

COUGAR AQUATIC TEAM

Individual Meet Results

2026 RAFC Last Splash Invitational 22-Jul-26 to 25-Jul-26 LC Meters

Location: Rosen Aquatic & Fitness Center

Cougar Aquatic Team [CAT-NJ] Coach: Eric Harse

Time	F/P/S	Event	Place	Points	Improv
BILAL AFIFI (16) M					
25.15L	F # 114	Men 15 & Over 50 FREE	9	9	-0.06
25.53L	P # 114	Men 15 & Over 50 FREE	10	---	0.32
1:04.11L	F # 118	Men 15 & Over 100 BACK	10	7	-0.97
1:04.31L	P # 118	Men 15 & Over 100 BACK	12	---	-0.77
25.46L	F # 202	200 Free Relay Lead Off	---	---	0.25
30.23L	P # 206	Men 15 & Over 50 BACK	16	---	0.16
31.39L	F # 206	Men 15 & Over 50 BACK	16	1	1.32
4:26.95L	P # 214	Men 15 & Over 400 FREE	4	---	1.59
4:28.88L	F # 214	Men 15 & Over 400 FREE	6	13	3.52
2:02.09L	P # 304	Men 15 & Over 200 FREE	4	---	1.08
2:03.53L	F # 304	Men 15 & Over 200 FREE	7	12	2.52
NS	P # 312	Men 15 & Over 100 FLY	---	---	---
28.35L	P # 408	Men 15 & Over 50 FLY	29	---	0.84
55.03L	F # 416	Men 15 & Over 100 FREE	9	9	-0.26
56.38L	P # 416	Men 15 & Over 100 FREE	13	---	1.09
CAMILA BAZAN (17) W					
38.61L	F # 105	Women 15 & Over 50 BREAST	15	2	-0.96
39.00L	P # 105	Women 15 & Over 50 BREAST	16	---	-0.57
30.46L	P # 113	Women 15 & Over 50 FREE	28	---	-0.20
35.02L	P # 205	Women 15 & Over 50 BACK	22	---	-0.04
35.39L	F # 205	Women 15 & Over 50 BACK	23	---	0.33
NS	P # 307	Women 15 & Over 100 BREAST	---	---	---
1:13.57L	F # 311	Women 15 & Over 100 FLY	16	1	1.86
1:13.85L	P # 311	Women 15 & Over 100 FLY	17	---	2.14
31.29L	F # 407	Women 15 & Over 50 FLY	14	3	-0.32
31.54L	P # 407	Women 15 & Over 50 FLY	18	---	-0.07
1:07.70L	P # 415	Women 15 & Over 100 FREE	33	---	0.04
NS	P # 419	Women 15 & Over 200 IM	---	---	---
ALI BICIOGLU (14) M					
41.35L	P # 104	Men 14 & Under 50 BREAST	27	---	-2.22
31.41L	P # 112	Men 14 & Under 50 FREE	39	---	0.25
1:19.68L	P # 116	Men 14 & Under 100 BACK	23	---	1.42
36.30L	P # 204	Men 14 & Under 50 BACK	40	---	-1.50
1:32.77L	P # 306	Men 14 & Under 100 BREAST	20	---	-4.67
2:51.47L DQ	P # 410	Men 14 & Under 200 BACK	---	---	---
1:12.64L	P # 414	Men 14 & Under 100 FREE	39	---	2.27
JACK BRICENO (12) M					
3:10.01L	P # 108	Men 14 & Under 200 FLY	16	---	---
33.16L	P # 112	Men 14 & Under 50 FREE	41	---	0.14
40.41L	P # 204	Men 14 & Under 50 BACK	47	---	-2.26
1:20.52L	P # 310	Men 14 & Under 100 FLY	31	---	-1.21
34.56L	P # 406	Men 14 & Under 50 FLY	34	---	-0.24
1:14.41L	P # 414	Men 14 & Under 100 FREE	40	---	-2.86

