:20.50Y	F # 35B	Women 15-19 200 IM	4	---	4.28
58.76Y	F # 39B	Women 15-19 100 Free	9	---	1.36
<b>Brooke Lord (15) W</b>					
1:14.49Y	F # 39B	Women 15-19 100 Free	46	---	-1.10
1:32.56Y	F # 43B	Women 15-19 100 Breast	25	---	-6.68
2:46.74Y	F # 77B	Women 15-19 200 Free	32	---	-0.58
1:32.61Y	F # 79B	Women 15-19 100 Fly	38	---	-8.29
32.84Y	F # 83B	Women 15-19 50 Free	45	---	-0.88
<b>Sam Lorenc (18) M</b>					
2:01.15Y	F # 36B	Men 15-19 200 IM	3	---	0.41
48.96Y	F # 40B	Men 15-19 100 Free	2	---	1.53
1:02.94Y	F # 44B	Men 15-19 100 Breast	2	---	1.24
1:47.26Y	F # 78B	Men 15-19 200 Free	4	---	0.85
54.38Y	F # 80B	Men 15-19 100 Fly	4	---	1.75
22.33Y	F # 84B	Men 15-19 50 Free	1	---	0.46

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<b>Alex Makovsky (16) M</b>					
2:17.24Y	F # 36B	Men 15-19 200 IM	21	---	-1.57
53.77Y	F # 40B	Men 15-19 100 Free	23	---	0.55
1:05.56Y	F # 42B	Men 15-19 100 Back	20	---	2.65
1:08.02Y	F # 80B	Men 15-19 100 Fly	34	---	1.37
24.83Y	F # 84B	Men 15-19 50 Free	28	---	0.65
2:14.94Y	F # 86B	Men 15-19 200 Back	6	---	-4.03
<b>Cece Manis (14) W</b>					
1:05.56Y	F # 39A	Women 13-14 100 Free	20	---	-1.65
1:17.70Y	F # 41A	Women 13-14 100 Back	13	---	-1.51
2:24.45Y	F # 43A	Women 13-14 100 Breast	35	---	---
29.85Y	F # 83A	Women 13-14 50 Free	16	---	-0.81
2:47.60Y	F # 85A	Women 13-14 200 Back	8	---	---
<b>Simon Maza (14) M</b>					
2:30.09Y	F # 36A	Men 13-14 200 IM	20	---	-20.13
1:00.32Y	F # 40A	Men 13-14 100 Free	25	---	-1.27
1:12.39Y	F # 42A	Men 13-14 100 Back	23	---	0.45
2:13.12Y	F # 78A	Men 13-14 200 Free	26	---	-6.26
1:08.44Y	F # 80A	Men 13-14 100 Fly	18	---	-4.26
28.08Y	F # 84A	Men 13-14 50 Free	29	---	0.22
<b>Vivian McCormick (14) W</b>					
1:03.06Y	F # 39A	Women 13-14 100 Free	15	---	-0.27
1:20.29Y	F # 43A	Women 13-14 100 Breast	7	---	-2.35
2:21.39Y	F # 77A	Women 13-14 200 Free	11	---	---
1:14.17Y	F # 79A	Women 13-14 100 Fly	11	---	---
2:56.79Y	F # 81A	Women 13-14 200 Breast	8	---	---
29.01Y	F # 83A	Women 13-14 50 Free	13	---	-9.83
<b>Elise McGirt (17) W</b>					
1:03.68Y	F # 39B	Women 15-19 100 Free	32	---	5.74
NS	F # 41B	Women 15-19 100 Back	---	---	---
1:24.10Y	F # 43B	Women 15-19 100 Breast	21	---	8.68
1:13.90Y	F # 79B	Women 15-19 100 Fly	30	---	8.62
28.94Y	F # 83B	Women 15-19 50 Free	30	---	2.50
<b>Shannon McGowan (15) W</b>					
2:37.57Y	F # 37B	Women 15-19 200 Fly	4	---	-7.37
59.86Y	F # 39B	Women 15-19 100 Free	16	---	1.65
1:20.26Y	F # 43B	Women 15-19 100 Breast	16	---	2.22
2:08.60Y	F # 77B	Women 15-19 200 Free	8	---	2.85
1:10.53Y	F # 79B	Women 15-19 100 Fly	23	---	1.65
27.79Y	F # 83B	Women 15-19 50 Free	19	---	0.72

