

COUGAR AQUATIC TEAM

Individual Meet Results

2025 NJ Swim LC Gold Championships 24-Jul-25 to 27-Jul-25 LC Meters

Location: Sonny Werblin Recreation Center

Cougar Aquatic Team [CAT-NJ] Coach: Eric Harse

Time	F/P/S	Event	Place	Points	Improv
BILAL AFIFI (15) M					
2:05.44L	P # 22B	Men 15 & Over 200 FREE	30	---	3.04
4:40.62L	P # 30B	Men 15 & Over 400 FREE	23	---	15.26
25.59L	P # 60B	Men 15 & Over 50 FREE	16	---	0.38
25.82L	F # 60B	Men 15 & Over 50 FREE	12	5	0.61
56.50L	P # 100B	Men 15 & Over 100 FREE	22	---	1.04
NS	P # 102B	Men 15 & Over 200 IM	---	---	---
NOUR AFIFI (9) W					
1:46.15L	F # 17	Women 10 & Under 100 FLY	37	---	-2.23
44.74L	F # 39	Women 10 & Under 50 FLY	59	---	3.32
40.55L	F # 87	Women 10 & Under 50 FREE	98	---	1.70
47.95L	F # 91	Women 10 & Under 50 BACK	102	---	-7.75
VIVIENNE ALBERTINE (10) W					
1:23.36L	F # 13	Women 10 & Under 100 FREE	54	---	---
49.80L	F # 15	Women 10 & Under 50 BREAST	37	---	-1.07
41.48L	F # 35	200 Medley Relay Lead Off	---	---	-0.07
1:29.67L DQ	F # 37	Women 10 & Under 100 BACK	---	---	---
42.20L DQ	F # 39	Women 10 & Under 50 FLY	---	---	---
1:48.34L	F # 85	Women 10 & Under 100 BREAST	39	---	---
37.02L	F # 87	Women 10 & Under 50 FREE	47	---	0.50
42.02L	F # 91	Women 10 & Under 50 BACK	18	---	0.47
SLOANE ARMSTRONG (10) W					
1:18.43L	F # 13	Women 10 & Under 100 FREE	13	4	-6.83
50.30L	F # 15	Women 10 & Under 50 BREAST	40	---	-3.08
1:39.02L	F # 17	Women 10 & Under 100 FLY	16	1	---
1:36.76L	F # 37	Women 10 & Under 100 BACK	52	---	-2.32
41.99L	F # 39	Women 10 & Under 50 FLY	31	---	-1.61
34.37L	F # 83	200 Free Relay Lead Off	---	---	-2.64
1:51.50L	F # 85	Women 10 & Under 100 BREAST	47	---	-0.87
34.86L	F # 87	Women 10 & Under 50 FREE	9	9	-2.15
44.71L	F # 91	Women 10 & Under 50 BACK	51	---	-0.91
LAUREN BORZELL (10) W					
53.95L	F # 15	Women 10 & Under 50 BREAST	80	---	1.32
45.78L	F # 35	200 Medley Relay Lead Off	---	---	0.70
1:41.01L	F # 37	Women 10 & Under 100 BACK	68	---	0.62
42.63L	F # 83	200 Free Relay Lead Off	---	---	1.03
1:54.50L	F # 85	Women 10 & Under 100 BREAST	64	---	0.49
46.47L	F # 91	Women 10 & Under 50 BACK	89	---	1.39
JACK BRICENO (11) M					
1:30.28L	F # 10	Men 11-12 100 FLY	51	---	-0.76
36.86L	F # 52	Men 11-12 50 FLY	68	---	-0.92
ZOPHIA COOK (14) W					
1:18.38L	P # 27A	Women 13-14 100 BACK	42	---	-2.38

