

## COUGAR AQUATIC TEAM

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### Individual Meet Results

2024 RAFC Last Splash Invitational 25-Jul-24 to 28-Jul-24 LC Meters

Location: Rosen Aquatic & Fitness Center

Cougar Aquatic Team [CAT-NJ] Coach: Eric Harse

Time	F/P/S	Event	Place	Points	Improv
<b>BILAL AFIFI (14) M</b>					
2:29.16L	P # 10	Men 14 & Under 200 FLY	5	---	-1.04
2:30.48L	F # 10	Men 14 & Under 200 FLY	5	14	0.28
26.75L	P # 14	Men 14 & Under 50 FREE	7	---	0.50
27.07L	F # 14	Men 14 & Under 50 FREE	8	11	0.82
1:09.49L	F # 18	Men 14 & Under 100 BACK	9	9	-1.18
1:10.87L	P # 18	Men 14 & Under 100 BACK	9	---	0.20
26.74L	F # 24	200 Free Relay Lead Off	---	---	0.49
26.89L	P # 24	200 Free Relay Lead Off	---	---	0.64
32.04L	P # 26	Men 14 & Under 50 BACK	7	---	-0.29
32.23L	F # 26	Men 14 & Under 50 BACK	8	11	-0.10
4:35.88L	F # 34	Men 14 & Under 400 FREE	8	11	6.02
4:40.89L	P # 34	Men 14 & Under 400 FREE	8	---	11.03
2:08.97L	F # 40	Men 14 & Under 200 FREE	5	14	1.43
2:09.88L	P # 40	Men 14 & Under 200 FREE	5	---	2.34
1:05.00L	F # 48	Men 14 & Under 100 FLY	6	13	-2.07
1:05.85L	P # 48	Men 14 & Under 100 FLY	7	---	-1.22
10:25.26L	F # 61A	Men 14 & Under 800 FREE	7	12	40.62
NS	P # 68	Men 14 & Under 200 BACK	---	---	---
57.43L	P # 72	Men 14 & Under 100 FREE	6	---	0.21
58.27L	F # 72	Men 14 & Under 100 FREE	8	11	1.05
<b>THEA BALDEVARONA (15) W</b>					
NS	P # 7	Women 15 & Over 50 BREAST	---	---	---
NS	P # 15	Women 15 & Over 50 FREE	---	---	---
35.25L	P # 27	Women 15 & Over 50 BACK	25	---	-0.45
3:03.35L	P # 31	Women 15 & Over 200 BREAST	7	---	0.22
3:08.16L	F # 31	Women 15 & Over 200 BREAST	8	11	5.03
5:00.21L	P # 35	Women 15 & Over 400 FREE	19	---	5.42
5:05.72L	F # 35	Women 15 & Over 400 FREE	22	---	10.93
2:27.34L	P # 41	Women 15 & Over 200 FREE	36	---	8.42
1:25.38L	P # 45	Women 15 & Over 100 BREAST	8	---	0.77
1:25.45L	F # 45	Women 15 & Over 100 BREAST	8	11	0.84
31.88L	F # 65	Women 15 & Over 50 FLY	18	---	-0.85
32.61L	P # 65	Women 15 & Over 50 FLY	22	---	-0.12
1:05.59L	P # 73	Women 15 & Over 100 FREE	24	---	0.94
NS	F # 73	Women 15 & Over 100 FREE	---	---	---
2:47.01L	P # 77	Women 15 & Over 200 IM	20	---	-1.22

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2024 RAFC Last Splash Invitational 25-Jul-24 to 28-Jul-24 LC Meters

Location: Rosen Aquatic & Fitness Center

Cougar Aquatic Team [CAT-NJ] Coach: Eric Harse

Time	F/P/S	Event	Place	Points	Improv
<b>CAMILA BAZAN (15) W</b>					
44.41L	P # 7	Women 15 & Over 50 BREAST	29	---	---
32.00L	P # 15	Women 15 & Over 50 FREE	58	---	0.11
1:25.82L	P # 19	Women 15 & Over 100 BACK	48	---	2.34
39.05L	P # 27	Women 15 & Over 50 BACK	48	---	---
1:15.36L	P # 49	Women 15 & Over 100 FLY	32	---	-1.70
34.30L	P # 65	Women 15 & Over 50 FLY	42	---	---
1:08.81L	P # 73	Women 15 & Over 100 FREE	55	---	-0.90
2:51.99L	P # 77	Women 15 & Over 200 IM	30	---	-2.97
<b>SASHA BLACK (15) W</b>					
10:14.07L	F # 1B	Women 15 & Over 800 FREE	7	12	---
30.01L	P # 15	Women 15 & Over 50 FREE	31	---	-0.20
1:12.57L	F # 19	Women 15 & Over 100 BACK	14	3	-0.91
1:12.79L	P # 19	Women 15 & Over 100 BACK	14	---	-0.69
1:06.94L	F # 21	400 Free Relay Lead Off	---	---	0.84
29.91L	F # 23	200 Free Relay Lead Off	---	---	-0.30
30.47L	P # 23	200 Free Relay Lead Off	---	---	0.26
34.88L	P # 27	Women 15 & Over 50 BACK	21	---	0.45
35.14L	F # 27	Women 15 & Over 50 BACK	23	---	0.71
4:54.51L	F # 35	Women 15 & Over 400 FREE	15	2	-4.15
4:55.27L	P # 35	Women 15 & Over 400 FREE	14	---	-3.39
1:14.98L	F # 37	400 Medley Relay Lead Off	---	---	1.50
2:24.98L	P # 41	Women 15 & Over 200 FREE	28	---	1.66
5:41.54L	F # 53	Women 15 & Over 400 IM	6	13	-5.67
5:45.34L	P # 53	Women 15 & Over 400 IM	5	---	-1.87
NS	P # 69	Women 15 & Over 200 BACK	---	---	---
1:06.74L	P # 73	Women 15 & Over 100 FREE	38	---	0.64
2:39.66L	F # 77	Women 15 & Over 200 IM	11	6	-10.06
2:42.00L	P # 77	Women 15 & Over 200 IM	10	---	-7.72

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Location: Rosen Aquatic & Fitness Center

Cougar Aquatic Team [CAT-NJ] Coach: Eric Harse

Time	F/P/S	Event	Place	Points	Improv
<b>ALEXANDER BUFTEA JIMENEZ (16) M</b>					
24.72L	P # 16	Men 15 & Over 50 FREE	8	---	-0.36
24.78L	F # 16	Men 15 & Over 50 FREE	7	12	-0.30
1:01.37L	F # 20	Men 15 & Over 100 BACK	5	14	-1.13
1:01.47L	P # 20	Men 15 & Over 100 BACK	6	---	-1.03
54.64L	F # 22	400 Free Relay Lead Off	---	---	-0.31
28.40L	P # 28	Men 15 & Over 50 BACK	7	---	-0.01
28.61L	F # 28	Men 15 & Over 50 BACK	7	12	0.20
4:13.55L	F # 36	Men 15 & Over 400 FREE	6	13	-5.72
4:13.99L	P # 36	Men 15 & Over 400 FREE	7	---	-5.28
1:57.48L	F # 42	Men 15 & Over 200 FREE	4	15	-3.94
1:58.91L	P # 42	Men 15 & Over 200 FREE	8	---	-2.51
1:00.03L	F # 50	Men 15 & Over 100 FLY	18	---	-2.50
1:00.85L	P # 50	Men 15 & Over 100 FLY	20	---	-1.68
NS	P # 70	Men 15 & Over 200 BACK	---	---	---
54.13L	P # 74	Men 15 & Over 100 FREE	5	---	-0.82
54.17L	F # 74	Men 15 & Over 100 FREE	6	13	-0.78
NS	P # 78	Men 15 & Over 200 IM	---	---	---
<b>TORI BURGESS (16) W</b>					
3:07.38L	F # 11	Women 15 & Over 200 FLY	17	---	1.66
3:08.11L	P # 11	Women 15 & Over 200 FLY	17	---	2.39
33.00L	P # 15	Women 15 & Over 50 FREE	64	---	0.23
39.43L	P # 27	Women 15 & Over 50 BACK	50	---	-0.07
5:14.24L	P # 35	Women 15 & Over 400 FREE	38	---	-1.91
2:28.63L	P # 41	Women 15 & Over 200 FREE	42	---	-4.34
1:17.99L	P # 49	Women 15 & Over 100 FLY	35	---	-1.13
35.21L	P # 65	Women 15 & Over 50 FLY	44	---	-1.65
1:09.34L	P # 73	Women 15 & Over 100 FREE	57	---	-0.37