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<b>Lily Miklaszewski (17) W</b>					
55.51Y	F # 39B	Women 15-19 100 Free	1	---	0.03
1:03.81Y	F # 41B	Women 15-19 100 Back	3	---	-0.57
1:14.55Y	F # 43B	Women 15-19 100 Breast	4	---	-5.10
1:04.17Y	F # 79B	Women 15-19 100 Fly	6	---	-0.63
2:41.62Y	F # 81B	Women 15-19 200 Breast	2	---	-12.02
26.03Y	F # 83B	Women 15-19 50 Free	4	---	1.33
NS	F # 85B	Women 15-19 200 Back	---	---	---
<b>Grace Moran (14) W</b>					
1:10.04Y	F # 39A	Women 13-14 100 Free	27	---	1.42
1:25.25Y	F # 43A	Women 13-14 100 Breast	16	---	0.89
2:33.50Y	F # 77A	Women 13-14 200 Free	19	---	1.04
1:17.95Y	F # 79A	Women 13-14 100 Fly	14	---	0.86
3:06.91Y	F # 81A	Women 13-14 200 Breast	11	---	1.81
31.26Y	F # 83A	Women 13-14 50 Free	21	---	0.22
<b>Eli Muldoon (17) M</b>					
50.95Y	F # 40B	Men 15-19 100 Free	8	---	0.39
1:03.23Y	F # 44B	Men 15-19 100 Breast	4	---	1.46
NS	F # 78B	Men 15-19 200 Free	---	---	---
54.83Y	F # 80B	Men 15-19 100 Fly	5	---	1.83
23.36Y	F # 84B	Men 15-19 50 Free	9	---	0.60
<b>Amelia Murphy (14) W</b>					
1:03.44Y	F # 39A	Women 13-14 100 Free	---	---	0.58
1:12.14Y	F # 41A	Women 13-14 100 Back	8	---	-0.20
1:21.98Y	F # 43A	Women 13-14 100 Breast	11	---	0.60
2:21.96Y	F # 77A	Women 13-14 200 Free	12	---	0.88
2:56.54Y	F # 81A	Women 13-14 200 Breast	7	---	---
28.91Y	F # 83A	Women 13-14 50 Free	12	---	1.23
<b>Caroline Murray (17) W</b>					
2:03.25Y	F # 77B	Women 15-19 200 Free	3	---	6.42
1:01.82Y	F # 79B	Women 15-19 100 Fly	3	---	2.11
2:16.86Y	F # 85B	Women 15-19 200 Back	2	---	7.76
<b>Daniel Murray (14) M</b>					
58.49Y	F # 40A	Men 13-14 100 Free	20	---	0.27
1:29.89Y	F # 44A	Men 13-14 100 Breast	31	---	-0.14
2:06.46Y DQ	F # 78A	Men 13-14 200 Free	---	---	---
1:09.02Y	F # 80A	Men 13-14 100 Fly	19	---	-2.43
2:24.71Y	F # 86A	Men 13-14 200 Back	9	---	-0.82