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MORGAN DEMICHINO (10) W					
52.06L	F # 15	Women 10 & Under 50 BREAST	65	---	-1.60
ARIELLE DOS SANTOS (9) W					
1:59.25L	F # 85	Women 10 & Under 100 BREAST	74	---	4.79
45.40L	F # 91	Women 10 & Under 50 BACK	71	---	-0.90
ARYA DURGANA (10) W					
1:24.56L	F # 13	Women 10 & Under 100 FREE	65	---	-1.28
54.71L	F # 15	Women 10 & Under 50 BREAST	85	---	-0.19
2:01.70L	F # 17	Women 10 & Under 100 FLY	52	---	---
46.00L	F # 39	Women 10 & Under 50 FLY	72	---	0.08
37.78L	F # 87	Women 10 & Under 50 FREE	63	---	-1.18
45.20L	F # 91	Women 10 & Under 50 BACK	62	---	-8.55
LUCA MA (12) M					
1:05.15L	F # 6	Men 11-12 100 FREE	14	3	-2.20
37.50L	F # 8	Men 11-12 50 BREAST	3	16	-0.50
1:14.04L	F # 10	Men 11-12 100 FLY	13	3.5	---
31.36L	F # 52	Men 11-12 50 FLY	5	14	-1.00
3:03.26L	F # 54	Men 11-12 200 BREAST	7	12	0.45
1:23.29L	F # 74	Men 11-12 100 BREAST	4	15	1.01
29.83L	F # 76	Men 11-12 50 FREE	9	9	-1.06
2:44.13L	F # 78	Men 11-12 200 IM	6	13	---
ANGELINA MORENO (12) W					
NS	F # 5	Women 11-12 100 FREE	---	---	---
NS	F # 7	Women 11-12 50 BREAST	---	---	---
1:21.97L DQ	F # 9	Women 11-12 100 FLY	---	---	---
37.62L	F # 43	200 Medley Relay Lead Off	---	---	1.68
1:21.63L	F # 49	Women 11-12 100 BACK	25	---	0.84
35.48L	F # 51	Women 11-12 50 FLY	36	---	1.18
33.08L	F # 75	Women 11-12 50 FREE	51	---	0.29
3:02.15L	F # 77	Women 11-12 200 IM	20	---	0.42
37.71L	F # 79	Women 11-12 50 BACK	26	---	1.77
ELIZABETH ONEILL (12) W					
1:09.18L	F # 5	Women 11-12 100 FREE	26	---	-2.51
1:27.50L	F # 9	Women 11-12 100 FLY	47	---	1.87
2:32.10L	F # 47	Women 11-12 200 FREE	17	---	-0.28
1:25.83L	F # 49	Women 11-12 100 BACK	60	---	2.29
37.59L	F # 51	Women 11-12 50 FLY	64	---	0.80
32.37L	F # 69	200 Free Relay Lead Off	---	---	-0.44
32.83L	F # 75	Women 11-12 50 FREE	46	---	0.02
38.25L	F # 79	Women 11-12 50 BACK	36	---	-0.25

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SAMANTHA SANDOMENICO (12) W					
20:18.08L	F # 3	Women 11-12 1500 FREE	2	17	-63.40
1:09.73L	F # 5	Women 11-12 100 FREE	30	---	0.84
1:32.55L	F # 9	Women 11-12 100 FLY	60	---	-2.70
2:30.45L	F # 47	Women 11-12 200 FREE	14	3	0.63
36.92L	F # 51	Women 11-12 50 FLY	57	---	1.43
10:53.64L	F # 55	Women 11-12 800 FREE	5	14	---
31.65L	F # 75	Women 11-12 50 FREE	17	---	-0.51
5:20.16L	F # 81	Women 11-12 400 FREE	10	7	1.54
ISAAC SUH (9) M					
45.17L	F # 16	Men 10 & Under 50 BREAST	10	7	-3.13
1:39.26L	F # 18	Men 10 & Under 100 FLY	30	---	-2.92
1:36.06L	F # 38	Men 10 & Under 100 BACK	56	---	-0.71
43.46L	F # 40	Men 10 & Under 50 FLY	51	---	-1.08
1:42.32L	F # 86	Men 10 & Under 100 BREAST	23	---	-4.15
36.55L	F # 88	Men 10 & Under 50 FREE	52	---	-0.80
44.07L	F # 92	Men 10 & Under 50 BACK	49	---	0.13
EVALYN THEODOROU (10) W					
1:26.82L	F # 13	Women 10 & Under 100 FREE	74	---	0.24
48.20L	F # 15	Women 10 & Under 50 BREAST	27	---	-1.20
1:41.42L	F # 37	Women 10 & Under 100 BACK	69	---	-8.91
48.21L	F # 39	Women 10 & Under 50 FLY	81	---	2.47
1:44.48L	F # 85	Women 10 & Under 100 BREAST	21	---	-5.48
37.46L	F # 87	Women 10 & Under 50 FREE	55	---	-0.79
44.77L	F # 91	Women 10 & Under 50 BACK	53	---	-0.88
TERENCE TUAZON (9) M					
1:20.91L	F # 14	Men 10 & Under 100 FREE	50	---	-1.03
52.21L	F # 16	Men 10 & Under 50 BREAST	59	---	2.09
1:42.22L	F # 18	Men 10 & Under 100 FLY	34	---	-5.00
1:30.56L	F # 38	Men 10 & Under 100 BACK	30	---	-1.02
42.99L	F # 40	Men 10 & Under 50 FLY	49	---	-3.48
1:47.29L	F # 86	Men 10 & Under 100 BREAST	33	---	-8.21
35.66L	F # 88	Men 10 & Under 50 FREE	37	---	-0.68
41.18L	F # 92	Men 10 & Under 50 BACK	21	---	-2.57
ELLIE VILLACRES (15) W					
1:17.12L	P # 27B	Women 15 & Over 100 BACK	28	---	0.82
LEAH WANG (12) W					
39.35L	F # 7	Women 11-12 50 BREAST	11	6	-3.98
3:15.96L	F # 53	Women 11-12 200 BREAST	16	1	-11.13
1:30.71L	F # 73	Women 11-12 100 BREAST	15	2	-3.46
WHITNEY WILKINS (13) W					
30.45L	P # 59A	Women 13-14 50 FREE	35	---	-0.29