**COUGAR AQUATIC TEAM**

**Individual Meet Results**

2024 RAFC Last Splash Invitational 25-Jul-24 to 28-Jul-24 LC Meters

Location: Rosen Aquatic & Fitness Center

Cougar Aquatic Team [CAT-NJ] Coach: Eric Harse

Time	F/P/S	Event	Place	Points	Improv
<b>KARL BURGHARDT (17) M</b>					
25.48L	F # 16	Men 15 & Over 50 FREE	19	---	0.05
25.57L	P # 16	Men 15 & Over 50 FREE	19	---	0.14
1:04.29L	P # 20	Men 15 & Over 100 BACK	14	---	1.58
1:04.56L	F # 20	Men 15 & Over 100 BACK	13	4	1.85
28.83L	P # 28	Men 15 & Over 50 BACK	10	---	0.36
29.09L	F # 28	Men 15 & Over 50 BACK	14	3	0.62
1:04.76L	F # 38	400 Medley Relay Lead Off	---	---	2.05
2:06.68L	P # 42	Men 15 & Over 200 FREE	25	---	0.26
2:03.99L	DQ F # 42	Men 15 & Over 200 FREE	---	---	---
1:02.41L	P # 50	Men 15 & Over 100 FLY	29	---	0.51
28.69L	P # 58	200 Medley Relay Lead Off	---	---	0.22
29.35L	F # 58	200 Medley Relay Lead Off	---	---	0.88
27.91L	P # 66	Men 15 & Over 50 FLY	21	---	-1.90
28.80L	F # 66	Men 15 & Over 50 FLY	24	---	-1.01
2:32.89L	F # 70	Men 15 & Over 200 BACK	17	---	9.40
2:41.90L	P # 70	Men 15 & Over 200 BACK	19	---	18.41
56.56L	P # 74	Men 15 & Over 100 FREE	20	---	-0.41
58.74L	F # 74	Men 15 & Over 100 FREE	23	---	1.77
<b>MATHEUS CAMPOS (18) M</b>					
38.98L	P # 8	Men 15 & Over 50 BREAST	42	---	---
28.17L	P # 16	Men 15 & Over 50 FREE	63	---	---
NS	P # 28	Men 15 & Over 50 BACK	---	---	---
5:00.99L	P # 36	Men 15 & Over 400 FREE	50	---	---
2:18.75L	P # 42	Men 15 & Over 200 FREE	50	---	---
32.52L	P # 66	Men 15 & Over 50 FLY	53	---	---
1:03.51L	P # 74	Men 15 & Over 100 FREE	65	---	---
NS	P # 78	Men 15 & Over 200 IM	---	---	---

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Time	F/P/S	Event	Place	Points	Improv
<b>MASON CARTER (14) M</b>					
36.43L	F # 6	Men 14 & Under 50 BREAST	3	16	-0.99
37.58L	P # 6	Men 14 & Under 50 BREAST	4	---	0.16
27.93L	F # 14	Men 14 & Under 50 FREE	12	5	-0.55
28.33L	P # 14	Men 14 & Under 50 FREE	12	---	-0.15
1:08.91L	P # 18	Men 14 & Under 100 BACK	5	---	-0.32
1:09.59L	F # 18	Men 14 & Under 100 BACK	7	12	0.36
31.38L	P # 26	Men 14 & Under 50 BACK	5	---	-0.14
31.43L	F # 26	Men 14 & Under 50 BACK	7	12	-0.09
3:01.92L	F # 30	Men 14 & Under 200 BREAST	9	9	-0.75
3:10.38L	P # 30	Men 14 & Under 200 BREAST	9	---	7.71
2:20.56L	P # 40	Men 14 & Under 200 FREE	12	---	-4.80
2:20.82L	F # 40	Men 14 & Under 200 FREE	13	4	-4.54
1:23.00L	F # 44	Men 14 & Under 100 BREAST	8	11	0.82
1:23.94L	P # 44	Men 14 & Under 100 BREAST	7	---	1.76
1:08.41L	F # 48	Men 14 & Under 100 FLY	12	5	-1.12
1:08.73L	P # 48	Men 14 & Under 100 FLY	11	---	-0.80
31.49L	F # 58	200 Medley Relay Lead Off	---	---	-0.03
31.99L	P # 58	200 Medley Relay Lead Off	---	---	0.47
29.52L	F # 64	Men 14 & Under 50 FLY	5	14	-0.01
29.69L	P # 64	Men 14 & Under 50 FLY	4	---	0.16
2:36.30L	F # 68	Men 14 & Under 200 BACK	4	15	1.41
2:37.57L	P # 68	Men 14 & Under 200 BACK	4	---	2.68
2:35.47L	F # 76	Men 14 & Under 200 IM	12	5	1.63
2:37.63L	P # 76	Men 14 & Under 200 IM	12	---	3.79

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Cougar Aquatic Team [CAT-NJ] Coach: Eric Harse

Time	F/P/S	Event	Place	Points	Improv
<b>MAX CARTER (16) M</b>					
31.98L	F # 8	Men 15 & Over 50 BREAST	6	13	---
32.09L	P # 8	Men 15 & Over 50 BREAST	4	---	---
25.33L	P # 16	Men 15 & Over 50 FREE	17	---	-0.34
32.01L	F # 16	Men 15 & Over 50 FREE	16	1	6.34
1:01.11L	P # 20	Men 15 & Over 100 BACK	5	---	-1.04
1:01.44L	F # 20	Men 15 & Over 100 BACK	6	13	-0.71
1:00.25L	F # 22	400 Free Relay Lead Off	---	---	1.80
28.56L	P # 28	Men 15 & Over 50 BACK	8	---	-5.00
30.30L	F # 28	Men 15 & Over 50 BACK	8	11	-3.26
2:39.12L	P # 32	Men 15 & Over 200 BREAST	5	---	-8.50
2:39.26L	F # 32	Men 15 & Over 200 BREAST	5	14	-8.36
1:10.54L	P # 46	Men 15 & Over 100 BREAST	5	---	-1.07
1:18.77L	F # 46	Men 15 & Over 100 BREAST	8	11	7.16
1:00.07L	F # 50	Men 15 & Over 100 FLY	15	2	-0.78
1:00.65L	P # 50	Men 15 & Over 100 FLY	16	---	-0.20
27.68L	F # 66	Men 15 & Over 50 FLY	18	---	-0.23
27.78L	P # 66	Men 15 & Over 50 FLY	20	---	-0.13
56.91L	P # 74	Men 15 & Over 100 FREE	22	---	-1.54
1:05.87L	F # 74	Men 15 & Over 100 FREE	24	---	7.42
2:17.92L	F # 78	Men 15 & Over 200 IM	10	7	-1.22
2:20.28L	P # 78	Men 15 & Over 200 IM	10	---	1.14
<b>MATTHEW CZERWINSKI (16) M</b>					
26.46L	P # 16	Men 15 & Over 50 FREE	34	---	-0.12
1:06.44L	F # 20	Men 15 & Over 100 BACK	21	---	-3.39
1:06.59L	P # 20	Men 15 & Over 100 BACK	23	---	-3.24
58.18L	F # 22	400 Free Relay Lead Off	---	---	0.26
31.79L	P # 28	Men 15 & Over 50 BACK	34	---	-1.58
4:30.93L	F # 36	Men 15 & Over 400 FREE	19	---	-12.01
4:30.98L	P # 36	Men 15 & Over 400 FREE	24	---	-11.96
2:05.94L	F # 42	Men 15 & Over 200 FREE	19	---	-5.51
2:06.38L	P # 42	Men 15 & Over 200 FREE	24	---	-5.07
1:04.12L	P # 50	Men 15 & Over 100 FLY	39	---	-0.73
28.65L	P # 66	Men 15 & Over 50 FLY	33	---	-0.66
2:28.43L	F # 70	Men 15 & Over 200 BACK	12	5	---
2:28.85L	P # 70	Men 15 & Over 200 BACK	12	---	---
57.82L	P # 74	Men 15 & Over 100 FREE	28	---	-0.10