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Time	F/P/S	Event	Place	Points	Improv
MARY BRICENO (15) W					
35.79L	F # 105	Women 15 & Over 50 BREAST	2	17	-1.40
36.07L	P # 105	Women 15 & Over 50 BREAST	2	---	-1.12
28.47L	F # 113	Women 15 & Over 50 FREE	7	12	-0.59
28.55L	P # 113	Women 15 & Over 50 FREE	7	---	-0.51
34.03L	P # 205	Women 15 & Over 50 BACK	12	---	-1.58
2:46.49L	F # 209	Women 15 & Over 200 BREAST	1	20	-3.52
2:47.22L	P # 209	Women 15 & Over 200 BREAST	1	---	-2.79
1:17.82L	F # 307	Women 15 & Over 100 BREAST	1	20	-1.38
1:17.89L	P # 307	Women 15 & Over 100 BREAST	1	---	-1.31
5:23.43L	F # 315	Women 15 & Over 400 IM	2	17	-15.61
5:37.39L	P # 315	Women 15 & Over 400 IM	2	---	-1.65
30.94L	P # 407	Women 15 & Over 50 FLY	10	---	-1.06
31.17L	F # 407	Women 15 & Over 50 FLY	12	5	-0.83
1:04.67L	P # 415	Women 15 & Over 100 FREE	17	---	0.23
2:31.15L	F # 419	Women 15 & Over 200 IM	3	16	-2.57
2:36.03L	P # 419	Women 15 & Over 200 IM	4	---	2.31
JOSE CALIX (17) M					
NS	P # 110	Men 15 & Over 200 FLY	---	---	---
28.91L	P # 114	Men 15 & Over 50 FREE	68	---	2.64
36.40L	P # 206	Men 15 & Over 50 BACK	55	---	---
NS	P # 312	Men 15 & Over 100 FLY	---	---	---
NS	P # 408	Men 15 & Over 50 FLY	---	---	---
NS	P # 416	Men 15 & Over 100 FREE	---	---	---
MASON CARTER (16) M					
26.11L	F # 114	Men 15 & Over 50 FREE	24	---	-1.82
26.31L	P # 114	Men 15 & Over 50 FREE	25	---	-1.62
1:02.34L	F # 118	Men 15 & Over 100 BACK	9	9	-2.37
1:04.13L	P # 118	Men 15 & Over 100 BACK	10	---	-0.58
28.84L	F # 206	Men 15 & Over 50 BACK	11	6	-0.83
29.07L	P # 206	Men 15 & Over 50 BACK	9	---	-0.60
1:04.19L	F # 216	400 Medley Relay Lead Off	---	---	-0.52
1:01.86L	F # 312	Men 15 & Over 100 FLY	22	---	-1.07
1:02.35L	P # 312	Men 15 & Over 100 FLY	22	---	-0.58
28.74L	F # 402	200 Medley Relay Lead Off	---	---	-0.93
30.20L	P # 402	200 Medley Relay Lead Off	---	---	0.53
27.49L	F # 408	Men 15 & Over 50 FLY	18	---	-0.62
27.60L	P # 408	Men 15 & Over 50 FLY	22	---	-0.51
2:25.50L	F # 412	Men 15 & Over 200 BACK	13	4	2.92
2:29.80L	P # 412	Men 15 & Over 200 BACK	15	---	7.22
2:27.19L	P # 420	Men 15 & Over 200 IM	18	---	2.71

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Location: Rosen Aquatic & Fitness Center

