

COUGAR AQUATIC TEAM

Individual Meet Results

2026 NJ Swim LC Gold Championships 23-Jul-26 to 26-Jul-26 LC Meters

Location: Sonny Werblin Recreation Center

Cougar Aquatic Team [CAT-NJ] Coach: Eric Harse

Time	F/P/S	Event	Place	Points	Improv
VIVIENNE ALBERTINE (11) W					
1:28.26L	F # 105	Women 11-12 100 FLY	44	---	---
1:23.78L	F # 215	Women 11-12 100 BACK	33	---	-1.74
48.01L	F # 221	200 Medley Relay Lead Off	---	---	9.48
37.24L	F # 311	Women 11-12 50 BACK	16	0.5	-1.29
SLOANE ARMSTRONG (11) W					
43.40L	F # 103	Women 11-12 50 BREAST	42	---	0.19
33.83L	F # 217	Women 11-12 50 FLY	10	6.5	-1.29
1:37.54L	F # 305	Women 11-12 100 BREAST	51	---	1.21
32.42L	F # 307	Women 11-12 50 FREE	40	---	-0.20
41.04L	F # 311	Women 11-12 50 BACK	67	---	0.96
EVAN BENEVENGA (10) M					
38.53L	F # 320	Men 10 & Under 50 FREE	61	---	0.99
TORI BURGESS (18) W					
39.12L	P # 239	Women 15 & Over 50 BACK	37	---	1.15
34.97L	P # 345	Women 15 & Over 50 FLY	43	---	-0.09
JOSE CALIX (17) M					
59.73L	P # 128	Men 15 & Over 100 FLY	6	---	-0.86
26.43L	P # 232	Men 15 & Over 50 FREE	35	---	0.16
DAVIS DERUYTER (14) M					
1:22.09L	P # 122	Men 13-14 100 BREAST	33	---	0.95
JOSS DERUYTER (12) W					
DQ	F # 103	Women 11-12 50 BREAST	---	---	---
37.40L	F # 217	Women 11-12 50 FLY	69	---	0.92
1:36.78L	F # 305	Women 11-12 100 BREAST	47	---	0.64
31.76L	F # 307	Women 11-12 50 FREE	23	---	-0.48
39.58L	F # 311	Women 11-12 50 BACK	59	---	-0.15
NATASHA KALLE (14) W					
1:16.66L	P # 125	Women 13-14 100 FLY	30	---	-0.75
30.82L	P # 229	Women 13-14 50 FREE	38	---	0.24
45.03L	P # 335	Women 13-14 50 BREAST	38	---	-0.59
1:07.70L	P # 339	Women 13-14 100 FREE	33	---	1.51
KAMIL LANNAMAN (10) M					
1:11.49L	F # 110	Men 10 & Under 100 FREE	5	14	-3.46
1:37.90L	F # 114	Men 10 & Under 100 FLY	27	---	-0.42
1:24.77L	F # 204	Men 10 & Under 100 BACK	11	6	-5.07
39.39L	F # 206	Men 10 & Under 50 FLY	30	---	-0.56
2:37.67L	F # 208	Men 10 & Under 200 FREE	9	9	-6.34
32.52L	F # 320	Men 10 & Under 50 FREE	6	13	-0.42
41.58L	F # 324	Men 10 & Under 50 BACK	25	---	0.38
33.12L	F # 326	200 Free Relay Lead Off	---	---	0.18
5:32.66L	F # 328	Men 10 & Under 400 FREE	5	14	-3.80

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DYLAN MESSER (12) M					
1:24.83L	F # 216	Men 11-12 100 BACK	27	---	1.70
39.65L	F # 222	200 Medley Relay Lead Off	---	---	3.00
37.40L	F # 312	Men 11-12 50 BACK	17	---	0.75
NATALIE NGUYEN-SATCHKOV (11) W					
32.27L	F # 307	Women 11-12 50 FREE	37	---	0.29
37.94L	F # 311	Women 11-12 50 BACK	28	---	2.77
COCO OKAWA-O'CONNELL (18) W					
1:29.45L	P # 123	Women 15 & Over 100 BREAST	45	---	3.60
36.75L	P # 239	Women 15 & Over 50 BACK	33	---	0.13
40.62L	P # 337	Women 15 & Over 50 BREAST	27	---	1.21
MELANIA OSENKOWSKI (8) W					
1:26.02L	F # 109	Women 10 & Under 100 FREE	41	---	0.58
1:44.34L	F # 113	Women 10 & Under 100 FLY	30	---	-8.32
42.71L	F # 205	Women 10 & Under 50 FLY	26	---	-2.22
37.77L	F # 325	200 Free Relay Lead Off	---	---	-1.13
SOPHIA PATAKI (10) W					
1:16.76L	F # 109	Women 10 & Under 100 FREE	12	5	---
50.41L	F # 111	Women 10 & Under 50 BREAST	41	---	0.16
1:50.89L	F # 113	Women 10 & Under 100 FLY	38	---	---
1:35.81L	F # 203	Women 10 & Under 100 BACK	35	---	-0.14
46.46L	F # 205	Women 10 & Under 50 FLY	42	---	0.39
2:50.14L	F # 207	Women 10 & Under 200 FREE	10	7	3.16
34.39L	F # 319	Women 10 & Under 50 FREE	11	6	0.14
43.92L	F # 323	Women 10 & Under 50 BACK	30	---	-0.23
GRYFF POILEY (12) M					
1:10.97L	F # 102	Men 11-12 100 FREE	29	---	0.74
46.03L	F # 104	Men 11-12 50 BREAST	46	---	2.18
1:23.43L	F # 216	Men 11-12 100 BACK	24	---	0.37
34.81L	F # 218	Men 11-12 50 FLY	22	---	-1.18
31.14L	F # 308	Men 11-12 50 FREE	18	---	-0.16
38.87L	F # 312	Men 11-12 50 BACK	28	---	0.51
30.63L	F # 314	200 Free Relay Lead Off	---	---	-0.67