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Time	F/P/S	Event	Place	Points	Improv
<b>COLE DESIDERIO (14) M</b>					
37.40L	F # 6	Men 14 & Under 50 BREAST	5	14	-4.57
37.51L	P # 6	Men 14 & Under 50 BREAST	3	---	-4.46
28.93L	P # 14	Men 14 & Under 50 FREE	16	---	-2.19
28.94L	F # 14	Men 14 & Under 50 FREE	16	1	-2.18
1:16.45L	F # 18	Men 14 & Under 100 BACK	14	3	-2.44
1:17.91L	P # 18	Men 14 & Under 100 BACK	14	---	-0.98
33.84L	F # 26	Men 14 & Under 50 BACK	13	4	-5.21
34.86L	P # 26	Men 14 & Under 50 BACK	14	---	-4.19
1:21.31L	F # 44	Men 14 & Under 100 BREAST	6	13	-3.05
1:22.24L	P # 44	Men 14 & Under 100 BREAST	4	---	-2.12
34.00L	P # 64	Men 14 & Under 50 FLY	18	---	-3.45
1:02.98L	P # 72	Men 14 & Under 100 FREE	15	---	-7.45
1:03.27L	F # 72	Men 14 & Under 100 FREE	15	2	-7.16
2:38.71L	F # 76	Men 14 & Under 200 IM	13	4	-3.62
2:39.65L	P # 76	Men 14 & Under 200 IM	14	---	-2.68
<b>KASEY DESIDERIO (16) W</b>					
NS	P # 15	Women 15 & Over 50 FREE	---	---	---
NS	P # 19	Women 15 & Over 100 BACK	---	---	---
NS	P # 27	Women 15 & Over 50 BACK	---	---	---
NS	P # 73	Women 15 & Over 100 FREE	---	---	---
<b>TROY DIBBLE (18) M</b>					
35.56L	P # 8	Men 15 & Over 50 BREAST	35	---	-2.24
26.01L	P # 16	Men 15 & Over 50 FREE	28	---	-0.35
4:43.42L	P # 36	Men 15 & Over 400 FREE	37	---	-5.45
2:07.76L	F # 42	Men 15 & Over 200 FREE	21	---	-0.23
2:08.53L	P # 42	Men 15 & Over 200 FREE	29	---	0.54
1:18.56L	P # 46	Men 15 & Over 100 BREAST	22	---	-0.51
1:19.87L	F # 46	Men 15 & Over 100 BREAST	23	---	0.80
57.07L	F # 74	Men 15 & Over 100 FREE	20	---	-0.09
57.14L	P # 74	Men 15 & Over 100 FREE	23	---	-0.02
NS	P # 78	Men 15 & Over 200 IM	---	---	---

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Time	F/P/S	Event	Place	Points	Improv
<b>AVERY DOLLARD (17) W</b>					
2:23.35L	F # 11	Women 15 & Over 200 FLY	1	20	-2.98
2:24.90L	P # 11	Women 15 & Over 200 FLY	1	---	-1.43
29.38L	P # 15	Women 15 & Over 50 FREE	19	---	-0.19
29.54L	F # 15	Women 15 & Over 50 FREE	21	---	-0.03
1:05.09L	F # 21	400 Free Relay Lead Off	---	---	1.69
34.26L	F # 27	Women 15 & Over 50 BACK	19	---	0.32
35.16L	P # 27	Women 15 & Over 50 BACK	24	---	1.22
NS	P # 41	Women 15 & Over 200 FREE	---	---	---
1:06.07L	F # 49	Women 15 & Over 100 FLY	3	16	-0.42
1:06.82L	P # 49	Women 15 & Over 100 FLY	4	---	0.33
30.32L	F # 65	Women 15 & Over 50 FLY	6	13	-0.31
30.66L	P # 65	Women 15 & Over 50 FLY	8	---	0.03
1:03.14L	F # 73	Women 15 & Over 100 FREE	17	---	-0.26
1:04.85L	P # 73	Women 15 & Over 100 FREE	18	---	1.45
<b>BRYAN DOS SANTOS (14) M</b>					
32.83L	F # 6	Men 14 & Under 50 BREAST	1	20	-1.16
33.52L	P # 6	Men 14 & Under 50 BREAST	1	---	-0.47
24.86L	P # 14	Men 14 & Under 50 FREE	1	---	-0.79
25.03L	F # 14	Men 14 & Under 50 FREE	1	20	-0.62
1:05.53L	P # 18	Men 14 & Under 100 BACK	2	---	-1.46
1:06.07L	F # 18	Men 14 & Under 100 BACK	2	17	-0.92
29.77L	F # 26	Men 14 & Under 50 BACK	2	17	-0.55
29.89L	P # 26	Men 14 & Under 50 BACK	2	---	-0.43
1:14.11L	F # 44	Men 14 & Under 100 BREAST	2	17	-6.17
1:15.28L	P # 44	Men 14 & Under 100 BREAST	2	---	-5.00
1:01.03L	F # 48	Men 14 & Under 100 FLY	3	16	-2.77
1:01.51L	P # 48	Men 14 & Under 100 FLY	3	---	-2.29
26.65L	F # 64	Men 14 & Under 50 FLY	1	20	-0.06
27.13L	P # 64	Men 14 & Under 50 FLY	1	---	0.42
56.23L	P # 72	Men 14 & Under 100 FREE	1	---	-0.82
56.61L	F # 72	Men 14 & Under 100 FREE	3	16	-0.44
2:25.43L	P # 76	Men 14 & Under 200 IM	5	---	---
2:26.96L	F # 76	Men 14 & Under 200 IM	5	14	---



