

## COUGAR AQUATIC TEAM

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### Individual Meet Results

2024 NJS & SCAR 13 & Over Silvers 09-Mar-24 to 10-Mar-24 Yards

Location: Werblin Recreation Center

Cougar Aquatic Team [CAT-NJ] Coach: Eric Harse

Time	F/P/S	Event	Place	Points	Improv
<b>HAYDEN ABFIER (17) M</b>					
1:00.00Y	F # 8	Men 15-19 100 BACK	28	---	0.07
53.13Y	F # 14	Men 15-19 100 FREE	50	---	-0.01
24.46Y	F # 30	200 Free Relay Lead Off	---	---	0.17
24.57Y	F # 34	Men 15-19 50 FREE	60	---	0.28
<b>BILAL AFIFI (13) M</b>					
2:13.82Y	F # 9	Men 13-14 200 IM	3	---	-2.84
2:24.51Y	F # 15	Men 13-14 200 FLY	6	---	-0.85
2:42.94Y	F # 37	Men 13-14 200 BREAST	18	---	-2.58
<b>SASHA BLACK (15) W</b>					
5:28.35Y	F # 3B	Women 15-19 500 FREE	6	---	-6.15
2:19.59Y	F # 22	Women 15-19 200 IM	9	---	-1.94
58.90Y	F # 26	Women 15-19 100 FREE	48	---	1.69
26.36Y	F # 46	200 Free Relay Lead Off	---	---	-0.34
26.37Y	F # 50	Women 15-19 50 FREE	21	---	-0.33
2:16.68Y	F # 56	Women 15-19 200 BACK	5	---	-2.55
<b>TORI BURGESS (15) W</b>					
1:13.10Y	F # 20	Women 15-19 100 BACK	49	---	0.85
2:37.30Y	F # 28	Women 15-19 200 FLY	12	---	-3.46
<b>MASON CARTER (13) M</b>					
1:11.01Y DQ	F # 11	Men 13-14 100 BREAST	---	---	---
54.87Y	F # 13	Men 13-14 100 FREE	9	---	-0.74
4:47.08Y	F # 31	Men 13-14 400 IM	1	---	---
25.46Y	F # 33	Men 13-14 50 FREE	17	---	0.07
2:38.07Y	F # 37	Men 13-14 200 BREAST	14	---	1.37
2:03.21Y	F # 41	Men 13-14 200 FREE	24	---	2.75
<b>ZOPHIA COOK (13) W</b>					
1:08.06Y	F # 19	Women 13-14 100 BACK	28	---	-2.10
1:03.29Y	F # 25	Women 13-14 100 FREE	60	---	0.22
<b>MATTHEW CZERWINSKI (16) M</b>					
51.13Y	F # 14	Men 15-19 100 FREE	15	---	0.06
2:09.95Y	F # 16	Men 15-19 200 FLY	9	---	1.43
23.59Y	F # 34	Men 15-19 50 FREE	23	---	0.12
1:53.45Y	F # 42	Men 15-19 200 FREE	17	---	0.61
<b>COLE DESIDERIO (14) M</b>					
1:08.63Y	F # 7	Men 13-14 100 BACK	47	---	1.49
1:12.83Y	F # 11	Men 13-14 100 BREAST	22	---	-1.61
<b>KASEY DESIDERIO (16) W</b>					
1:04.70Y	F # 20	Women 15-19 100 BACK	13	---	0.01
58.82Y	F # 26	Women 15-19 100 FREE	45	---	1.12