## COUGAR AQUATIC TEAM

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### Individual Meet Results

2023 BB Go For the Gold 21-Oct-23 to 22-Oct-23 Yards

Location: Raritan Vallev Community Center

Cougar Aquatic Team [CAT-NJ] Coach: Eric Harse

Time	F/P/S	Event	Place	Points	Improv
<b>Coco Okawa-O'Connell (16) W</b>					
2:24.43Y	F # 35B	Women 15-19 200 IM	7	---	3.70
59.15Y	F # 39B	Women 15-19 100 Free	11	---	1.75
1:15.66Y	F # 43B	Women 15-19 100 Breast	5	---	3.15
2:10.89Y	F # 77B	Women 15-19 200 Free	12	---	2.02
1:08.93Y	F # 79B	Women 15-19 100 Fly	20	---	1.47
27.06Y	F # 83B	Women 15-19 50 Free	11	---	0.79
<b>Kyle Phillips (16) M</b>					
2:06.79Y	F # 38B	Men 15-19 200 Fly	3	---	-1.01
50.69Y	F # 40B	Men 15-19 100 Free	6	---	-0.21
1:05.60Y	F # 44B	Men 15-19 100 Breast	9	---	1.31
1:50.27Y	F # 78B	Men 15-19 200 Free	6	---	-1.92
57.49Y	F # 80B	Men 15-19 100 Fly	14	---	1.42
23.37Y	F # 84B	Men 15-19 50 Free	10	---	0.68
<b>Matthew Piacentini (17) M</b>					
2:02.45Y	F # 36B	Men 15-19 200 IM	4	---	4.80
49.32Y	F # 40B	Men 15-19 100 Free	3	---	1.54
54.92Y	F # 42B	Men 15-19 100 Back	2	---	-1.28
1:48.47Y	F # 78B	Men 15-19 200 Free	5	---	1.34
53.38Y	F # 80B	Men 15-19 100 Fly	2	---	0.28
22.54Y	F # 84B	Men 15-19 50 Free	2	---	0.38
<b>Mario Pontidis (17) M</b>					
52.89Y	F # 40B	Men 15-19 100 Free	20	---	0.58
NS	F # 42B	Men 15-19 100 Back	---	---	---
NS	F # 80B	Men 15-19 100 Fly	---	---	---
23.81Y	F # 84B	Men 15-19 50 Free	15	---	0.67
<b>Vivianna Ramos (15) W</b>					
1:04.45Y	F # 39B	Women 15-19 100 Free	35	---	1.07
1:17.28Y	F # 41B	Women 15-19 100 Back	27	---	2.88
1:20.33Y	F # 43B	Women 15-19 100 Breast	17	---	3.15
1:11.51Y	F # 79B	Women 15-19 100 Fly	26	---	1.15
29.11Y	F # 83B	Women 15-19 50 Free	32	---	-0.25
<b>Kailey Ross (17) W</b>					
59.46Y	F # 39B	Women 15-19 100 Free	12	---	-0.33
1:07.34Y	F # 41B	Women 15-19 100 Back	9	---	1.51
1:15.98Y	F # 43B	Women 15-19 100 Breast	7	---	3.11
<b>Connor Sabia (13) M</b>					
1:00.67Y	F # 40A	Men 13-14 100 Free	27	---	-1.88
1:10.98Y	F # 42A	Men 13-14 100 Back	21	---	0.32
2:10.46Y	F # 78A	Men 13-14 200 Free	20	---	-2.75
28.36Y	F # 84A	Men 13-14 50 Free	31	---	-1.02
2:29.75Y	F # 86A	Men 13-14 200 Back	14	---	-1.59