Cougar Aquatic Team [CAT-NJ] Coach: Eric Harse

Time	F/P/S	Event	Place	Points	Improv
MAX CARTER (18) M					
1:00.30L	F # 118	Men 15 & Over 100 BACK	4	15	-0.46
1:00.40L	P # 118	Men 15 & Over 100 BACK	4	---	-0.36
25.04L	P # 202	200 Free Relay Lead Off	---	---	-0.15
28.07L	F # 206	Men 15 & Over 50 BACK	5	14	0.06
28.51L	P # 206	Men 15 & Over 50 BACK	6	---	0.50
1:00.25L	F # 216	400 Medley Relay Lead Off	---	---	-0.51
1:00.72L	F # 312	Men 15 & Over 100 FLY	18	---	0.65
1:01.01L	P # 312	Men 15 & Over 100 FLY	18	---	0.94
27.96L	F # 402	200 Medley Relay Lead Off	---	---	-0.05
28.48L	P # 402	200 Medley Relay Lead Off	---	---	0.47
26.78L	P # 408	Men 15 & Over 50 FLY	14	---	-0.42
2:17.21L	F # 412	Men 15 & Over 200 BACK	10	7	1.20
2:26.64L	P # 412	Men 15 & Over 200 BACK	11	---	10.63
GABBY CODEY (15) W					
1:22.27L	F # 307	Women 15 & Over 100 BREAST	8	11	---
1:23.47L	P # 307	Women 15 & Over 100 BREAST	8	---	---
1:09.38L	P # 311	Women 15 & Over 100 FLY	8	---	---
1:10.58L	F # 311	Women 15 & Over 100 FLY	8	11	---
31.32L	P # 407	Women 15 & Over 50 FLY	12	---	-0.63
31.35L	F # 407	Women 15 & Over 50 FLY	16	1	-0.60
1:03.15L	P # 415	Women 15 & Over 100 FREE	11	---	-0.62
1:04.39L	F # 415	Women 15 & Over 100 FREE	15	2	0.62
2:33.63L	P # 419	Women 15 & Over 200 IM	3	---	-3.61
2:34.02L	F # 419	Women 15 & Over 200 IM	5	14	-3.22
MATTHEW CZERWINSKI (18) M					
NS	P # 114	Men 15 & Over 50 FREE	---	---	---
NS	P # 118	Men 15 & Over 100 BACK	---	---	---
31.55L	P # 206	Men 15 & Over 50 BACK	29	---	-0.19
1:06.40L	F # 216	400 Medley Relay Lead Off	---	---	-0.04
1:04.23L	P # 312	Men 15 & Over 100 FLY	31	---	0.11
28.66L	P # 408	Men 15 & Over 50 FLY	36	---	0.01
NS	P # 416	Men 15 & Over 100 FREE	---	---	---
2:25.01L	F # 420	Men 15 & Over 200 IM	15	2	-2.17
2:25.95L	P # 420	Men 15 & Over 200 IM	17	---	-1.23

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Cougar Aquatic Team [CAT-NJ] Coach: Eric Harse

Time	F/P/S	Event	Place	Points	Improv
NICHOLAS DESOPO (16) M					
26.83L	P # 114	Men 15 & Over 50 FREE	38	---	0.06
1:05.52L	F # 118	Men 15 & Over 100 BACK	15	2	-0.18
1:05.78L	P # 118	Men 15 & Over 100 BACK	17	---	0.08
30.46L	P # 206	Men 15 & Over 50 BACK	19	---	---
30.80L	F # 206	Men 15 & Over 50 BACK	21	---	---
1:07.23L	F # 216	400 Medley Relay Lead Off	---	---	1.53
1:03.61L	P # 312	Men 15 & Over 100 FLY	26	---	0.49
27.99L	P # 408	Men 15 & Over 50 FLY	28	---	-0.57
58.14L	P # 416	Men 15 & Over 100 FREE	29	---	0.60
AVERY DOLLARD (19) W					
2:28.43L	F # 109	Women 15 & Over 200 FLY	2	17	5.08
2:29.77L	P # 109	Women 15 & Over 200 FLY	2	---	6.42
NS	P # 113	Women 15 & Over 50 FREE	---	---	---
1:07.78L	F # 311	Women 15 & Over 100 FLY	5	14	3.19
1:07.90L	P # 311	Women 15 & Over 100 FLY	6	---	3.31
BRYAN DOS SANTOS (16) M					
31.71L	F # 106	Men 15 & Over 50 BREAST	9	9	0.21
33.27L	P # 106	Men 15 & Over 50 BREAST	13	---	1.77
23.75L	F # 114	Men 15 & Over 50 FREE	3	16	-0.53
24.42L	P # 114	Men 15 & Over 50 FREE	4	---	0.14
1:04.19L	P # 118	Men 15 & Over 100 BACK	11	---	0.52
24.22L	F # 202	200 Free Relay Lead Off	---	---	-0.06
28.53L	P # 206	Men 15 & Over 50 BACK	7	---	-0.31
28.84L	F # 206	Men 15 & Over 50 BACK	8	11	---
4:38.05L	P # 214	Men 15 & Over 400 FREE	10	---	0.55
56.72L	F # 312	Men 15 & Over 100 FLY	3	15.5	-0.48
56.80L	P # 312	Men 15 & Over 100 FLY	2	---	-0.40
24.70L	P # 408	Men 15 & Over 50 FLY	1	---	-0.28
25.10L	F # 408	Men 15 & Over 50 FLY	1	20	0.12
54.03L	P # 416	Men 15 & Over 100 FREE	3	---	-0.03
54.79L	F # 416	Men 15 & Over 100 FREE	6	13	0.73