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<b>NATASHA DURAN-GONZALEZ (14) W</b>					
5:59.01Y	F # 3A	Women 13-14 500 FREE	30	---	-5.87
1:07.94Y	F # 19	Women 13-14 100 BACK	25	---	-1.06
1:18.53Y	F # 23	Women 13-14 100 BREAST	21	---	-0.47
26.64Y	F # 49	Women 13-14 50 FREE	5	---	-0.36
1:08.92Y	F # 51	Women 13-14 100 FLY	21	---	0.38
2:08.59Y	F # 57	Women 13-14 200 FREE	16	---	-2.48
<b>JONAS FOUNG (14) M</b>					
5:00.14Y DQ	F # 31	Men 13-14 400 IM	---	---	---
27.44Y	F # 33	Men 13-14 50 FREE	62	---	-0.25
1:07.97Y DQ	F # 35	Men 13-14 100 FLY	---	---	---
<b>LUKE GARDNER (16) M</b>					
1:07.52Y	F # 12	Men 15-19 100 BREAST	42	---	-0.38
51.89Y	F # 14	Men 15-19 100 FREE	35	---	-0.33
2:30.69Y	F # 38	Men 15-19 200 BREAST	29	---	-1.59
<b>JORDAN HALL (14) W</b>					
5:50.99Y	F # 3A	Women 13-14 500 FREE	21	---	-7.06
1:07.98Y	F # 19	Women 13-14 100 BACK	27	---	-1.07
2:28.80Y	F # 21	Women 13-14 200 IM	15	---	-0.92
1:01.44Y	F # 25	Women 13-14 100 FREE	51	---	-0.17
5:12.92Y	F # 47	Women 13-14 400 IM	8	---	-5.55
2:27.51Y	F # 55	Women 13-14 200 BACK	18	---	-1.85
<b>DAVID HANIN (14) M</b>					
5:27.03Y	F # 4A	Men 13-14 500 FREE	12	---	-6.10
1:06.39Y	F # 7	Men 13-14 100 BACK	34	---	1.03
2:18.32Y	F # 9	Men 13-14 200 IM	15	---	-1.23
1:11.27Y	F # 11	Men 13-14 100 BREAST	12	---	-0.53
2:20.37Y	F # 39	Men 13-14 200 BACK	21	---	0.77
<b>AIDAN HONG (15) M</b>					
1:02.22Y	F # 8	Men 15-19 100 BACK	45	---	-1.43
1:06.88Y	F # 12	Men 15-19 100 BREAST	35	---	-0.69
56.12Y	F # 14	Men 15-19 100 FREE	67	---	1.48
2:26.00Y	F # 38	Men 15-19 200 BREAST	18	---	-0.99
<b>KINGSLEY HONG (13) M</b>					
27.65Y	F # 33	Men 13-14 50 FREE	63	---	0.21
2:28.48Y	F # 39	Men 13-14 200 BACK	43	---	2.86
<b>MARIN IEVERS (17) W</b>					
5:27.30Y	F # 3B	Women 15-19 500 FREE	4	---	-11.40
1:06.10Y	F # 20	Women 15-19 100 BACK	23	---	-0.13
57.57Y	F # 26	Women 15-19 100 FREE	23	---	-1.34
2:17.78Y	F # 56	Women 15-19 200 BACK	6	---	-2.48