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Time	F/P/S	Event	Place	Points	Improv
<b>BAZIL ESTIME (14) M</b>					
38.70L	P # 6	Men 14 & Under 50 BREAST	7	---	-1.30
39.11L	F # 6	Men 14 & Under 50 BREAST	7	12	-0.89
27.51L	F # 14	Men 14 & Under 50 FREE	10	7	-0.66
27.72L	P # 14	Men 14 & Under 50 FREE	10	---	-0.45
1:22.33L	F # 18	Men 14 & Under 100 BACK	15	2	-2.67
1:23.04L	P # 18	Men 14 & Under 100 BACK	15	---	-1.96
38.21L	P # 26	Men 14 & Under 50 BACK	19	---	---
1:26.78L	P # 44	Men 14 & Under 100 BREAST	9	---	-1.55
1:27.48L	F # 44	Men 14 & Under 100 BREAST	11	6	-0.85
1:13.53L	P # 48	Men 14 & Under 100 FLY	19	---	-3.36
30.95L	F # 64	Men 14 & Under 50 FLY	12	5	-2.14
31.35L	P # 64	Men 14 & Under 50 FLY	12	---	-1.74
1:03.27L	P # 72	Men 14 & Under 100 FREE	17	---	0.09
<b>CAITLIN FOUNG (18) W</b>					
39.87L	F # 7	Women 15 & Over 50 BREAST	19	---	-1.40
40.19L	P # 7	Women 15 & Over 50 BREAST	18	---	-1.08
29.63L	F # 15	Women 15 & Over 50 FREE	22	---	1.32
29.68L	P # 15	Women 15 & Over 50 FREE	22	---	1.37
1:13.12L	P # 19	Women 15 & Over 100 BACK	17	---	0.54
1:13.18L	F # 19	Women 15 & Over 100 BACK	15	2	0.60
33.12L	P # 27	Women 15 & Over 50 BACK	7	---	-1.00
33.81L	F # 27	Women 15 & Over 50 BACK	8	11	-0.31
1:30.43L	P # 45	Women 15 & Over 100 BREAST	27	---	5.92
NS	F # 45	Women 15 & Over 100 BREAST	---	---	---
NS	P # 49	Women 15 & Over 100 FLY	---	---	---
32.19L	F # 65	Women 15 & Over 50 FLY	20	---	0.32
32.41L	P # 65	Women 15 & Over 50 FLY	19	---	0.54
1:04.13L	F # 73	Women 15 & Over 100 FREE	18	---	-0.06
1:04.87L	P # 73	Women 15 & Over 100 FREE	19	---	0.68
<b>JONAS FOUNG (15) M</b>					
37.57L	P # 8	Men 15 & Over 50 BREAST	41	---	0.15
29.81L	P # 16	Men 15 & Over 50 FREE	73	---	-1.68
37.07L	P # 28	Men 15 & Over 50 BACK	53	---	-8.41
2:50.70L	F # 32	Men 15 & Over 200 BREAST	20	---	-3.52
2:53.55L	P # 32	Men 15 & Over 200 BREAST	18	---	-0.67
1:20.61L	P # 46	Men 15 & Over 100 BREAST	29	---	0.25
1:15.88L	P # 50	Men 15 & Over 100 FLY	68	---	-0.67
33.30L	P # 66	Men 15 & Over 50 FLY	55	---	---
2:35.44L	P # 78	Men 15 & Over 200 IM	38	---	-10.93

## COUGAR AQUATIC TEAM

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### Individual Meet Results

2024 RAFC Last Splash Invitational 25-Jul-24 to 28-Jul-24 LC Meters

Location: Rosen Aquatic & Fitness Center

Cougar Aquatic Team [CAT-NJ] Coach: Eric Harse

Time	F/P/S	Event	Place	Points	Improv
<b>LUCAS FOUNG (17) M</b>					
34.70L	P # 8	Men 15 & Over 50 BREAST	29	---	-1.93
27.82L	P # 16	Men 15 & Over 50 FREE	59	---	0.72
1:05.00L	F # 20	Men 15 & Over 100 BACK	19	---	1.11
1:06.14L	P # 20	Men 15 & Over 100 BACK	19	---	2.25
29.64L	P # 28	Men 15 & Over 50 BACK	16	---	-0.14
29.66L	F # 28	Men 15 & Over 50 BACK	16	1	-0.12
1:06.16L	F # 38	400 Medley Relay Lead Off	---	---	2.27
1:15.47L	F # 46	Men 15 & Over 100 BREAST	19	---	-2.64
1:16.71L	P # 46	Men 15 & Over 100 BREAST	18	---	-1.40
1:04.43L	P # 50	Men 15 & Over 100 FLY	43	---	-2.04
NS	P # 70	Men 15 & Over 200 BACK	---	---	---
2:21.48L	P # 78	Men 15 & Over 200 IM	12	---	0.66
2:22.00L	F # 78	Men 15 & Over 200 IM	16	1	1.18
<b>LUKE GARDNER (16) M</b>					
34.90L	P # 8	Men 15 & Over 50 BREAST	31	---	-1.84
26.86L	P # 16	Men 15 & Over 50 FREE	42	---	-0.93
4:43.78L	P # 36	Men 15 & Over 400 FREE	38	---	-15.66
2:09.27L	P # 42	Men 15 & Over 200 FREE	31	---	-5.30
2:10.13L	F # 42	Men 15 & Over 200 FREE	23	---	-4.44
1:18.79L	P # 46	Men 15 & Over 100 BREAST	23	---	-0.98
1:20.38L	F # 46	Men 15 & Over 100 BREAST	24	---	0.61
58.31L	P # 74	Men 15 & Over 100 FREE	32	---	-1.47
2:31.83L	P # 78	Men 15 & Over 200 IM	31	---	0.29
<b>KEIRA GILLIGAN (17) W</b>					
38.60L	P # 7	Women 15 & Over 50 BREAST	9	---	-1.52
38.81L	F # 7	Women 15 & Over 50 BREAST	13	4	-1.31
28.97L	P # 15	Women 15 & Over 50 FREE	12	---	-0.38
29.49L	F # 15	Women 15 & Over 50 FREE	14	3	0.14
NS	P # 19	Women 15 & Over 100 BACK	---	---	---
36.08L	P # 27	Women 15 & Over 50 BACK	30	---	1.05
2:21.12L	F # 41	Women 15 & Over 200 FREE	15	2	-2.24
2:22.22L	P # 41	Women 15 & Over 200 FREE	17	---	-1.14
1:25.66L	F # 45	Women 15 & Over 100 BREAST	11	6	2.56
1:26.73L	P # 45	Women 15 & Over 100 BREAST	15	---	3.63
34.18L	P # 65	Women 15 & Over 50 FLY	41	---	-0.41
1:03.47L	F # 73	Women 15 & Over 100 FREE	11	6	-1.69
1:04.70L	P # 73	Women 15 & Over 100 FREE	15	---	-0.46
NS	P # 77	Women 15 & Over 200 IM	---	---	---

## COUGAR AQUATIC TEAM

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### Individual Meet Results

2024 RAFC Last Splash Invitational 25-Jul-24 to 28-Jul-24 LC Meters

Location: Rosen Aquatic & Fitness Center

Cougar Aquatic Team [CAT-NJ] Coach: Eric Harse

Time	F/P/S	Event	Place	Points	Improv
<b>REAGAN GILLIGAN (17) W</b>					
28.57L	F # 15	Women 15 & Over 50 FREE	7	12	0.78
28.63L	P # 15	Women 15 & Over 50 FREE	8	---	0.84
1:10.04L	P # 19	Women 15 & Over 100 BACK	6	---	-1.14
1:10.55L	F # 19	Women 15 & Over 100 BACK	6	13	-0.63
28.54L	P # 23	200 Free Relay Lead Off	---	---	0.75
28.78L	F # 23	200 Free Relay Lead Off	---	---	0.99
NS	P # 27	Women 15 & Over 50 BACK	---	---	---
4:43.18L	P # 35	Women 15 & Over 400 FREE	7	---	1.35
4:44.26L	F # 35	Women 15 & Over 400 FREE	7	12	2.43
NS	P # 41	Women 15 & Over 200 FREE	---	---	---
1:08.98L	F # 49	Women 15 & Over 100 FLY	10	6.5	-0.58
1:08.98L	P # 49	Women 15 & Over 100 FLY	10	---	-0.58
2:14.46L	F # 55	800 Free Relay Lead Off	---	---	2.14
30.45L	F # 65	Women 15 & Over 50 FLY	7	12	-0.88
30.49L	P # 65	Women 15 & Over 50 FLY	7	---	-0.84
1:01.28L	F # 73	Women 15 & Over 100 FREE	5	14	0.39
1:01.34L	P # 73	Women 15 & Over 100 FREE	3	---	0.45
<b>BRENDAN GUILIANO (19) M</b>					
NS	P # 16	Men 15 & Over 50 FREE	---	---	---
1:03.39L	F # 20	Men 15 & Over 100 BACK	10	7	-0.72
1:04.11L	P # 20	Men 15 & Over 100 BACK	12	---	---
29.92L	F # 28	Men 15 & Over 50 BACK	20	---	-0.16
30.07L	P # 28	Men 15 & Over 50 BACK	18	---	-0.01
1:03.92L	F # 38	400 Medley Relay Lead Off	---	---	-0.19
1:05.09L	P # 50	Men 15 & Over 100 FLY	48	---	0.78
NS	P # 66	Men 15 & Over 50 FLY	---	---	---
2:22.18L	F # 70	Men 15 & Over 200 BACK	5	14	1.22
2:23.45L	P # 70	Men 15 & Over 200 BACK	6	---	2.49
NS	P # 78	Men 15 & Over 200 IM	---	---	---