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Time	F/P/S	Event	Place	Points	Improv
NATASHA DURAN-GONZALEZ (17) W					
37.84L	F # 105	Women 15 & Over 50 BREAST	14	3	-0.37
38.03L	P # 105	Women 15 & Over 50 BREAST	10	---	-0.18
29.50L	P # 113	Women 15 & Over 50 FREE	17	---	-0.11
29.67L	F # 113	Women 15 & Over 50 FREE	20	---	0.06
1:03.77L	F # 119	400 Free Relay Lead Off	---	---	-0.49
5:08.62L	P # 213	Women 15 & Over 400 FREE	19	---	---
5:13.04L	F # 213	Women 15 & Over 400 FREE	22	---	---
2:21.91L	F # 303	Women 15 & Over 200 FREE	20	---	0.67
2:23.61L	P # 303	Women 15 & Over 200 FREE	21	---	2.37
1:24.11L	F # 307	Women 15 & Over 100 BREAST	17	---	-1.93
1:27.44L	P # 307	Women 15 & Over 100 BREAST	18	---	1.40
NS	P # 311	Women 15 & Over 100 FLY	---	---	---
32.69L	F # 407	Women 15 & Over 50 FLY	23	---	-0.84
32.93L	P # 407	Women 15 & Over 50 FLY	27	---	-0.60
1:02.00L	F # 415	Women 15 & Over 100 FREE	10	7	-2.26
1:03.65L	P # 415	Women 15 & Over 100 FREE	12	---	-0.61
2:42.31L	F # 419	Women 15 & Over 200 IM	12	5	-4.05
2:42.86L	P # 419	Women 15 & Over 200 IM	15	---	-3.50
BAZIL ESTIME (16) M					
33.55L	F # 106	Men 15 & Over 50 BREAST	20	---	-0.12
34.01L	P # 106	Men 15 & Over 50 BREAST	21	---	0.34
26.80L	P # 114	Men 15 & Over 50 FREE	37	---	0.14
26.21L	P # 202	200 Free Relay Lead Off	---	---	-0.45
32.44L	P # 206	Men 15 & Over 50 BACK	34	---	-0.98
1:17.55L	F # 308	Men 15 & Over 100 BREAST	21	---	-0.98
1:17.62L	P # 308	Men 15 & Over 100 BREAST	22	---	-0.91
NS	P # 312	Men 15 & Over 100 FLY	---	---	---
28.79L	P # 408	Men 15 & Over 50 FLY	40	---	-0.42
58.41L	P # 416	Men 15 & Over 100 FREE	33	---	-0.07
DYLAN FERNANDEZ FERNANDEZ (15) M					
NS	P # 114	Men 15 & Over 50 FREE	---	---	---
NS	P # 118	Men 15 & Over 100 BACK	---	---	---
NS	P # 206	Men 15 & Over 50 BACK	---	---	---
NS	P # 304	Men 15 & Over 200 FREE	---	---	---
NS	P # 312	Men 15 & Over 100 FLY	---	---	---
31.13L	P # 408	Men 15 & Over 50 FLY	64	---	-4.88
NS	P # 412	Men 15 & Over 200 BACK	---	---	---
NS	P # 416	Men 15 & Over 100 FREE	---	---	---