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<b>SONIA JAGEN (15) W</b>					
30.32Y	F # 18	200 Medley Relay Lead Off	---	---	-1.46
1:03.73Y	F # 20	Women 15-19 100 BACK	7	---	-1.34
55.99Y	F # 26	Women 15-19 100 FREE	5	---	-0.72
2:16.41Y	F # 56	Women 15-19 200 BACK	4	---	-4.41
2:06.16Y	F # 58	Women 15-19 200 FREE	22	---	0.18
<b>SASHA KOLBE (14) W</b>					
5:49.08Y	F # 3A	Women 13-14 500 FREE	16	---	-8.51
1:11.30Y	F # 19	Women 13-14 100 BACK	49	---	-0.19
1:22.50Y	F # 23	Women 13-14 100 BREAST	44	---	2.28
1:06.32Y	F # 51	Women 13-14 100 FLY	6	---	-4.08
<b>ALEX MAKOVSKY (16) M</b>					
28.66Y	F # 6	200 Medley Relay Lead Off	---	---	-2.36
1:00.84Y	F # 8	Men 15-19 100 BACK	35	---	0.42
52.88Y	F # 14	Men 15-19 100 FREE	47	---	0.28
24.15Y	F # 34	Men 15-19 50 FREE	45	---	-0.03
<b>CECE MANIS (14) W</b>					
1:19.00Y	F # 23	Women 13-14 100 BREAST	26	---	-0.35
1:03.88Y	F # 25	Women 13-14 100 FREE	61	---	0.36
29.23Y	F # 49	Women 13-14 50 FREE	52	---	0.34
<b>VIVIAN MCCORMICK (14) W</b>					
1:07.74Y	F # 19	Women 13-14 100 BACK	21	---	-1.84
2:25.62Y	F # 21	Women 13-14 200 IM	8	---	-1.09
1:00.03Y	F # 25	Women 13-14 100 FREE	28	---	-0.69
27.39Y	F # 49	Women 13-14 50 FREE	18	---	-0.42
1:09.40Y	F # 51	Women 13-14 100 FLY	24	---	0.28
DQ	F # 55	Women 13-14 200 BACK	---	---	---
<b>SHANNON MCGOWAN (16) W</b>					
1:08.57Y	F # 20	Women 15-19 100 BACK	41	---	2.34
1:17.62Y	F # 24	Women 15-19 100 BREAST	24	---	-0.42
59.43Y	F # 26	Women 15-19 100 FREE	51	---	1.22
27.03Y	F # 50	Women 15-19 50 FREE	41	---	-0.04
2:06.41Y	F # 58	Women 15-19 200 FREE	23	---	0.66
<b>GRACE MORAN (14) W</b>					
1:19.73Y	F # 23	Women 13-14 100 BREAST	29	---	1.00
2:43.66Y	F # 27	Women 13-14 200 FLY	12	---	2.14
29.62Y	F # 49	Women 13-14 50 FREE	53	---	0.27
1:09.62Y	F # 51	Women 13-14 100 FLY	30	---	-0.19
2:57.26Y	F # 53	Women 13-14 200 BREAST	27	---	6.42

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<b>AMELIA MURPHY (14) W</b>					
6:04.53Y	F # 3A	Women 13-14 500 FREE	34	---	-0.32
31.33Y	F # 17	200 Medley Relay Lead Off	---	---	---
1:06.16Y	F # 19	Women 13-14 100 BACK	7	---	-2.10
1:21.79Y	F # 23	Women 13-14 100 BREAST	40	---	2.60
1:00.51Y	F # 25	Women 13-14 100 FREE	39	---	-0.03
27.72Y	F # 45	200 Free Relay Lead Off	---	---	0.14
27.45Y	F # 49	Women 13-14 50 FREE	21	---	-0.13
2:49.18Y	F # 53	Women 13-14 200 BREAST	18	---	0.23
<b>DANIEL MURRAY (15) M</b>					
1:07.39Y	F # 8	Men 15-19 100 BACK	49	---	-0.69
1:59.73Y	F # 42	Men 15-19 200 FREE	34	---	-0.79
11:29.17Y	F # 44B	Men 15-19 1000 FREE	12	---	23.78
<b>COCO OKAWA-O'CONNELL (16) W</b>					
5:43.60Y	F # 3B	Women 15-19 500 FREE	19	---	6.54
DQ	F # 20	Women 15-19 100 BACK	---	---	---
2:20.76Y	F # 22	Women 15-19 200 IM	15	---	0.03
58.46Y	F # 26	Women 15-19 100 FREE	42	---	1.06
4:56.28Y	F # 48	Women 15-19 400 IM	3	---	-1.74
26.58Y	F # 50	Women 15-19 50 FREE	27	---	0.31
<b>KYLE PHILLIPS (16) M</b>					
2:09.32Y	F # 40	Men 15-19 200 BACK	13	---	4.07
<b>VIVIANNA RAMOS (15) W</b>					
1:14.78Y	F # 24	Women 15-19 100 BREAST	7	---	-2.40
1:02.76Y	F # 26	Women 15-19 100 FREE	67	---	0.93
1:09.37Y	F # 52	Women 15-19 100 FLY	48	---	0.92
2:57.22Y	F # 54	Women 15-19 200 BREAST	34	---	8.09
<b>KAILEY ROSS (17) W</b>					
1:05.10Y	F # 20	Women 15-19 100 BACK	18	---	0.40
DQ	F # 26	Women 15-19 100 FREE	---	---	---
2:24.89Y	F # 28	Women 15-19 200 FLY	5	---	0.82
26.51Y	F # 50	Women 15-19 50 FREE	23	---	-0.82
1:03.27Y	F # 52	Women 15-19 100 FLY	15	---	-0.60
<b>CONNOR SABIA (14) M</b>					
20:26.16Y	F # 2A	Men 13-14 1650 FREE	8	---	11.14
1:09.15Y	F # 7	Men 13-14 100 BACK	49	---	0.86
2:29.30Y	F # 39	Men 13-14 200 BACK	44	---	2.64
<b>JOHN SAGUI (16) M</b>					
1:06.48Y	F # 12	Men 15-19 100 BREAST	31	---	-0.98
54.81Y	F # 14	Men 15-19 100 FREE	62	---	0.82