## COUGAR AQUATIC TEAM

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### Individual Meet Results

2024 RAFC Last Splash Invitational 25-Jul-24 to 28-Jul-24 LC Meters

Location: Rosen Aquatic & Fitness Center

Cougar Aquatic Team [CAT-NJ] Coach: Eric Harse

Time	F/P/S	Event	Place	Points	Improv
<b>JORDAN HALL (14) W</b>					
38.91L	P # 5	Women 14 & Under 50 BREAST	3	---	-5.01
39.21L	F # 5	Women 14 & Under 50 BREAST	4	15	-4.71
31.90L	P # 13	Women 14 & Under 50 FREE	30	---	-2.90
1:15.61L	F # 17	Women 14 & Under 100 BACK	11	6	-1.87
1:18.28L	P # 17	Women 14 & Under 100 BACK	15	---	0.80
34.81L	P # 25	Women 14 & Under 50 BACK	9	---	---
35.10L	F # 25	Women 14 & Under 50 BACK	13	4	---
3:07.17L	F # 29	Women 14 & Under 200 BREAST	5	14	-5.44
3:12.52L	P # 29	Women 14 & Under 200 BREAST	6	---	-0.09
5:18.85L	P # 33	Women 14 & Under 400 FREE	22	---	---
1:26.73L	F # 43	Women 14 & Under 100 BREAST	10	7	-4.05
1:28.07L	P # 43	Women 14 & Under 100 BREAST	10	---	-2.71
5:58.24L	F # 51	Women 14 & Under 400 IM	3	16	---
6:03.17L	P # 51	Women 14 & Under 400 IM	6	---	---
35.44L	P # 63	Women 14 & Under 50 FLY	20	---	-12.61
2:44.79L	F # 67	Women 14 & Under 200 BACK	9	9	-4.48
2:49.73L	P # 67	Women 14 & Under 200 BACK	10	---	0.46
2:46.00L	F # 75	Women 14 & Under 200 IM	9	9	-5.70
2:49.59L	P # 75	Women 14 & Under 200 IM	12	---	-2.11
<b>AIDAN HONG (15) M</b>					
33.09L	F # 8	Men 15 & Over 50 BREAST	19	---	---
33.92L	P # 8	Men 15 & Over 50 BREAST	19	---	---
27.60L	P # 16	Men 15 & Over 50 FREE	57	---	-0.59
2:42.09L DQ	P # 32	Men 15 & Over 200 BREAST	---	---	---
1:14.41L	P # 46	Men 15 & Over 100 BREAST	13	---	-1.70
1:15.19L	F # 46	Men 15 & Over 100 BREAST	13	4	-0.92
5:17.26L	F # 54	Men 15 & Over 400 IM	9	9	-9.37
5:23.36L	P # 54	Men 15 & Over 400 IM	13	---	-3.27
31.13L	P # 66	Men 15 & Over 50 FLY	48	---	-1.20
1:01.24L	P # 74	Men 15 & Over 100 FREE	54	---	-2.89
2:26.98L	P # 78	Men 15 & Over 200 IM	21	---	-7.82
2:27.31L	F # 78	Men 15 & Over 200 IM	21	---	-7.49

## COUGAR AQUATIC TEAM

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### Individual Meet Results

2024 RAFC Last Splash Invitational 25-Jul-24 to 28-Jul-24 LC Meters

Location: Rosen Aquatic & Fitness Center

Cougar Aquatic Team [CAT-NJ] Coach: Eric Harse

Time	F/P/S	Event	Place	Points	Improv
<b>SONIA JAGEN (15) W</b>					
38.77L	P # 7	Women 15 & Over 50 BREAST	11	---	1.68
38.77L	F # 7	Women 15 & Over 50 BREAST	12	5	1.68
29.29L	F # 15	Women 15 & Over 50 FREE	19	---	-0.03
29.34L	P # 15	Women 15 & Over 50 FREE	18	---	0.02
1:14.79L	P # 19	Women 15 & Over 100 BACK	20	---	-0.42
1:14.97L	F # 19	Women 15 & Over 100 BACK	21	---	-0.24
28.88L	F # 23	200 Free Relay Lead Off	---	---	-0.44
29.01L	P # 23	200 Free Relay Lead Off	---	---	-0.31
33.32L	F # 27	Women 15 & Over 50 BACK	17	---	-0.50
34.22L	P # 27	Women 15 & Over 50 BACK	18	---	0.40
2:24.89L	P # 41	Women 15 & Over 200 FREE	27	---	-0.99
1:28.54L	F # 45	Women 15 & Over 100 BREAST	21	---	3.74
1:28.97L	P # 45	Women 15 & Over 100 BREAST	23	---	4.17
NS	P # 65	Women 15 & Over 50 FLY	---	---	---
2:40.95L	F # 69	Women 15 & Over 200 BACK	12	5	-9.56
2:41.28L	P # 69	Women 15 & Over 200 BACK	13	---	-9.23
1:05.21L	P # 73	Women 15 & Over 100 FREE	20	---	-0.61
1:05.57L	F # 73	Women 15 & Over 100 FREE	21	---	-0.25
<b>MADISON KLAK (18) W</b>					
1:09.50L	F # 19	Women 15 & Over 100 BACK	5	14	-0.07
1:09.59L	P # 19	Women 15 & Over 100 BACK	4	---	0.02
32.87L	P # 27	Women 15 & Over 50 BACK	5	---	0.49
32.98L	F # 27	Women 15 & Over 50 BACK	6	13	0.60
1:09.80L	F # 37	400 Medley Relay Lead Off	---	---	0.23
1:10.82L	F # 49	Women 15 & Over 100 FLY	15	2	0.30
1:11.44L	P # 49	Women 15 & Over 100 FLY	16	---	0.92
33.11L	F # 57	200 Medley Relay Lead Off	---	---	0.73
33.25L	P # 57	200 Medley Relay Lead Off	---	---	0.87
NS	P # 65	Women 15 & Over 50 FLY	---	---	---
2:32.00L	F # 69	Women 15 & Over 200 BACK	3	16	0.66
2:34.07L	P # 69	Women 15 & Over 200 BACK	5	---	2.73
2:36.09L	F # 77	Women 15 & Over 200 IM	4	15	-1.44
2:36.76L	P # 77	Women 15 & Over 200 IM	4	---	-0.77