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JONAS FOUNG (17) M					
34.76L	P # 106	Men 15 & Over 50 BREAST	27	---	-0.19
27.58L	P # 114	Men 15 & Over 50 FREE	49	---	-2.23
59.22L	F # 120	400 Free Relay Lead Off	---	---	-1.42
2:43.83L	F # 210	Men 15 & Over 200 BREAST	10	7	2.93
2:45.92L	P # 210	Men 15 & Over 200 BREAST	11	---	5.02
1:14.82L	F # 308	Men 15 & Over 100 BREAST	17	---	0.86
1:16.08L	P # 308	Men 15 & Over 100 BREAST	17	---	2.12
5:09.24L	F # 316	Men 15 & Over 400 IM	10	7	-8.48
5:26.12L	P # 316	Men 15 & Over 400 IM	13	---	8.40
NS	P # 416	Men 15 & Over 100 FREE	---	---	---
2:24.29L	F # 420	Men 15 & Over 200 IM	13	4	-3.39
2:25.46L	P # 420	Men 15 & Over 200 IM	16	---	-2.22
LUCAS FOUNG (19) M					
33.11L	P # 106	Men 15 & Over 50 BREAST	10	---	-1.59
33.12L	F # 106	Men 15 & Over 50 BREAST	12	5	-1.58
1:05.70L	F # 118	Men 15 & Over 100 BACK	18	---	1.81
1:06.85L	P # 118	Men 15 & Over 100 BACK	21	---	2.96
2:39.44L	P # 210	Men 15 & Over 200 BREAST	5	---	-7.49
2:40.10L	F # 210	Men 15 & Over 200 BREAST	4	15	-6.83
1:13.57L	F # 308	Men 15 & Over 100 BREAST	13	4	-0.62
1:14.44L	P # 308	Men 15 & Over 100 BREAST	15	---	0.25
29.00L	P # 408	Men 15 & Over 50 FLY	45	---	-0.82
2:24.27L	P # 420	Men 15 & Over 200 IM	12	---	3.45
NATHAN FOUNG (14) M					
36.16L	F # 104	Men 14 & Under 50 BREAST	10	7	-1.22
36.78L	P # 104	Men 14 & Under 50 BREAST	10	---	-0.60
1:22.39L	P # 116	Men 14 & Under 100 BACK	24	---	1.63
NS	P # 204	Men 14 & Under 50 BACK	---	---	---
2:50.05L	P # 208	Men 14 & Under 200 BREAST	4	---	-2.16
2:50.77L	F # 208	Men 14 & Under 200 BREAST	4	15	-1.44
1:19.81L	F # 306	Men 14 & Under 100 BREAST	7	12	-0.23
1:20.48L	P # 306	Men 14 & Under 100 BREAST	7	---	0.44
1:17.93L	P # 310	Men 14 & Under 100 FLY	30	---	-1.07
36.12L	P # 406	Men 14 & Under 50 FLY	36	---	-0.64
2:40.80L	P # 418	Men 14 & Under 200 IM	17	---	-4.90

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Time	F/P/S	Event	Place	Points	Improv
ARI GLASMAN (18) M					
31.72L	F # 106	Men 15 & Over 50 BREAST	4	15	-0.46
32.48L	P # 106	Men 15 & Over 50 BREAST	7	---	0.30
26.97L	P # 114	Men 15 & Over 50 FREE	41	---	-1.35
1:08.17L	P # 118	Men 15 & Over 100 BACK	22	---	---
1:09.54L	F # 118	Men 15 & Over 100 BACK	22	---	---
30.86L	P # 206	Men 15 & Over 50 BACK	24	---	---
31.13L	F # 206	Men 15 & Over 50 BACK	24	---	---
1:09.45L	F # 308	Men 15 & Over 100 BREAST	4	15	-2.12
1:10.59L	P # 308	Men 15 & Over 100 BREAST	4	---	-0.98
28.83L	P # 408	Men 15 & Over 50 FLY	41	---	-0.53
NS	P # 416	Men 15 & Over 100 FREE	---	---	---
2:19.12L	F # 420	Men 15 & Over 200 IM	5	14	---
2:19.57L	P # 420	Men 15 & Over 200 IM	5	---	---
SONIA JAGEN (17) W					
37.83L	F # 105	Women 15 & Over 50 BREAST	13	4	0.74
37.98L	P # 105	Women 15 & Over 50 BREAST	9	---	0.89
28.63L	F # 113	Women 15 & Over 50 FREE	8	11	-0.25
28.78L	P # 113	Women 15 & Over 50 FREE	8	---	-0.10
NS	P # 117	Women 15 & Over 100 BACK	---	---	---
33.44L	F # 205	Women 15 & Over 50 BACK	10	7	0.12
34.43L	P # 205	Women 15 & Over 50 BACK	14	---	1.11
2:23.67L	F # 303	Women 15 & Over 200 FREE	23	---	-1.22
2:23.72L	P # 303	Women 15 & Over 200 FREE	22	---	-1.17
1:28.85L	P # 307	Women 15 & Over 100 BREAST	20	---	4.05
1:03.76L	F # 415	Women 15 & Over 100 FREE	11	6	-1.45
1:03.99L	P # 415	Women 15 & Over 100 FREE	13	---	-1.22
RYAN JUZMESKI (17) M					
27.75L	P # 114	Men 15 & Over 50 FREE	53	---	-0.40
1:16.40L	P # 118	Men 15 & Over 100 BACK	40	---	3.54
34.06L	P # 206	Men 15 & Over 50 BACK	47	---	0.37
1:10.48L	P # 312	Men 15 & Over 100 FLY	53	---	-1.11
31.05L	P # 408	Men 15 & Over 50 FLY	63	---	-0.55
1:00.98L	P # 416	Men 15 & Over 100 FREE	47	---	-0.64