## COUGAR AQUATIC TEAM

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### Individual Meet Results

2023 BB Go For the Gold 21-Oct-23 to 22-Oct-23 Yards

Location: Raritan Vallev Community Center

Cougar Aquatic Team [CAT-NJ] Coach: Eric Harse

Time	F/P/S	Event	Place	Points	Improv
<b>John Sagui (16) M</b>					
54.70Y	F # 40B	Men 15-19 100 Free	28	---	0.71
1:11.05Y	F # 44B	Men 15-19 100 Breast	22	---	1.12
2:03.62Y	F # 78B	Men 15-19 200 Free	27	---	0.89
2:44.13Y	F # 82B	Men 15-19 200 Breast	14	---	8.02
24.87Y	F # 84B	Men 15-19 50 Free	29	---	0.54
<b>Koji Sawa (14) M</b>					
2:06.79Y	F # 38A	Men 13-14 200 Fly	2	---	-11.99
1:03.31Y	F # 44A	Men 13-14 100 Breast	1	---	-0.83
1:50.70Y	F # 78A	Men 13-14 200 Free	1	---	-2.78
55.98Y	F # 80A	Men 13-14 100 Fly	2	---	-1.46
2:03.98Y	F # 86A	Men 13-14 200 Back	1	---	-0.68
<b>Margaret Sawa (16) W</b>					
2:18.68Y DQ	F # 35B	Women 15-19 200 IM	---	---	---
1:03.92Y	F # 41B	Women 15-19 100 Back	4	---	-1.33
1:19.11Y	F # 43B	Women 15-19 100 Breast	13	---	2.03
1:00.01Y	F # 79B	Women 15-19 100 Fly	1	---	-3.51
25.57Y	F # 83B	Women 15-19 50 Free	1	---	0.25
4:51.21Y	F # 87B	Women 15-19 400 IM	1	---	-14.52
<b>Surya Singh (14) M</b>					
NS	F # 40A	Men 13-14 100 Free	---	---	---
NS	F # 42A	Men 13-14 100 Back	---	---	---
2:09.84Y	F # 78A	Men 13-14 200 Free	18	---	-4.01
1:07.72Y	F # 80A	Men 13-14 100 Fly	17	---	-1.74
27.88Y	F # 84A	Men 13-14 50 Free	27	---	0.17
<b>David Slowinski (18) M</b>					
2:00.21Y	F # 36B	Men 15-19 200 IM	2	---	1.96
48.49Y	F # 40B	Men 15-19 100 Free	1	---	0.73
55.73Y	F # 42B	Men 15-19 100 Back	3	---	-1.41
1:47.20Y	F # 78B	Men 15-19 200 Free	3	---	0.91
52.90Y	F # 80B	Men 15-19 100 Fly	1	---	0.71
2:01.98Y	F # 86B	Men 15-19 200 Back	2	---	-0.31
<b>Lola Somerstein (14) W</b>					
57.42Y	F # 39A	Women 13-14 100 Free	3	---	-0.44
1:06.86Y	F # 41A	Women 13-14 100 Back	3	---	2.65
1:00.85Y	F # 79A	Women 13-14 100 Fly	1	---	0.96
26.91Y	F # 83A	Women 13-14 50 Free	2	---	0.39
<b>Sasha Steele (15) W</b>					
2:30.42Y	F # 37B	Women 15-19 200 Fly	3	---	-0.51
1:10.93Y	F # 41B	Women 15-19 100 Back	15	---	1.23
1:06.09Y	F # 79B	Women 15-19 100 Fly	12	---	2.55
26.55Y	F # 83B	Women 15-19 50 Free	6	---	0.56