## COUGAR AQUATIC TEAM

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### Individual Meet Results

2024 RAFC Last Splash Invitational 25-Jul-24 to 28-Jul-24 LC Meters

Location: Rosen Aquatic & Fitness Center

Cougar Aquatic Team [CAT-NJ] Coach: Eric Harse

Time	F/P/S	Event	Place	Points	Improv
<b>SAM LORENC (18) M</b>					
32.00L	F # 8	Men 15 & Over 50 BREAST	7	12	-0.50
32.91L	P # 8	Men 15 & Over 50 BREAST	8	---	0.41
24.97L	F # 16	Men 15 & Over 50 FREE	12	5	-0.29
25.02L	P # 16	Men 15 & Over 50 FREE	14	---	-0.24
24.78L	F # 24	200 Free Relay Lead Off	---	---	-0.48
24.90L	P # 24	200 Free Relay Lead Off	---	---	-0.36
2:00.33L	F # 42	Men 15 & Over 200 FREE	10	7	-3.97
2:02.92L	P # 42	Men 15 & Over 200 FREE	14	---	-1.38
NS	P # 46	Men 15 & Over 100 BREAST	---	---	---
59.43L	F # 50	Men 15 & Over 100 FLY	14	3	-0.98
1:00.26L	P # 50	Men 15 & Over 100 FLY	14	---	-0.15
26.83L	F # 66	Men 15 & Over 50 FLY	9	9	-0.85
26.99L	P # 66	Men 15 & Over 50 FLY	13	---	-0.69
55.78L	P # 74	Men 15 & Over 100 FREE	13	---	0.26
55.93L	F # 74	Men 15 & Over 100 FREE	15	2	0.41
NS	P # 78	Men 15 & Over 200 IM	---	---	---
<b>ALEX MAKOVSKY (16) M</b>					
35.59L	P # 8	Men 15 & Over 50 BREAST	36	---	-2.64
27.06L	P # 16	Men 15 & Over 50 FREE	47	---	-0.12
1:09.75L	P # 20	Men 15 & Over 100 BACK	30	---	-1.34
31.27L	P # 28	Men 15 & Over 50 BACK	28	---	-1.41
2:19.80L	P # 42	Men 15 & Over 200 FREE	53	---	0.01
31.90L	P # 66	Men 15 & Over 50 FLY	51	---	0.26
1:01.44L	P # 74	Men 15 & Over 100 FREE	55	---	0.51
<b>VIVIAN MCCORMICK (15) W</b>					
39.13L	P # 7	Women 15 & Over 50 BREAST	13	---	---
39.28L	F # 7	Women 15 & Over 50 BREAST	16	1	---
31.44L	P # 15	Women 15 & Over 50 FREE	51	---	-0.14
1:19.93L	P # 19	Women 15 & Over 100 BACK	36	---	3.48
35.66L	P # 27	Women 15 & Over 50 BACK	27	---	-0.72
3:07.00L	P # 31	Women 15 & Over 200 BREAST	10	---	-2.57
3:07.21L	F # 31	Women 15 & Over 200 BREAST	13	4	-2.36
1:27.86L	F # 45	Women 15 & Over 100 BREAST	20	---	-1.12
1:28.12L	P # 45	Women 15 & Over 100 BREAST	20	---	-0.86
5:59.71L	P # 53	Women 15 & Over 400 IM	10	---	---
6:00.24L	F # 53	Women 15 & Over 400 IM	11	6	---
1:07.55L	P # 73	Women 15 & Over 100 FREE	45	---	-0.55
2:45.25L	F # 77	Women 15 & Over 200 IM	20	---	-2.74
2:48.94L	P # 77	Women 15 & Over 200 IM	23	---	0.95

## COUGAR AQUATIC TEAM

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### Individual Meet Results

2024 RAFC Last Splash Invitational 25-Jul-24 to 28-Jul-24 LC Meters

Location: Rosen Aquatic & Fitness Center

Cougar Aquatic Team [CAT-NJ] Coach: Eric Harse

Time	F/P/S	Event	Place	Points	Improv
<b>CAROLINE MURRAY (18) W</b>					
2:29.65L	P # 11	Women 15 & Over 200 FLY	3	---	1.84
2:29.77L	F # 11	Women 15 & Over 200 FLY	4	15	1.96
29.82L	P # 15	Women 15 & Over 50 FREE	25	---	-0.11
29.99L	F # 15	Women 15 & Over 50 FREE	23	---	0.06
1:11.34L	P # 19	Women 15 & Over 100 BACK	8	---	-0.44
1:11.40L	F # 19	Women 15 & Over 100 BACK	8	11	-0.38
33.65L	P # 27	Women 15 & Over 50 BACK	13	---	-2.12
34.06L	F # 27	Women 15 & Over 50 BACK	13	4	-1.71
4:42.32L	P # 35	Women 15 & Over 400 FREE	5	---	4.35
4:43.38L	F # 35	Women 15 & Over 400 FREE	6	13	5.41
2:14.14L	F # 41	Women 15 & Over 200 FREE	5	14	1.90
2:14.16L	P # 41	Women 15 & Over 200 FREE	3	---	1.92
1:08.46L	P # 49	Women 15 & Over 100 FLY	8	---	0.14
1:08.73L	F # 49	Women 15 & Over 100 FLY	7	12	0.41
31.03L	F # 65	Women 15 & Over 50 FLY	12	5	0.07
31.29L	P # 65	Women 15 & Over 50 FLY	12	---	0.33
2:32.54L	P # 69	Women 15 & Over 200 BACK	4	---	3.42
2:33.23L	F # 69	Women 15 & Over 200 BACK	4	15	4.11
1:03.36L	F # 73	Women 15 & Over 100 FREE	10	7	0.16
1:04.35L	P # 73	Women 15 & Over 100 FREE	13	---	1.15
<b>DANIEL MURRAY (15) M</b>					
19:41.76L	F # 3B	Men 15 & Over 1500 FREE	11	6	16.33
29.76L	P # 16	Men 15 & Over 50 FREE	72	---	-1.61
1:14.80L	P # 20	Men 15 & Over 100 BACK	40	---	-2.14
35.35L	P # 28	Men 15 & Over 50 BACK	49	---	-12.00
4:45.17L	P # 36	Men 15 & Over 400 FREE	39	---	-13.91
2:18.96L	P # 42	Men 15 & Over 200 FREE	51	---	-8.26
9:51.74L	F # 61B	Men 15 & Over 800 FREE	17	---	-13.00
2:38.19L	F # 70	Men 15 & Over 200 BACK	16	1	-10.75
2:39.19L	P # 70	Men 15 & Over 200 BACK	17	---	-9.75
NS	P # 74	Men 15 & Over 100 FREE	---	---	---

**COUGAR AQUATIC TEAM**

**Individual Meet Results**

2024 RAFC Last Splash Invitational 25-Jul-24 to 28-Jul-24 LC Meters

Location: Rosen Aquatic & Fitness Center

Cougar Aquatic Team [CAT-NJ] Coach: Eric Harse

Time	F/P/S	Event	Place	Points	Improv
<b>COCO OKAWA-O'CONNELL (16) W</b>					
39.41L	F # 7	Women 15 & Over 50 BREAST	18	---	-0.34
40.21L	P # 7	Women 15 & Over 50 BREAST	19	---	0.46
30.93L	P # 15	Women 15 & Over 50 FREE	45	---	0.68
1:19.20L	P # 19	Women 15 & Over 100 BACK	34	---	1.15
36.83L	P # 27	Women 15 & Over 50 BACK	35	---	---
3:06.41L	F # 31	Women 15 & Over 200 BREAST	17	---	1.67
3:12.10L	P # 31	Women 15 & Over 200 BREAST	18	---	7.36
5:15.45L	P # 35	Women 15 & Over 400 FREE	42	---	2.89
2:25.67L	P # 41	Women 15 & Over 200 FREE	30	---	0.95
1:25.85L	F # 45	Women 15 & Over 100 BREAST	12	5	-0.63
1:26.58L	P # 45	Women 15 & Over 100 BREAST	13	---	0.10
5:51.64L	F # 53	Women 15 & Over 400 IM	9	9	4.73
5:58.37L	P # 53	Women 15 & Over 400 IM	9	---	11.46
2:40.60L	F # 69	Women 15 & Over 200 BACK	18	---	-2.91
2:45.11L	P # 69	Women 15 & Over 200 BACK	20	---	1.60
NS	P # 73	Women 15 & Over 100 FREE	---	---	---
2:41.51L	F # 77	Women 15 & Over 200 IM	17	---	-2.72
2:45.58L	P # 77	Women 15 & Over 200 IM	17	---	1.35
<b>KYLE PHILLIPS (17) M</b>					
17:31.11L	F # 3B	Men 15 & Over 1500 FREE	6	13	-15.42
33.47L	P # 8	Men 15 & Over 50 BREAST	13	---	-1.75
34.24L	F # 8	Men 15 & Over 50 BREAST	15	2	-0.98
NS	P # 12	Men 15 & Over 200 FLY	---	---	---
25.86L	P # 16	Men 15 & Over 50 FREE	23	---	0.05
27.80L	F # 16	Men 15 & Over 50 FREE	24	---	1.99
4:25.10L	P # 36	Men 15 & Over 400 FREE	18	---	-1.77
4:27.12L	F # 36	Men 15 & Over 400 FREE	14	3	0.25
2:04.39L	P # 42	Men 15 & Over 200 FREE	19	---	-1.43
2:06.18L	F # 42	Men 15 & Over 200 FREE	15	2	0.36
NS	P # 46	Men 15 & Over 100 BREAST	---	---	---
1:02.35L	P # 50	Men 15 & Over 100 FLY	28	---	-1.20
9:15.84L	F # 61B	Men 15 & Over 800 FREE	11	6	1.35
NS	P # 66	Men 15 & Over 50 FLY	---	---	---
58.10L	P # 74	Men 15 & Over 100 FREE	31	---	0.70