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DANIEL MURRAY (17) M					
28.69L	P # 114	Men 15 & Over 50 FREE	65	---	-0.42
1:11.80L	P # 118	Men 15 & Over 100 BACK	35	---	-0.67
33.27L	P # 206	Men 15 & Over 50 BACK	42	---	-0.49
4:38.14L	F # 214	Men 15 & Over 400 FREE	12	5	-7.03
4:39.07L	P # 214	Men 15 & Over 400 FREE	14	---	-6.10
2:13.10L	P # 304	Men 15 & Over 200 FREE	40	---	-3.33
1:11.82L	P # 312	Men 15 & Over 100 FLY	56	---	-3.82
2:10.77L	F # 318	800 Free Relay Lead Off	---	---	-5.66
9:45.01L	F # 404B	Men 15 & Over 800 FREE	13	4	-6.73
2:28.60L	P # 412	Men 15 & Over 200 BACK	13	---	-1.68
2:31.20L	F # 412	Men 15 & Over 200 BACK	15	2	0.92
NS	P # 416	Men 15 & Over 100 FREE	---	---	---
ELLA NIGITO (17) W					
28.46L	F # 113	Women 15 & Over 50 FREE	10	7	-0.83
29.04L	P # 113	Women 15 & Over 50 FREE	14	---	-0.25
1:11.67L	F # 117	Women 15 & Over 100 BACK	9	9	-3.22
1:12.85L	P # 117	Women 15 & Over 100 BACK	9	---	-2.04
56.88L	P # 201	200 Free Relay Lead Off	---	---	27.59
34.70L	P # 205	Women 15 & Over 50 BACK	19	---	-1.49
34.78L	F # 205	Women 15 & Over 50 BACK	20	---	-1.41
4:49.01L	F # 213	Women 15 & Over 400 FREE	5	14	-14.86
4:52.90L	P # 213	Women 15 & Over 400 FREE	7	---	-10.97
2:15.75L	F # 303	Women 15 & Over 200 FREE	6	13	-2.26
2:18.08L	P # 303	Women 15 & Over 200 FREE	7	---	0.07
1:16.22L	P # 311	Women 15 & Over 100 FLY	23	---	2.07
1:19.30L	F # 311	Women 15 & Over 100 FLY	24	---	5.15
1:01.48L	F # 415	Women 15 & Over 100 FREE	4	15	-1.76
1:02.46L	P # 415	Women 15 & Over 100 FREE	7	---	-0.78
2:34.71L	F # 419	Women 15 & Over 200 IM	9	9	-24.93
2:41.57L	P # 419	Women 15 & Over 200 IM	11	---	-18.07
FEMI OSHODI (18) M					
2:16.42L	P # 110	Men 15 & Over 200 FLY	2	---	---
2:19.82L	F # 110	Men 15 & Over 200 FLY	4	15	---
26.46L	P # 114	Men 15 & Over 50 FREE	28	---	1.24
25.33L	F # 202	200 Free Relay Lead Off	---	---	0.11
25.64L	P # 202	200 Free Relay Lead Off	---	---	0.42
30.72L	P # 206	Men 15 & Over 50 BACK	20	---	-0.01
57.34L	P # 312	Men 15 & Over 100 FLY	5	---	-1.81
57.93L	F # 312	Men 15 & Over 100 FLY	5	14	-1.22
26.14L	P # 408	Men 15 & Over 50 FLY	7	---	-0.42
26.46L	F # 408	Men 15 & Over 50 FLY	8	11	-0.10
57.61L	P # 416	Men 15 & Over 100 FREE	25	---	0.36