## COUGAR AQUATIC TEAM

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### Individual Meet Results

2023 BB Go For the Gold 21-Oct-23 to 22-Oct-23 Yards

Location: Raritan Vallev Community Center

Cougar Aquatic Team [CAT-NJ] Coach: Eric Harse

Time	F/P/S	Event	Place	Points	Improv
<b>Mark Suarez (14) M</b>					
2:11.52Y	F # 36A	Men 13-14 200 IM	2	---	2.42
51.69Y	F # 40A	Men 13-14 100 Free	1	---	1.11
59.28Y	F # 42A	Men 13-14 100 Back	1	---	2.34
1:54.42Y	F # 78A	Men 13-14 200 Free	2	---	-0.41
58.25Y	F # 80A	Men 13-14 100 Fly	3	---	-1.18
23.63Y	F # 84A	Men 13-14 50 Free	2	---	0.36
<b>Brandon Sutherland (17) M</b>					
2:14.16Y	F # 36B	Men 15-19 200 IM	16	---	---
52.13Y	F # 40B	Men 15-19 100 Free	14	---	-0.70
57.70Y	F # 42B	Men 15-19 100 Back	6	---	---
1:57.54Y	F # 78B	Men 15-19 200 Free	17	---	---
23.99Y	F # 84B	Men 15-19 50 Free	17	---	-0.37
2:05.85Y	F # 86B	Men 15-19 200 Back	3	---	---
<b>Elaura Thorngren (14) W</b>					
2:52.26Y	F # 35A	Women 13-14 200 IM	10	---	-9.55
1:08.61Y	F # 39A	Women 13-14 100 Free	26	---	0.26
1:30.58Y	F # 43A	Women 13-14 100 Breast	20	---	-3.57
2:28.58Y	F # 77A	Women 13-14 200 Free	17	---	-2.71
3:15.45Y	F # 81A	Women 13-14 200 Breast	15	---	-5.72
30.93Y	F # 83A	Women 13-14 50 Free	19	---	0.08
<b>Lexi Whitworth (14) W</b>					
56.57Y	F # 39A	Women 13-14 100 Free	1	---	-0.02
1:06.00Y	F # 41A	Women 13-14 100 Back	2	---	1.48
2:04.66Y	F # 77A	Women 13-14 200 Free	1	---	-1.30
1:05.34Y	F # 79A	Women 13-14 100 Fly	3	---	-3.62
2:21.43Y	F # 85A	Women 13-14 200 Back	1	---	0.77
<b>Fabio Yopez (17) M</b>					
2:08.97Y	F # 36B	Men 15-19 200 IM	10	---	0.86
51.50Y	F # 40B	Men 15-19 100 Free	12	---	-0.20
1:07.27Y	F # 44B	Men 15-19 100 Breast	11	---	0.52
1:53.07Y	F # 78B	Men 15-19 200 Free	9	---	1.34
56.54Y	F # 80B	Men 15-19 100 Fly	10	---	0.65
23.54Y	F # 84B	Men 15-19 50 Free	12	---	0.37
<b>Jorge Yopez (12) M</b>					
2:27.76Y	F # 4	Men 11-12 200 Free	4	---	-16.77
1:22.88Y	F # 10	Men 11-12 100 Fly	5	---	-8.05
32.01Y	F # 12	Men 11-12 50 Free	12	---	0.24
34.39Y	F # 54	Men 11-12 50 Fly	5	---	-2.17
1:18.03Y	F # 56	Men 11-12 100 Back	10	---	-3.75
1:09.81Y	F # 60	Men 11-12 100 Free	14	---	-1.84

## COUGAR AQUATIC TEAM

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### Individual Meet Results

2023 BB Go For the Gold 21-Oct-23 to 22-Oct-23 Yards

Location: Raritan Valley Community Center

Cougar Aquatic Team [CAT-NJ] Coach: Eric Harse

Time	F/P/S	Event	Place	Points	Improv
<b>Jj Zarah (13) M</b>					
1:02.94Y	F # 40A	Men 13-14 100 Free	34	---	-1.57
1:12.43Y	F # 42A	Men 13-14 100 Back	24	---	-1.67
2:16.78Y	F # 78A	Men 13-14 200 Free	27	---	-2.87
1:12.59Y	F # 80A	Men 13-14 100 Fly	22	---	-2.73
29.40Y	F # 84A	Men 13-14 50 Free	37	---	-1.59
<b>David Zoltek (16) M</b>					
2:09.14Y	F # 36B	Men 15-19 200 IM	11	---	0.83
49.77Y	F # 40B	Men 15-19 100 Free	4	---	1.47
1:04.59Y	F # 44B	Men 15-19 100 Breast	8	---	1.06
1:51.18Y	F # 78B	Men 15-19 200 Free	7	---	3.48
59.12Y	F # 80B	Men 15-19 100 Fly	20	---	-0.86
22.90Y	F # 84B	Men 15-19 50 Free	4	---	0.55
<b>Sophie Zuluaga (15) W</b>					
2:19.66Y	F # 35B	Women 15-19 200 IM	3	---	-2.74
58.24Y	F # 39B	Women 15-19 100 Free	5	---	-0.50
1:04.20Y	F # 41B	Women 15-19 100 Back	5	---	2.12
2:03.47Y	F # 77B	Women 15-19 200 Free	6	---	-2.24
1:04.06Y	F # 79B	Women 15-19 100 Fly	5	---	-1.53
26.92Y	F # 83B	Women 15-19 50 Free	9	---	-0.61