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SAMANTHA SANDOMENICO (13) W					
19:49.05L	F # 1A	Women 13-14 1500 FREE	5	14	-29.03
2:23.16L	P # 117	Women 13-14 200 FREE	17	---	2.25
2:23.92L	F # 117	Women 13-14 200 FREE	15	2	3.01
1:14.12L	P # 125	Women 13-14 100 FLY	23	---	0.16
5:00.47L	F # 133	Women 13-14 400 FREE	9	9	5.83
5:02.49L	P # 133	Women 13-14 400 FREE	13	---	7.85
30.81L	P # 229	Women 13-14 50 FREE	37	---	0.55
10:21.67L	F # 301	Women 13-14 800 FREE	5	14	-31.97
1:06.72L	P # 339	Women 13-14 100 FREE	26	---	1.22
33.35L	P # 343	Women 13-14 50 FLY	30	---	0.59
KIKI SCURA (12) W					
1:10.60L	F # 101	Women 11-12 100 FREE	24	---	-0.51
35.75L	F # 217	Women 11-12 50 FLY	39	---	0.73
32.45L	F # 307	Women 11-12 50 FREE	41	---	0.94
39.46L	F # 311	Women 11-12 50 BACK	57	---	0.77
32.15L	F # 313	200 Free Relay Lead Off	---	---	0.64
ANYA SHAW (15) W					
1:16.54L	P # 131	Women 15 & Over 100 BACK	24	---	1.35
29.67L	P # 231	Women 15 & Over 50 FREE	35	---	0.05
35.87L	P # 239	Women 15 & Over 50 BACK	30	---	0.37
1:06.13L	P # 341	Women 15 & Over 100 FREE	45	---	0.66
33.85L	P # 345	Women 15 & Over 50 FLY	38	---	-6.42
ERICA SHON (9) W					
46.10L	F # 209	200 Medley Relay Lead Off	---	---	1.04
46.24L	F # 323	Women 10 & Under 50 BACK	49	---	1.18
LOLA SOMERSTEIN (17) W					
2:21.32L	P # 119	Women 15 & Over 200 FREE	22	---	4.69
DQ	P # 127	Women 15 & Over 100 FLY	---	---	---
NS	P # 231	Women 15 & Over 50 FREE	---	---	---
NS	P # 341	Women 15 & Over 100 FREE	---	---	---
NS	P # 345	Women 15 & Over 50 FLY	---	---	---
JOSH STOKES (15) M					
1:07.61L	P # 132	Men 15 & Over 100 BACK	29	---	0.97
26.27L	P # 232	Men 15 & Over 50 FREE	31	---	0.07
31.97L	P # 240	Men 15 & Over 50 BACK	31	---	---
2:30.59L	P # 334	Men 15 & Over 200 BACK	31	---	4.13
36.31L	P # 338	Men 15 & Over 50 BREAST	31	---	0.59
29.53L	P # 346	Men 15 & Over 50 FLY	38	---	-0.40

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JULIA SUGIYAMA (12) W					
1:17.44L	F # 105	Women 11-12 100 FLY	9	9	0.18
2:51.23L	F # 107	Women 11-12 200 BACK	11	6	-0.27
2:32.27L	F # 213	Women 11-12 200 FREE	9	9	-0.60
34.64L	F # 217	Women 11-12 50 FLY	22	---	0.74
2:52.57L	F # 303	Women 11-12 200 FLY	4	15	-0.14
5:14.32L	F # 315	Women 11-12 400 FREE	5	14	-16.08
TERENCE TUAZON (10) M					
1:12.60L	F # 110	Men 10 & Under 100 FREE	8	11	-3.57
44.82L	F # 112	Men 10 & Under 50 BREAST	13	4	-0.79
1:21.17L	F # 204	Men 10 & Under 100 BACK	5	14	-1.28
2:33.94L	F # 208	Men 10 & Under 200 FREE	5	14	-2.79
1:40.63L	F # 318	Men 10 & Under 100 BREAST	17	---	1.54
5:18.76L	F # 328	Men 10 & Under 400 FREE	3	16	-0.34
BENSON WONG (12) M					
37.22L	F # 218	Men 11-12 50 FLY	35	---	0.92
NOAH YASIN (10) M					
1:35.69L	F # 204	Men 10 & Under 100 BACK	51	---	0.07
44.84L	F # 210	200 Medley Relay Lead Off	---	---	0.66
44.25L	F # 324	Men 10 & Under 50 BACK	51	---	0.07