## COUGAR AQUATIC TEAM

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### Individual Meet Results

2024 RAFC Last Splash Invitational 25-Jul-24 to 28-Jul-24 LC Meters

Location: Rosen Aquatic & Fitness Center

Cougar Aquatic Team [CAT-NJ] Coach: Eric Harse

Time	F/P/S	Event	Place	Points	Improv
<b>MATTHEW PIACENTINI (18) M</b>					
24.12L	P # 16	Men 15 & Over 50 FREE	1	---	-0.02
24.15L	F # 16	Men 15 & Over 50 FREE	4	15	0.01
1:01.75L	F # 20	Men 15 & Over 100 BACK	7	12	-0.86
1:02.55L	P # 20	Men 15 & Over 100 BACK	7	---	-0.06
24.00L	F # 24	200 Free Relay Lead Off	---	---	-0.14
24.54L	P # 24	200 Free Relay Lead Off	---	---	0.40
28.88L	F # 28	Men 15 & Over 50 BACK	11	6	-6.58
29.02L	P # 28	Men 15 & Over 50 BACK	12	---	-6.44
57.39L	P # 50	Men 15 & Over 100 FLY	5	---	0.42
57.41L	F # 50	Men 15 & Over 100 FLY	5	14	0.44
NS	P # 66	Men 15 & Over 50 FLY	---	---	---
53.18L	F # 74	Men 15 & Over 100 FREE	3	16	-0.21
53.47L	P # 74	Men 15 & Over 100 FREE	3	---	0.08
<b>DAVID SLOWINSKI (19) M</b>					
NS	P # 8	Men 15 & Over 50 BREAST	---	---	---
2:15.00L	F # 12	Men 15 & Over 200 FLY	10	7	1.06
2:18.78L	P # 12	Men 15 & Over 200 FLY	11	---	4.84
25.63L	P # 16	Men 15 & Over 50 FREE	21	---	0.38
26.38L	F # 16	Men 15 & Over 50 FREE	23	---	1.13
4:30.47L	P # 36	Men 15 & Over 400 FREE	23	---	3.96
4:36.65L	F # 36	Men 15 & Over 400 FREE	22	---	10.14
2:05.20L	P # 42	Men 15 & Over 200 FREE	21	---	2.83
2:17.74L	F # 42	Men 15 & Over 200 FREE	16	1	15.37
NS	P # 46	Men 15 & Over 100 BREAST	---	---	---
59.17L	F # 50	Men 15 & Over 100 FLY	12	5	-1.00
59.19L	P # 50	Men 15 & Over 100 FLY	10	---	-0.98
26.89L	P # 66	Men 15 & Over 50 FLY	11	---	-0.74
56.22L	P # 74	Men 15 & Over 100 FREE	16	---	1.71
NS	P # 78	Men 15 & Over 200 IM	---	---	---

## COUGAR AQUATIC TEAM

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### Individual Meet Results

2024 RAFC Last Splash Invitational 25-Jul-24 to 28-Jul-24 LC Meters

Location: Rosen Aquatic & Fitness Center

Cougar Aquatic Team [CAT-NJ] Coach: Eric Harse

Time	F/P/S	Event	Place	Points	Improv
<b>LOLA SOMERSTEIN (15) W</b>					
2:30.55L	P # 11	Women 15 & Over 200 FLY	4	---	---
2:27.62L	DQ F # 11	Women 15 & Over 200 FLY	---	---	---
29.14L	F # 15	Women 15 & Over 50 FREE	11	6	-0.05
29.17L	P # 15	Women 15 & Over 50 FREE	15	---	-0.02
1:11.35L	F # 19	Women 15 & Over 100 BACK	17	---	0.66
1:13.25L	P # 19	Women 15 & Over 100 BACK	18	---	2.56
32.84L	P # 27	Women 15 & Over 50 BACK	4	---	-0.57
32.84L	F # 27	Women 15 & Over 50 BACK	5	14	-0.57
4:49.22L	F # 35	Women 15 & Over 400 FREE	11	6	-3.54
4:55.45L	P # 35	Women 15 & Over 400 FREE	15	---	2.69
2:16.63L	P # 41	Women 15 & Over 200 FREE	6	---	-0.08
1:06.08L	F # 49	Women 15 & Over 100 FLY	4	15	0.93
1:06.49L	P # 49	Women 15 & Over 100 FLY	3	---	1.34
29.37L	F # 65	Women 15 & Over 50 FLY	3	16	-0.20
30.34L	P # 65	Women 15 & Over 50 FLY	6	---	0.77
NS	P # 69	Women 15 & Over 200 BACK	---	---	---
1:02.38L	F # 73	Women 15 & Over 100 FREE	7	12	0.01
1:03.25L	P # 73	Women 15 & Over 100 FREE	7	---	0.88
2:36.29L	P # 77	Women 15 & Over 200 IM	2	---	-1.19
2:36.49L	F # 77	Women 15 & Over 200 IM	5	14	-0.99
<b>SASHA STEELE (16) W</b>					
39.97L	F # 7	Women 15 & Over 50 BREAST	20	---	1.74
40.82L	P # 7	Women 15 & Over 50 BREAST	21	---	2.59
30.34L	P # 15	Women 15 & Over 50 FREE	37	---	0.47
37.28L	P # 27	Women 15 & Over 50 BACK	40	---	-0.66
1:26.13L	F # 45	Women 15 & Over 100 BREAST	18	---	-0.86
1:28.23L	P # 45	Women 15 & Over 100 BREAST	21	---	1.24
1:12.69L	P # 49	Women 15 & Over 100 FLY	19	---	-2.43
1:14.06L	F # 49	Women 15 & Over 100 FLY	23	---	-1.06
33.42L	P # 65	Women 15 & Over 50 FLY	32	---	-0.20
1:05.38L	P # 73	Women 15 & Over 100 FREE	21	---	0.54