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Time	F/P/S	Event	Place	Points	Improv
<b>SURYA SINGH (14) M</b>					
30.96Y	F # 5	200 Medley Relay Lead Off	---	---	-6.24
1:05.60Y	F # 7	Men 13-14 100 BACK	25	---	-1.38
58.37Y	F # 13	Men 13-14 100 FREE	53	---	-1.06
26.49Y	F # 29	200 Free Relay Lead Off	---	---	-0.38
26.50Y	F # 33	Men 13-14 50 FREE	51	---	-0.37
1:06.32Y	F # 35	Men 13-14 100 FLY	30	---	-0.65
2:23.90Y	F # 39	Men 13-14 200 BACK	33	---	-1.13
<b>MARK SUAREZ (15) M</b>					
5:12.95Y	F # 4B	Men 15-19 500 FREE	18	---	8.59
DQ	F # 12	Men 15-19 100 BREAST	---	---	---
50.38Y	F # 14	Men 15-19 100 FREE	3	---	-0.20
1:53.89Y	F # 42	Men 15-19 200 FREE	19	---	2.06
<b>BRANDON SUTHERLAND (18) M</b>					
52.65Y	F # 14	Men 15-19 100 FREE	43	---	0.52
24.30Y	F # 34	Men 15-19 50 FREE	51	---	0.37
2:05.63Y	F # 40	Men 15-19 200 BACK	4	---	-0.22
DQ	F # 42	Men 15-19 200 FREE	---	---	---
<b>FINN TOBIN (15) M</b>					
57.15Y	F # 8	Men 15-19 100 BACK	8	---	-2.54
53.26Y	F # 14	Men 15-19 100 FREE	52	---	-1.22
<b>LEXI WHITWORTH (15) W</b>					
56.49Y	F # 26	Women 15-19 100 FREE	12	---	-0.08
1:06.88Y	F # 52	Women 15-19 100 FLY	44	---	1.54
2:19.64Y	F # 56	Women 15-19 200 BACK	14	---	0.01
<b>JJ ZARAH (14) M</b>					
1:07.10Y	F # 7	Men 13-14 100 BACK	37	---	-0.16
2:26.35Y	F # 15	Men 13-14 200 FLY	8	---	-6.31
1:04.36Y	F # 35	Men 13-14 100 FLY	11	---	-2.59
2:19.85Y	F # 39	Men 13-14 200 BACK	18	---	-0.39
2:05.54Y	F # 41	Men 13-14 200 FREE	32	---	-0.07