COUGAR AQUATIC TEAM

Individual Meet Results

2026 RAFC Last Splash Invitational 22-Jul-26 to 25-Jul-26 LC Meters

Location: Rosen Aquatic & Fitness Center

Cougar Aquatic Team [CAT-NJ] Coach: Eric Harse

Time	F/P/S	Event	Place	Points	Improv
KYLE PHILLIPS (19) M					
33.38L	F # 106	Men 15 & Over 50 BREAST	15	2	-0.09
33.45L	P # 106	Men 15 & Over 50 BREAST	15	---	-0.02
25.94L	F # 114	Men 15 & Over 50 FREE	21	---	0.13
26.17L	P # 114	Men 15 & Over 50 FREE	23	---	0.36
31.55L	P # 206	Men 15 & Over 50 BACK	29	---	0.42
28.67L	P # 408	Men 15 & Over 50 FLY	37	---	0.28
58.33L	P # 416	Men 15 & Over 100 FREE	32	---	0.93
NS	P # 420	Men 15 & Over 200 IM	---	---	---
KOJI SAWA (17) M					
25.08L	F # 114	Men 15 & Over 50 FREE	7	12	-0.62
25.20L	P # 114	Men 15 & Over 50 FREE	9	---	-0.50
53.62L	F # 120	400 Free Relay Lead Off	---	---	-1.43
28.33L	P # 206	Men 15 & Over 50 BACK	5	---	0.20
28.34L	F # 206	Men 15 & Over 50 BACK	6	12.5	0.21
1:59.30L	F # 304	Men 15 & Over 200 FREE	3	16	-1.20
2:00.82L	P # 304	Men 15 & Over 200 FREE	3	---	0.32
59.36L	F # 312	Men 15 & Over 100 FLY	11	6	-0.52
59.91L	P # 312	Men 15 & Over 100 FLY	12	---	0.03
27.73L	F # 402	200 Medley Relay Lead Off	---	---	-0.40
26.39L	F # 408	Men 15 & Over 50 FLY	11	6	0.14
26.43L	P # 408	Men 15 & Over 50 FLY	9	---	0.18
NS	P # 416	Men 15 & Over 100 FREE	---	---	---
DAVID SLOWINSKI (21) M					
NS	P # 106	Men 15 & Over 50 BREAST	---	---	---
MARK SUAREZ (17) M					
25.92L	F # 114	Men 15 & Over 50 FREE	20	---	0.11
25.97L	P # 114	Men 15 & Over 50 FREE	19	---	0.16
59.71L	F # 120	400 Free Relay Lead Off	---	---	2.49
31.04L	P # 206	Men 15 & Over 50 BACK	26	---	1.23
1:03.85L	P # 312	Men 15 & Over 100 FLY	29	---	1.43
28.67L	P # 408	Men 15 & Over 50 FLY	37	---	1.22
NS	P # 416	Men 15 & Over 100 FREE	---	---	---
JORGE YEPEZ (15) M					
28.01L	P # 114	Men 15 & Over 50 FREE	58	---	-0.90
1:10.25L	P # 118	Men 15 & Over 100 BACK	31	---	-0.17
33.44L	P # 206	Men 15 & Over 50 BACK	45	---	0.09
1:08.20L	P # 312	Men 15 & Over 100 FLY	49	---	-1.40
30.16L	P # 408	Men 15 & Over 50 FLY	57	---	-0.65
1:01.90L	P # 416	Men 15 & Over 100 FREE	54	---	-1.14