## COUGAR AQUATIC TEAM

### Individual Meet Results

2024 RAFC Last Splash Invitational 25-Jul-24 to 28-Jul-24 LC Meters

Location: Rosen Aquatic & Fitness Center

Cougar Aquatic Team [CAT-NJ] Coach: Eric Harse

Time	F/P/S	Event	Place	Points	Improv
<b>MARK SUAREZ (15) M</b>					
26.01L	P # 16	Men 15 & Over 50 FREE	28	---	-0.34
1:04.87L	F # 20	Men 15 & Over 100 BACK	18	---	-1.05
1:06.37L	P # 20	Men 15 & Over 100 BACK	20	---	0.45
29.81L	P # 28	Men 15 & Over 50 BACK	17	---	-0.03
29.87L	F # 28	Men 15 & Over 50 BACK	18	---	0.03
2:07.94L	P # 42	Men 15 & Over 200 FREE	27	---	-1.87
2:09.63L	F # 42	Men 15 & Over 200 FREE	22	---	-0.18
1:02.42L	P # 50	Men 15 & Over 100 FLY	30	---	-1.83
27.56L	F # 66	Men 15 & Over 50 FLY	15	2	-0.49
27.67L	P # 66	Men 15 & Over 50 FLY	18	---	-0.38
2:27.64L	F # 70	Men 15 & Over 200 BACK	10	7	4.45
2:28.66L	P # 70	Men 15 & Over 200 BACK	11	---	5.47
59.23L	P # 74	Men 15 & Over 100 FREE	40	---	1.72
<b>FINN TOBIN (16) M</b>					
NS	P # 8	Men 15 & Over 50 BREAST	---	---	---
NS	P # 16	Men 15 & Over 50 FREE	---	---	---
NS	P # 20	Men 15 & Over 100 BACK	---	---	---
NS	P # 28	Men 15 & Over 50 BACK	---	---	---
NS	P # 50	Men 15 & Over 100 FLY	---	---	---
NS	P # 66	Men 15 & Over 50 FLY	---	---	---
NS	P # 70	Men 15 & Over 200 BACK	---	---	---
NS	P # 74	Men 15 & Over 100 FREE	---	---	---
<b>LEXI WHITWORTH (15) W</b>					
28.88L	P # 15	Women 15 & Over 50 FREE	11	---	-0.15
29.03L	F # 15	Women 15 & Over 50 FREE	10	7	---
1:16.67L	P # 19	Women 15 & Over 100 BACK	27	---	0.20
34.72L	F # 27	Women 15 & Over 50 BACK	22	---	-0.96
34.76L	P # 27	Women 15 & Over 50 BACK	20	---	-0.92
1:17.12L	F # 37	400 Medley Relay Lead Off	---	---	0.65
2:21.95L	P # 41	Women 15 & Over 200 FREE	15	---	-0.72
2:21.71L DQ	F # 41	Women 15 & Over 200 FREE	---	---	---
1:14.96L	P # 49	Women 15 & Over 100 FLY	28	---	0.78
32.69L	P # 65	Women 15 & Over 50 FLY	23	---	-0.13
32.80L	F # 65	Women 15 & Over 50 FLY	24	---	-0.02
NS	P # 69	Women 15 & Over 200 BACK	---	---	---
1:04.45L	F # 73	Women 15 & Over 100 FREE	19	---	-0.28
1:04.77L	P # 73	Women 15 & Over 100 FREE	17	---	0.04

**COUGAR AQUATIC TEAM**

**Individual Meet Results**

**2024 RAFC Last Splash Invitational 25-Jul-24 to 28-Jul-24 LC Meters**

**Location: Rosen Aquatic & Fitness Center**

**Cougar Aquatic Team [CAT-NJ] Coach: Eric Harse**

<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
<b>JJ ZARAH (14) M</b>					
2:38.98L	F # 10	Men 14 & Under 200 FLY	10	7	-4.13
2:39.54L	P # 10	Men 14 & Under 200 FLY	9	---	-3.57
1:13.65L	P # 18	Men 14 & Under 100 BACK	10	---	-3.44
1:14.48L	F # 18	Men 14 & Under 100 BACK	11	6	-2.61
33.79L	P # 26	Men 14 & Under 50 BACK	11	---	-8.41
33.99L	F # 26	Men 14 & Under 50 BACK	14	3	-8.21
4:45.64L	F # 34	Men 14 & Under 400 FREE	11	6	-9.55
4:48.44L	P # 34	Men 14 & Under 400 FREE	12	---	-6.75
2:17.99L	F # 40	Men 14 & Under 200 FREE	11	5.5	-4.43
2:22.20L	P # 40	Men 14 & Under 200 FREE	14	---	-0.22
1:12.24L	P # 48	Men 14 & Under 100 FLY	18	---	0.47
9:54.48L	F # 61A	Men 14 & Under 800 FREE	5	14	-10.15
NS	P # 68	Men 14 & Under 200 BACK	---	---	---
1:03.37L	P # 72	Men 14 & Under 100 FREE	18	---	-3.30
2:37.26L	P # 76	Men 14 & Under 200 IM	10	---	-2.40
2:38.76L	F # 76	Men 14 & Under 200 IM	14	3	-0.90
<b>DAVID ZOLTEK (17) M</b>					
32.70L	F # 8	Men 15 & Over 50 BREAST	17	---	-2.23
34.05L	P # 8	Men 15 & Over 50 BREAST	20	---	-0.88
25.53L	F # 16	Men 15 & Over 50 FREE	20	---	-0.02
25.65L	P # 16	Men 15 & Over 50 FREE	22	---	0.10
4:41.30L	P # 36	Men 15 & Over 400 FREE	35	---	-10.89
2:05.66L	P # 42	Men 15 & Over 200 FREE	22	---	-2.89
2:05.73L	F # 42	Men 15 & Over 200 FREE	18	---	-2.82
1:14.64L	P # 46	Men 15 & Over 100 BREAST	14	---	-4.39
1:16.31L	F # 46	Men 15 & Over 100 BREAST	15	2	-2.72
28.76L	P # 66	Men 15 & Over 50 FLY	34	---	-0.94
54.84L	F # 74	Men 15 & Over 100 FREE	7	12	-1.07
55.09L	P # 74	Men 15 & Over 100 FREE	8	---	-0.82
NS	P # 78	Men 15 & Over 200 IM	---	---	---

## COUGAR AQUATIC TEAM

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### Individual Meet Results

2024 RAFC Last Splash Invitational 25-Jul-24 to 28-Jul-24 LC Meters

Location: Rosen Aquatic & Fitness Center

Cougar Aquatic Team [CAT-NJ] Coach: Eric Harse

Time	F/P/S	Event	Place	Points	Improv
<b>SOPHIE ZULUAGA (16) W</b>					
9:28.28L	F # 1B	Women 15 & Over 800 FREE	1	20	-17.73
29.29L	F # 15	Women 15 & Over 50 FREE	19	---	0.06
29.64L	P # 15	Women 15 & Over 50 FREE	21	---	0.41
1:10.69L	F # 19	Women 15 & Over 100 BACK	7	12	-0.11
1:10.73L	P # 19	Women 15 & Over 100 BACK	7	---	-0.07
4:37.77L	F # 35	Women 15 & Over 400 FREE	4	15	-1.49
4:38.38L	P # 35	Women 15 & Over 400 FREE	2	---	-0.88
2:13.57L	F # 41	Women 15 & Over 200 FREE	3	16	-0.41
2:15.07L	P # 41	Women 15 & Over 200 FREE	5	---	1.09
NS	P # 49	Women 15 & Over 100 FLY	---	---	---
5:24.77L	F # 53	Women 15 & Over 400 IM	3	16	-6.98
5:32.22L	P # 53	Women 15 & Over 400 IM	3	---	0.47
33.65L	F # 57	200 Medley Relay Lead Off	---	---	0.21
34.78L	P # 57	200 Medley Relay Lead Off	---	---	1.34
NS	P # 69	Women 15 & Over 200 BACK	---	---	---
1:02.82L	F # 73	Women 15 & Over 100 FREE	8	11	-0.42
1:03.27L	P # 73	Women 15 & Over 100 FREE	8	---	0.03
2:33.06L	F # 77	Women 15 & Over 200 IM	2	17	-3.52
2:36.59L	P # 77	Women 15 & Over 200 IM	3	---	0.01