COUGAR AQUATIC TEAM

Individual Meet Results

2026 RAFC Last Splash Invitational 22-Jul-26 to 25-Jul-26 LC Meters

Location: Rosen Aquatic & Fitness Center

Cougar Aquatic Team [CAT-NJ] Coach: Eric Harse

Time	F/P/S	Event	Place	Points	Improv
JJ ZARAH (16) M					
NS	P # 110	Men 15 & Over 200 FLY	---	---	---
28.31L	P # 114	Men 15 & Over 50 FREE	62	---	-1.20
1:05.99L	P # 118	Men 15 & Over 100 BACK	19	---	-2.43
1:05.84L DQ	F # 118	Men 15 & Over 100 BACK	---	---	---
31.38L	P # 206	Men 15 & Over 50 BACK	28	---	-0.69
4:38.53L	P # 214	Men 15 & Over 400 FREE	13	---	-2.19
4:42.03L	F # 214	Men 15 & Over 400 FREE	16	1	1.31
2:12.89L	P # 304	Men 15 & Over 200 FREE	38	---	-1.55
1:05.19L	P # 312	Men 15 & Over 100 FLY	37	---	-1.46
NS	P # 408	Men 15 & Over 50 FLY	---	---	---
2:22.79L	F # 412	Men 15 & Over 200 BACK	12	5	-0.57
2:24.63L	P # 412	Men 15 & Over 200 BACK	9	---	1.27
NS	P # 416	Men 15 & Over 100 FREE	---	---	---
SHANE ZARAH (14) M					
2:27.76L	F # 108	Men 14 & Under 200 FLY	4	15	-1.03
2:29.33L	P # 108	Men 14 & Under 200 FLY	4	---	0.54
29.52L	P # 112	Men 14 & Under 50 FREE	28	---	-2.42
1:14.14L	F # 116	Men 14 & Under 100 BACK	13	4	1.32
1:15.68L	P # 116	Men 14 & Under 100 BACK	16	---	2.86
29.18L	P # 202	200 Free Relay Lead Off	---	---	-2.76
33.59L	P # 204	Men 14 & Under 50 BACK	20	---	-2.80
NS	P # 302	Men 14 & Under 200 FREE	---	---	---
1:05.70L	F # 310	Men 14 & Under 100 FLY	11	6	-1.86
1:07.89L	P # 310	Men 14 & Under 100 FLY	12	---	0.33
31.44L	F # 402	200 Medley Relay Lead Off	---	---	-4.95
29.89L DQ	P # 406	Men 14 & Under 50 FLY	---	---	---
NS	P # 414	Men 14 & Under 100 FREE	---	---	---

COUGAR AQUATIC TEAM

Individual Meet Results

2026 RAFC Last Splash Invitational 22-Jul-26 to 25-Jul-26 LC Meters

Location: Rosen Aquatic & Fitness Center

Cougar Aquatic Team [CAT-NJ] Coach: Eric Harse

Time	F/P/S	Event	Place	Points	Improv
SOPHIE ZULUAGA (18) W					
9:29.26L	F # 101B	Women 15 & Over 800 FREE	2	17	0.98
1:09.35L	P # 117	Women 15 & Over 100 BACK	4	---	0.33
1:09.85L	F # 117	Women 15 & Over 100 BACK	5	14	0.83
NS	P # 205	Women 15 & Over 50 BACK	---	---	---
4:32.63L	F # 213	Women 15 & Over 400 FREE	2	17	-2.37
4:49.34L	P # 213	Women 15 & Over 400 FREE	3	---	14.34
1:09.61L	F # 215	400 Medley Relay Lead Off	---	---	0.59
2:10.27L	F # 303	Women 15 & Over 200 FREE	3	16	-1.91
2:17.63L	P # 303	Women 15 & Over 200 FREE	6	---	5.45
NS	P # 311	Women 15 & Over 100 FLY	---	---	---
5:19.32L	F # 315	Women 15 & Over 400 IM	1	20	-1.96
5:36.30L	P # 315	Women 15 & Over 400 IM	1	---	15.02
33.38L	F # 401	200 Medley Relay Lead Off	---	---	0.29
33.49L	P # 401	200 Medley Relay Lead Off	---	---	0.40
2:28.37L	F # 411	Women 15 & Over 200 BACK	2	17	1.82
2:35.03L	P # 411	Women 15 & Over 200 BACK	4	---	8.48
NS	P # 415	Women 15 & Over 100 FREE	---	---	---
2:31.55L	F # 419	Women 15 & Over 200 IM	4	15	-1.51
2:40.82L	P # 419	Women 15 & Over 200 IM	9	---	7.76